# **Complications of PCOS Pregnancy: Evaluating Risk**

Published: 01-04-2008 Last updated: 11-05-2024

To design a multivariate prediction model of pregnancy outcome in women with PCOS with the intention to define intervention strategies for the future.

**Ethical review** Approved WMO

**Status** Recruitment stopped

Health condition type Endocrine disorders of gonadal function

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON40046

Source

ToetsingOnline

**Brief title** 

CoPPer

#### **Condition**

- Endocrine disorders of gonadal function
- Pregnancy, labour, delivery and postpartum conditions
- Gonadotrophin and sex hormone changes

#### **Synonym**

anovulation, PCOS

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Utrecht

Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

**Keyword:** Maternal Complications, Neonatal Outcome, PCOS, Pregnancy

#### **Outcome measures**

#### **Primary outcome**

Maternal and perinatal complications in women with PCOS.

#### **Secondary outcome**

Several secondary outcomes will be studied as well. For example:

Miscarriage rate.

Maternal complications such as; Gestational diabetes, pregnancy induced

hypertension, pre-eclampsia.

Perinatal complications such as; Pre-term birth, abnormal birth weight,

admission to a neonatal ward.

# **Study description**

#### **Background summary**

PCOS is a heterogeneous condition in which metabolic disturbances such as insulin resistance are common. Pregnancies in women with PCOS are reported to have an increased chance of being complicated by gestational diabetes, pregnancy induced hypertension and pre-eclampsia. Subsequently their offspring are reported to have a lower birth weight and higher risk of admission to a neonatal intensive care unit. However, the cause of increased complication rate is not yet identified.

There is evidence that intra-uterine conditions as well as pre- and periconception factors influence not only neonatal outcome, but also long-term health of the child. Therefore early detection and treatment of pregnancy complications is important for both mother and child.

In order to identify high risk PCOS pregnancies, the specific effects of PCOS on pregnancy in comparison to the background effects need further investigation. Preconceptional risk assessment of PCOS women is needed to improve antenatal

health care and pregnancy outcome of PCOS pregnancies in the future.

#### **Study objective**

To design a multivariate prediction model of pregnancy outcome in women with PCOS with the intention to define intervention strategies for the future.

#### Study design

Prospective multi-centre follow-up cohort study.

#### Study burden and risks

The burden associated with participating in the study will be mostly originating from repetitive blood sampling. Participation in the study may be of some benefit to the women since they will be monitored more closely than in normal antenatal care.

## **Contacts**

#### **Public**

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#### Scientific

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

## **Inclusion criteria**

- Women diagnosed with PCOS (according to Rotterdam criteria) who wish to conceive
- Age 18-40yr

## **Exclusion criteria**

Age <18 or >40yr, unresolved other medical conditions, Diabetes type 1

# Study design

## **Design**

Study type: Observational invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Basic science

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 17-04-2008

Enrollment: 300

Type: Actual

## **Ethics review**

Approved WMO

Date: 01-04-2008

Application type: First submission

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

Approved WMO

Date: 12-08-2008

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

Approved WMO

Date: 05-11-2014

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL20244.041.07