

# THORACIC FLUID ASSESSMENT BY DYNAMIC CONTRAST-ENHANCED MRI AND BIOIMPEDANCE SPECTROSCOPY: AN EXPLORATIVE STUDY IN HEALTHY SUBJECTS

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Heart failures
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON40803

### Source

ToetsingOnline

### Brief title

Extravascular lungwater assessment by CeMR and BIS

### Condition

- Heart failures

### Synonym

intrathoracic bloodvolume; congestion

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Catharina-ziekenhuis

**Source(s) of monetary or material Support:** Astron subsidie STW, Medtronic B.V.

## Intervention

**Keyword:** Impedance, Indicator dilution theory, Intrathoracic blood volume

## Outcome measures

### Primary outcome

- A. To optimize the DCE-MRI sequence parameters and to evaluate a reference values for indicator dilution curves derived parameters in healthy volunteers
- B. To evaluate whether bolus kinetic derived DCE-MRI parameters can track changes in response to fluid challenge/auto-transfusion in healthy volunteers
- C. To evaluate the agreement between changes in bolus kinetic parameters measured by DCE-MRI and changes in impedance measured by bio-impedance spectroscopy

### Secondary outcome

- A. To evaluate the relationship between bolus kinetic parameters and RV and LV functional parameters.
- B. To evaluate reproducibility of MR based bolus kinetic parameters measurement and to evaluate sensitivity to MR sequence parameters.

## Study description

### Background summary

Heart failure is a major health problem, which is characterized by reduced cardiac function leading to pulmonary congestion. Most episodes of acute heart failure requiring unplanned hospitalization are due to pulmonary congestion.

There is urgent clinical need for quantitative, reproducible and minimally invasive and noninvasive methods to assess thoracic fluid status. The potential value of dynamic contrast-enhanced magnetic resonance imaging (DCE-MRI) to this end has been suggested and demonstrated in vitro, and in this study we now aim to compare intra-thoracic volume assessment by dynamic contrast-enhanced MRI and bioimpedance spectroscopy.

## **Study objective**

This study evaluates the normal range dynamic contrast-enhanced MRI bolus kinetic parameters in healthy subjects. The sensitivity of the bolus kinetic parameters to fluid challenges is evaluated. The correlation between change in thoracic impedance and change in bolus kinetic parameters in response to a fluid challenge is evaluated.

## **Study design**

Prospective nonrandomized pilot study.

## **Study burden and risks**

The whole study will take 3 hours of the volunteer's time. Gadolinium will be injected however the amount will be 10% of the permitted dose.

To reduce the chance of harm, a creatinin clearance will be estimated in advance. The chance on allergic reaction is smaller than 0.1% and in very rare cases nephrogenic systemic fibrosis can be developed. This chance is larger in patients with renal insufficiency and these volunteers are excluded from participating the trial.

Deo et al reported in end-stage renal disease an incidence of 4.3 per 1000 patients for development of nephrogenic systemic fibrosis. Todd et al found an increased risk to cutaneous changes of nephrogenic systemic fibrosis, odds ratio 14.7; 95% CI 1.9-117) compare with patients who were not exposed to gadolinium

## **Contacts**

### **Public**

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## Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Age >18 years
- Informed consent.
- Body mass index between 18 and 25

### Exclusion criteria

- end-stage renal or hepatic disease
- pregnancy
- mild or moderate renal insufficiency, (GFR<60 mL/min);
- risk for developing nephrogenic systemic fibrosis;
- general contra-indications to magnetic resonance imaging
- pro-inflammatory state, vascular endothelial dysfunction

## Study design

## Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 11-03-2015

Enrollment: 12

Type: Actual

## Ethics review

Approved WMO

Date: 31-10-2014

Application type: First submission

Review commission: MEC-U: Medical Research Ethics Committees United (Nieuwegein)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register**

CCMO

**ID**

NL50327.060.14