

The effect of Staphefekt on the skin microbiome, including Staphylococcus aureus, in patients with atopic dermatitis.

Published: 29-10-2014

Last updated: 24-04-2024

To retrieve (in vivo) data about the effect of Staphefekt on the microbiome, including Staphylococcus aureus, and on disease severity in patients with atopic dermatitis.

| | |
|------------------------------|--------------------------------|
| Ethical review | Approved WMO |
| Status | Pending |
| Health condition type | Bacterial infectious disorders |
| Study type | Interventional |

Summary

ID

NL-OMON40588

Source

ToetsingOnline

Brief title

The effect of Staphefekt on the skin microbiome.

Condition

- Bacterial infectious disorders
- Skin and subcutaneous tissue disorders NEC

Synonym

atopic dermititis, eczema

Research involving

Human

Sponsors and support

Primary sponsor: Micreos

Source(s) of monetary or material Support: MircEOS Human Health BV

Intervention

Keyword: Microbiome, Staphefekt, Staphylococcus aureus

Outcome measures

Primary outcome

1. The dynamics of *S. aureus* after application of Staphefekt on skin/mucosa
2. Effect of Staphefekt on disease severity of atopic dermatitis (compared to placebo)

Secondary outcome

1. Effect of Staphefekt on other microorganisms on skin/mucosa
2. Possible side-effects of Staphefekt

Study description

Background summary

Staphylococcus aureus (*S. aureus*) is both a commensal and a pathogenic organism. Carriage of *S. aureus* is not harmful per se, however there is a risk of autoinfection. The bacteria is responsible for the vast majority of skin infections, such as impetigo and infection of wounds. Also colonization with *S. aureus* is related to atopic dermatitis. Increasing multidrug resistance of *S. aureus* points out the need for development of alternative treatment options for bacterial infections. Gladskin is a product for topical use. The proprietary enzyme in the Gladskin products is called Staphefekt. Staphefekt specifically lyses the cell membrane of *Staphylococcus aureus*. In vitro results showed that Staphefekt kills *S. aureus*, leaving the commensal flora intact. Staphefekt might decrease *S. aureus* colonisation of the skin and consequently decrease occurrence of and/or symptoms of *S. aureus* related disease.

Study objective

To retrieve (in vivo) data about the effect of Staphefekt on the microbiome, including *Staphylococcus aureus*, and on disease severity in patients with

atopic dermatitis.

Study design

A single centre intervention study with a placebo controlled, double blind and randomized design.

Intervention

30 patients are recruited and characterized. Characterization of patients includes (1) determination of *S. aureus* colonization status by screening the nares, the pharynx and the lesional skin (preferably left and right antecubital folds) and (2) evaluation of patient characteristics using a questionnaire addressing e.g. history of skin disease. Of the 30 patients, 16 colonized patients and 6 non-colonized patients will be included in the study. The intervention includes application of Staphefekt or placebo in the nose and on the skin lesions (antecubital folds), twice daily during 3 weeks. Microbiome of the nose and skin and disease severity will be measured at baseline, right after the first application and one and three weeks later. Isolation of *S. aureus* and other skin bacteria is performed by culture, QPCR and 16S rRNA sequencing. Disease severity will be assessed using the EASI and Self Administered-EASI. Seven days after application of Staphefekt side-effects are evaluated through a questionnaire.

Study burden and risks

Risks: Based on current literature, internal assessments and evaluations by ETH (Eidgenössische Technische Hochschule, Zurich, Switzerland) it can be concluded that Staphefekt is safe for its targeted applications on the skin. This is evaluated externally by TNO. TNO concludes that endolysins can be used safe as medical device in the treatment of (MR)SA on the skin. In animal testing no adverse side effects of lysins are seen. There is a possibility of a contact allergic reaction to other basic components (cera cetomacrogol) of the product or the swab solution (tween).

Benefit: Participation in this study might result in individual benefit for the patient, as Staphefekt might reduce *S. aureus* load on the skin/mucosa. Flares in patients with eczema are associated with higher loads of *S. aureus*.

Burdening: The study includes 5 visits within 5 weeks of time. During the first visit (30 minutes) patients are screened on in- and exclusion criteria, informed consent is obtained, patient characteristics are evaluated and skin and nasal swabs are taken. The second visit (10 min) includes a skin and nasal swab. During the third visit the researcher assesses the patients skin, the patients fills in a questionnaire and swabs are taken from the skin (before application of Gladskin, 1 hour after application and 6 hours after application). The fourth and fifth visit (30 minutes) includes assessment of disease severity and performing a skin- and nasal swab. Screening for *S. aureus*

is performed using swabs, a non-invasive method. Psychological discomfort is kept to a minimum by letting subjects perform the perineum swab themselves (after verbal instruction).

Contacts

Public

Micreos

Nieuwe Kanaal 7P
Wageningen 6709 PA
NL

Scientific

Micreos

Nieuwe Kanaal 7P
Wageningen 6709 PA
NL

Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)

Elderly (65 years and older)

Inclusion criteria

1. Atopic dermatitis of moderate severity. Defined by EASI score performed by the researcher at time of recruitment.
2. > 18 years old
3. At least 2 lesions at similar body sites (similar habitat) suitable for sampling
4. Colonisation of the nares and skin (2 lesions) with *S. aureus*, defined as having 2 positive cultures with an interval of one week.
5. Loads of *Staphylococcus aureus* are high enough for quantitative analysis (15-300 colony

forming units per plate). Detection limits are based on ISO standards (4833:2003 and 6888-1:1999).

Exclusion criteria

1. Use of systemic antibiotics or corticosteroids within the last 6 months
2. Use of Methotrexate or immunosuppressive agents
3. Irregular intermittent use of topical or inhaled steroids within the last 6 months
4. Use of topical antibiotics in the previous 7 days
5. Use of Gladskin within the previous 4 weeks
6. Allergy to components of the study drug

Study design

Design

| | |
|---------------------|-------------------------------|
| Study type: | Interventional |
| Intervention model: | Parallel |
| Allocation: | Randomized controlled trial |
| Masking: | Double blinded (masking used) |
| Control: | Placebo |
| Primary purpose: | Treatment |

Recruitment

| | |
|---------------------------|-------------|
| NL | |
| Recruitment status: | Pending |
| Start date (anticipated): | 01-04-2016 |
| Enrollment: | 16 |
| Type: | Anticipated |

Medical products/devices used

| | |
|---------------|-----------------------|
| Generic name: | Gladskin |
| Registration: | Yes - CE intended use |

Ethics review

Approved WMO

Date: 29-10-2014

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

| Register | ID |
|----------|----------------|
| CCMO | NL47287.078.13 |