

# The role of intestinal fatty acid binding protein (iFABP) in the treatment of small bowel obstruction

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usefulness of I-FABP in the surgical management of small bowel obstruction caused by adhesions.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Gastrointestinal stenosis and obstruction
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON39891

### Source

ToetsingOnline

### Brief title

I-FABP and small bowel obstruction

### Condition

- Gastrointestinal stenosis and obstruction
- Gastrointestinal therapeutic procedures

### Synonym

small bowel obstruction

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Catharina-ziekenhuis

**Source(s) of monetary or material Support:** Colema BV

## Intervention

**Keyword:** CT-abdomen, I-FABP, small bowel obstruction, surgery

## Outcome measures

### Primary outcome

I-FABP values in blood and urine, radiological findings, decision for surgery.

### Secondary outcome

Spontaneous recovery, therapeutic effect water-soluble contrast

## Study description

### Background summary

Small bowel obstruction due to adhesions forms a large part of postoperative morbidity in Western countries. In the management of small bowel obstruction it is often said to "never let the sun rise or set on small-bowel obstruction" because they are sometimes fatal if treatment is delayed. This traditional surgical canon is no longer followed, since for a large group of patients it is unclear who can be treated conservatively, and in which cases a surgical intervention is needed. Unnecessary surgical intervention needs to be avoided since this is accompanied with risks of intestinal damage, anastomotic leakage in case of resection and a prolonged postoperative ileus afterwards.

Water-soluble contrast such as gastrograffin may aid in the management of small bowel obstruction due to adhesions as both a diagnostic tool and a therapeutic tool (it is a laxative). Also a CT-scan of the abdomen may help to better differentiate between those patients that can be treated conservatively and patients that need surgery. Despite these different diagnostic modalities, timing and decision for surgery remains an important clinical problem. A combination of clinical symptoms, experience of the surgeon and radiologic findings ultimately result in the final decision. Patients that require surgery for small bowel obstruction often have a longer period of strangulation of the small bowel leading to intestinal damage. A marker with sufficient sensitivity and specificity for intestinal damage may be of importance in selection of patients with small bowel obstruction for surgery.

Intestinal-Fatty Acid Binding Protein (I-FABP) is a cytosolic protein that resides in the intestinal epithelium and is released in the blood following intestinal damage. In previous experimental and clinical studies has been shown that I-FABP is strongly associated with the intestinal damage and is increased in mesenteric ischemia. We hypothesize that increased levels of I-FABP aid in

the surgical management of small bowel obstruction.

### **Study objective**

usefulness of I-FABP in the surgical management of small bowel obstruction caused by adhesions.

### **Study design**

Blood and urine will be sampled at time of diagnosis (day 0) until three days afterwards. I-FABP values will be compared with clinical outcome and radiological findings.

### **Study burden and risks**

Venous puncture will be performed, in total 4 times. This will be in most cases part of regular blood sampling. Collection of urine is without risks.

Benefit: This study will aid in a more adequate surgical management of small bowel obstruction.

## **Contacts**

### **Public**

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### **Scientific**

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## **Trial sites**

### **Listed location countries**

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

1. Age >18 years
2. diagnosis of small bowel obstruction based on adhesions (at least 1 abdominal surgical event in the history)
3. signed informed consent

### Exclusion criteria

1. patients unfit for surgery
2. Patients that are unable to undergo a CT

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 27-09-2011

Enrollment: 50

Type: Actual

## Ethics review

Approved WMO

Date: 29-08-2011

Application type: First submission

Review commission: MEC-U: Medical Research Ethics Committees United (Nieuwegein)

Approved WMO

Date: 13-12-2011

Application type: Amendment

Review commission: MEC-U: Medical Research Ethics Committees United (Nieuwegein)

Approved WMO

Date: 13-03-2014

Application type: Amendment

Review commission: MEC-U: Medical Research Ethics Committees United (Nieuwegein)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register**

CCMO

**ID**

NL37278.060.11