# A randomized clinical trial on the effectiveness, cost-effectiveness and quality of life of Flaminal® versus Flammazine® in the treatment of superficial and deep partial thickness burns.

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To evaluate the effectiveness, cost-effectiveness and quality of life of Flaminal® versus Flammazine® in the treatment of superficial and deep partial thickness burns.

Ethical reviewApproved WMOStatusRecruitment stoppedHealth condition typeOther conditionStudy typeInterventional

# **Summary**

## ID

NL-OMON40281

#### Source

ToetsingOnline

#### **Brief title**

Flam study

#### **Condition**

- Other condition
- Epidermal and dermal conditions
- Skin and subcutaneous tissue therapeutic procedures

#### **Synonym**

partial thickness burns, second degree burns

### **Health condition**

kwaliteit van leven

## Research involving

Human

## **Sponsors and support**

Primary sponsor: Rode Kruis Ziekenhuis

Source(s) of monetary or material Support: Nederlandse Brandwonden Stichting

## Intervention

**Keyword:** Flaminal® Forte, Flammazine®, Partial thickness burns, Wound healing

## **Outcome measures**

## **Primary outcome**

Primary endpoint is time to reach complete re-epithelialization (>95%) in days of the largest partial thickness burn area (study area), judged by an experienced burn specialist/ trained researcher.

## **Secondary outcome**

-Clinical outcomes: Need for operation and percentage of TBSA of the study area that needs operation, colonization rate, infection rate, use of systematic antibiotics.

-Patients outcomes:

Pain and anxiety: Visual Analogue Thermometer (VAT) and Burn Specific Pain

Anxiety Scale (BSPAS) are used to evaluate pain and anxiety for the treatment.

Health related quality of life (HRQoL): Burn Specific Health Scale (BSHS) 
Dutch and EuroQol -5D questionnaire are evaluated 3, 6 and 12 months post burn to evaluate HRQoL.

Scarring: Patient and Observer Scar Assessment Score (POSAS), cutometer to measure scar elasticity and dermaspectometer to assess scar colour are used 3, 6 and 12 month post-burn to evaluate scarring.

-Cost-effectiveness: Medical and non-medical of both treatments are evaluated.

# **Study description**

## **Background summary**

Second degree (partial thickness) burns are painful, difficult to manage and when deeper, have a negative effect on quality of life through scarring, permanent disfigurement and loss of function. Thus, the aim of burn treatment in partial thickness burns is to achieve wound healing, preferably without surgery, as soon as possible to minimize scarring and loss of function of the affected area. The treatment of partial thickness burns should also minimally disturb wound healing by creating an optimum moist wound environment, have debriding and analgesic effect, protect the wound from infection and be convenient for the patient and care takers. However, there is no consensus on the optimal treatment of partial thickness wounds. Flaminal® and Flammazine® are two standard treatment options that provide the above mentioned properties in burn treatment and have good results in the clinical practice. Nevertheless, no randomized controlled study yet compared the effectiveness, cost-effectiveness and quality of life of these two common treatment modalities in partial thickness burns.

## Study objective

To evaluate the effectiveness, cost-effectiveness and quality of life of Flaminal® versus Flammazine® in the treatment of superficial and deep partial thickness burns.

## Study design

The study is designed as an open label, multi-center, randomized controlled trial (RCT), evaluating the effectiveness, cost-effectivness and quality of life of Flaminal® versus Flammazine® in patients with superficial and deep partial thickness burns.

## Intervention

Flaminal® Forte: The treatment with Flaminal® Forte (glucose

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oxidase-lactoperoxidase-guaiacol complex in alginogel, FlenPharma) consists of the application of Flaminal® Forte on admittance (within 48 hours of injury). Flaminal® Forte is applied on a non-adhesive dressing. Finally a fixation material is needed to keep the dressing in place. The burn wound is cleaned and rinsed on each dressing change.

Dressing change is performed daily the first three days post-burn and then every two days if desired until they are healed or treated surgically.

Flammazine®: The treatment with Flammazine® (silversulfadiazine 10 mg/g in crème base, Centrafarm Pharmaceuticals) consists of the application of Flammazine® on admittance (within 48 hours of injury). Flammazine® can be applied directly on the wound. The cream layer is covered with a non-adhesive dressing. Finally a net bandage/ dressing is needed to keep the dressing in place. The cream should be re-applied every day till 5 post-burn. Thereafter, the treatment consist of Furacine or Flammazine® on every other day until they are healed or treated surgically.

## Study burden and risks

Both treatments are applied in the Netherlands and considered standard treatment. Therefore, there is no additional risk or discomfort for the patient. The measurement and questionnaires during the fellow-up period are performed during the usual out-patient appointments. The main disadvantage for the patient thus is the investment of time.

## **Contacts**

#### **Public**

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## **Scientific**

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

- Competent or temporary incompetent (because of sedation and/ or intubation) patients with partial thickness burns and/ or mixed depth of partial and full thickness burns
- Hospital admission within 48 hour of burn injury
- Written informed consent

## **Exclusion criteria**

- Age < 18 years
- Total body surface area (TBSA) of > 30% (excluding head)
- Burns caused by chemicals, electricity or radiation
- Patients in whom local therapy with a topical agent has already started
- Patients who are expected (according to the responsible medical doctor) to be non-compliant to the study protocol

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 03-02-2014

Enrollment: 90

Type: Actual

## Medical products/devices used

Product type: Medicine

Brand name: Flaminal® Forte

Generic name: Flaminal® Forte

Registration: Yes - NL intended use

Product type: Medicine

Brand name: Flammazine®

Generic name: Silver sulfadiazine

Registration: Yes - NL intended use

# **Ethics review**

Approved WMO

Date: 06-06-2013

Application type: First submission

Review commission: METC Noord-Holland (Alkmaar)

Approved WMO

Date: 24-10-2013

Application type: First submission

Review commission: METC Noord-Holland (Alkmaar)

Approved WMO

Date: 22-12-2014

Application type: Amendment

Review commission: METC Noord-Holland (Alkmaar)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

EudraCT EUCTR2013-000901-21-NL

CCMO NL43671.094.13