

# Prospective randomized trial to evaluate and to compare the impact of hysteroscopic Essure® intratubal device placement and laparoscopic salpingectomy on IVF-ET outcomes of patients with hydrosalpinx.

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1. To evaluate and compare the impact of hysteroscopic Essure® intratubal device placement and laparoscopic salpingectomy on IVF-ET outcomes of patients with hydrosalpinx.2. It is still uncertain whether laparoscopic salpingectomy for hydrosalpinx...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Completed
<b>Health condition type</b>	Pregnancy, labour, delivery and postpartum conditions
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON39635

### Source

ToetsingOnline

### Brief title

The DESH (Dutch Essure® versus Salpingectomy for Hydrosalpinx) Trial.

### Condition

- Pregnancy, labour, delivery and postpartum conditions
- Ovarian and fallopian tube disorders
- Obstetric and gynaecological therapeutic procedures

### Synonym

Blocked fallopian tube filled with fluid

## Research involving

Human

## Sponsors and support

**Primary sponsor:** Vrije Universiteit Medisch Centrum

**Source(s) of monetary or material Support:** Conceptus Inc., Mountain View, California, USA, Stichting Wetenschappelijk Onderzoek Gynaecologie (SWOG)

## Intervention

**Keyword:** Essure, Hydrosalpinx, IVF, Salpingectomy

## Outcome measures

### Primary outcome

- Live birth rate
- Clinical pregnancy rate (defined by the demonstration of fetal heart activity on ultrasound).
- Success rate of proximal tubal occlusion with Essure® devices (demonstrated by HSG)

### Secondary outcome

- Miscarriage rate
- Implantation rate (defined as number of gestational sacs on ultrasound/ number of embryo\*s transferred)
- Ectopic pregnancy rate
- Multiple pregnancy rate
- Complications rate
- Ovarian reserve pre- vs. postsurgery (determined by early follicular serum FSH/AMH as well as antral follicle counts)
- Change in endometrial receptivity, determined by

endometrial biopsy once before treatment of the hydrosalpinx and the second 12 weeks post treatment. Endometrial receptivity will be examined by measuring the gene expression in the biopsies and by histological dating of the biopsies.

## Study description

### Background summary

Subfertile patients with hydrosalpinges have been identified as a subgroup with significantly poorer outcomes of IVF-ET compared to patients without hydrosalpinx. Especially patients with hydrosalpinges large enough to be visible on ultrasound are associated with the poorest prognosis. The theories explaining the harmful effect of hydrosalpinges on IVF-ET outcomes are multiple and include the following: 1. a mechanical washout of the transferred embryos through tubo-uterine reflux of hydrosalpinx fluid, 2. a direct embryotoxic effect of the hydrosalpinx fluid 3. a lower endometrial receptivity as an effect of disturbed expression of the cytokine and integrin system by the presence of a hydrosalpinx, thus impairing the implantation potential. In the line of these theories, any surgical intervention interrupting the communication between hydrosalpinx and uterine cavity would stop the leakage of hydrosalpinx fluid and improve the endometrial environment for implantation. Laparoscopic salpingectomy is currently considered the standard treatment for hydrosalpinx prior to IVF-ET. This is based on a Cochrane systematic review showing increased odds of ongoing pregnancy and live birth (OR 2.13, 95% CI 1.24-3.65) with laparoscopic salpingectomy for hydrosalpinges prior to IVF-ET. Laparoscopic salpingectomy prior to IVF-ET in patients with hydrosalpinges restores IVF outcomes but carries also all the risks associated with operative intervention and general anaesthesia. Hysteroscopic treatment with essure devices may form an attractive alternative to laparoscopic treatment of hydrosalpinx. In contrast to the laparoscopic salpingectomy, the essure treatment can be performed in an outpatient setting, without use of general anaesthesia, with shorter procedure times and a quicker recovery time. Our hypothesis is that hysteroscopic treatment of hydrosalpinges with essure devices is as effective as laparoscopic salpingectomy with respect to subsequent IVF-ET outcomes but with less burden and possibly also less interventional risk for the patient.

### Study objective

1. To evaluate and compare the impact of hysteroscopic Essure® intratubal

device placement and laparoscopic salpingectomy on IVF-ET outcomes of patients with hydrosalpinx.

2. It is still uncertain whether laparoscopic salpingectomy for hydrosalpinx may compromise ovarian reserve in women undergoing IVF-ET by partly disrupting the blood flow to the ovary. In order to evaluate this possible side-effect of salpingectomy, early follicular phase serum FSH & AMH levels as well as antral follicle counts will be determined presurgery and 3 months postsurgery in both the Essure® and the salpingectomy groups.

## **Study design**

a multi-centre, prospective, open label, randomized trial.

## **Intervention**

Laparoscopic salpinectomy versus Hysteroscopic placement of essure devices.

## **Study burden and risks**

The available data in the literature show very promising results regarding the effectiveness and safety of hysteroscopic treatment using Essure devices for hydrosalpinges prior to IVF. In comparison to laparoscopic salpingectomy, the hysteroscopic treatment can be done in an outpatient setting without general anesthesia and with a quicker recovery time which is associated with less burden for patients.

In this trial, 3 visits are included. During visit 1 the patient will undergo an physical/gynaecological examination, a transvaginal ultrasound scan, an endometrial biopsy as well as a bloodinvestigation (15 mL). During visit 2 one of the two assigned treatments (hysteroscopic placement of Essure devices versus laparoscopic salpingectomy) will be performed. During visit 3 a bloodinvestigation, a transvaginal ultrasound scan, an endomtrial biopsy and a hysterosalingography (only for patients who underwent and Essure treatment) will be performed.

## **Contacts**

### **Public**

Vrije Universiteit Medisch Centrum

De boelelaan 1117  
Amsterdam 1081 HV  
NL

### **Scientific**

Vrije Universiteit Medisch Centrum

De boelelaan 1117  
Amsterdam 1081 HV  
NL

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Presence of uni- or bilateral hydrosalpinges (established with transvaginal ultrasounds)
- Female age  $\leq 40$  years at the time of randomization
- Patient suitable for IVF-ET treatment
- Patient suitable for laparoscopic surgery

### Exclusion criteria

- Female age  $> 40$  years at the time of randomization
- Pregnancy or suspected pregnancy
- Recent or active pelvic infection
- Evidence of proximal tubal occlusion in the hydrosalpinx seen at HSG or at laparoscopy
- Patient not suitable for IVF-ET
- Patient not suitable for laparoscopic surgery

## Study design

## Design

Study phase:	3
Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Treatment

## Recruitment

NL	
Recruitment status:	Completed
Start date (anticipated):	01-09-2009
Enrollment:	80
Type:	Actual

## Medical products/devices used

Generic name:	Essure intratubal device
Registration:	Yes - CE outside intended use

## Ethics review

Approved WMO	
Date:	21-08-2009
Application type:	First submission
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	05-05-2014
Application type:	Amendment
Review commission:	METC Amsterdam UMC

## Study registrations

## **Followed up by the following (possibly more current) registration**

No registrations found.

## **Other (possibly less up-to-date) registrations in this register**

No registrations found.

## **In other registers**

<b>Register</b>	<b>ID</b>
CCMO	NL25640.029.08