# Treatment of severe hypertension in endstage renal failure: Effect of renal denervation in dialysis patients and patients with renal transplant.

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The purpose of this study is to demonstrate the effectiveness of renal denervation in lowering blood pressure in patients with therapy-resistant hypertension and end-stage renal disease who are on dialysis or who have a renal transplant.

Ethical review Approved WMO

**Status** Pending

**Health condition type** Renal disorders (excl nephropathies)

Study type Interventional

### **Summary**

#### ID

NL-OMON39799

#### **Source**

ToetsingOnline

#### **Brief title**

Renal denervation in ESRF

### **Condition**

- Renal disorders (excl nephropathies)
- Vascular hypertensive disorders

### **Synonym**

high blood pressure, hypertension

### **Research involving**

Human

### **Sponsors and support**

**Primary sponsor:** Albert Schweitzer Ziekenhuis

Source(s) of monetary or material Support: Eigen budget ziekenhuis

### Intervention

**Keyword:** Dialysis, End-stage renal failure, Renal denervation, Renal transplant

### **Outcome measures**

#### **Primary outcome**

Primary study outcome is the degree of blood pressure drop in 6 months after renal denervation. Measurements will be performed with ambulatory blood pressure measurement during 24 hours. Also changes in medication regimen will be registered.

### **Secondary outcome**

Effect of renal denervation on cardiac mass and function. Changes in sympatic nerve activity measured by EMG of the nervus peroneus. Changes in hormonal levels related to blood pressure regulation.

# **Study description**

#### **Background summary**

The prevalence of end-stage renal failure is increasing. Hypertension is a significant problem in patients with renal failure who are on dialysis or have a renal transplant. 60 to 80% of these patients have hypertension. In a significant proportion of these patients anti-hypertensive medication alone is not sufficient to achieve acceptable blood pressures. Recent development of new ablation catheters could be helpful in this. By inactivating the efferent and afferent fibers of the sympathetic nervous system along the renal artery, it may be possible to reduce the neurohormonal activity of the native kidneys and with this a reduction of the blood pressure can be achieved.

### Study objective

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The purpose of this study is to demonstrate the effectiveness of renal denervation in lowering blood pressure in patients with therapy-resistant hypertension and end-stage renal disease who are on dialysis or who have a renal transplant.

### Study design

Single-centre, non-randomised, prospective cohort study.

#### Intervention

Renal denervation with an ablationcatheter. The renal arteries of the native kidneys will be denervated.

### Study burden and risks

Participants might benefit through a reduction in hypertension. This may result in a decrease in number and / or amount of antihypertensive medication. Hypertension has a detrimental long term effect on cardiac function. It can lead to heart failure and myocardial hypertrophy. Lowering the blood pressure results in reduced rates of cardiovascular events. So far, no long-term effects of renal denervation are known.

Procedural complications can include the following:

Renal denervation can cause damage to the treated artery, resulting in an occludion. However, this has no further consequences in this group of patients since their native kidneys have no or hardly any residual function. Furthermore, allergic reaction to the injected contrast or groin hematoma caused by the puncture can occur.

### **Contacts**

### **Public**

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### **Scientific**

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### **Trial sites**

### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

### Age

Adults (18-64 years) Elderly (65 years and older)

### Inclusion criteria

Patients with a renal transplant or on dialysis with therapy resistent hypertension, as defined in current guidelines (SBP >160 mmHg with the use of >=3 antihypertensive medication).

### **Exclusion criteria**

Patient with a renal artery stent. Pregnant or pregnancy desire. Known allergy for iodine contrast. Age <18 year.

Patients with contraindication for MRI can participate. in these patients there will be no MRI examinations.

# Study design

### **Design**

Study phase: 4

Study type: Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Prevention

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-01-2013

Enrollment: 30

Type: Anticipated

### **Ethics review**

Approved WMO

Date: 01-05-2013

Application type: First submission

Review commission: TWOR: Toetsingscommissie Wetenschappelijk Onderzoek

Rotterdam e.o. (Rotterdam)

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register ID

CCMO NL42796.101.12