

# Randomized controlled trial for the cosmetic result of intracutaneous versus transcutaneous sutures after dermatologic surgery in the face

Published: 26-03-2014

Last updated: 24-04-2024

Evaluation of the cosmetic result after 12 months of transcutaneous sutures versus intracutaneous sutures in the craniofacial area.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Skin neoplasms malignant and unspecified
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON40323

### Source

ToetsingOnline

### Brief title

IC versus TC sutures

### Condition

- Skin neoplasms malignant and unspecified

### Synonym

skin tumors

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Medisch Universitair Ziekenhuis Maastricht

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Cosmetic result, Intracutaneous sutures, Surgery, Transcutaneous sutures

## Outcome measures

### Primary outcome

Cosmetic result measured on the POSAS (Patient and Observer Scar Assessment Scale) by the patient and the researcher 12 months after surgery.

### Secondary outcome

We will determine complications within two weeks and cosmetic result on the four-point scale (bad, average, good, excellent) after 3 and 12 months between both treatment.

## Study description

### Background summary

Skin cancer is common in Caucasians and often exists on sun-exposed areas, such as the face. Treatment of choice is mostly excision and result in an irreversible scar. As the incidence of skin cancer is rising, also among young people, it is important to obtain a good cosmetic outcome after treatment. It is believed that the type of closure of the wound after excision can influence the cosmetic result. Currently, primary closure of the excision can occur by transcutaneous (TC) or intracutaneous (IC) suturing. These techniques are the most often used ones among dermatologists and plastic surgeons and the choice is mainly dependent on the preference of the physician. Research comparing the cosmetic result of both techniques in the craniofacial area is lacking.

### Study objective

Evaluation of the cosmetic result after 12 months of transcutaneous sutures versus intracutaneous sutures in the craniofacial area.

### Study design

A randomized controlled single-blinded multi-center trial.

## Intervention

Local excision followed by intracutaneous or transcutaneous sutures. In both groups sutures will be removed after seven days and patients are asked to apply a sunscreen on the scar daily for the first three months.

## Study burden and risks

All patients who participate have an indication for excision and will be assigned to one of the suture techniques. Both techniques are widely used in the regular patient care. Therefore, no extra risks are associated with it. Patients will be asked to visit the hospital 3 months and 1 year following treatment, at which point a questionnaire will be filled in and the redness of the scar will be measured by means of non-invasive techniques. The hospital visits will, if possible, be combined with regular follow-up visits. In addition, they are asked to apply a sunscreen on the scar once daily during the follow-up of the first three months.

## Contacts

### Public

Maastricht Universitair Medisch Centrum

P. Debyelaan 25  
Maastricht 6229HX  
NL

### Scientific

Maastricht Universitair Medisch Centrum

P. Debyelaan 25  
Maastricht 6229HX  
NL

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Skin tumor (benign or malignant) in the craniofacial area of minimum 5mm in diameter

Excision is the therapy of choice followed by primary closure

Patients of 18 years or older

### Exclusion criteria

Patients better suited for non-surgical treatment

Patients suited for excision but reconstruction by transplantation, flaps, or secondary granulation is necessary

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	Active
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	11-04-2014
Enrollment:	120
Type:	Actual

## Ethics review

Approved WMO

Date: 26-03-2014

Application type: First submission

Review commission: METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 14-11-2014

Application type: Amendment

Review commission: METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
ClinicalTrials.gov	NCT02125058
CCMO	NL46056.068.13

## Study results

Date completed: 10-02-2016

Actual enrolment: 140