

# Clinical evaluation of dried blood spots for the determination of tamoxifen and endoxifen levels

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Clinical evaluation of dried blood spot (DBS) assay, by determining the ratio between DBS and serum levels of tamoxifen and endoxifen and to investigate if patients can obtain useful DBS at home.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Breast neoplasms malignant and unspecified (incl nipple)
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON40928

### Source

ToetsingOnline

### Brief title

Tamoxifen and endoxifen in DBS

### Condition

- Breast neoplasms malignant and unspecified (incl nipple)

### Synonym

breast cancer, mamma carcinoma

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Antoni van Leeuwenhoek Ziekenhuis

**Source(s) of monetary or material Support:** Laboratorium apotheek AvL

## Intervention

**Keyword:** Dried blood spots, Endoxifen, Tamoxifen, Therapeutic drug monitoring

## Outcome measures

### Primary outcome

- Ratio of the DBS and serum concentrations of tamoxifen and endoxifen

### Secondary outcome

- Percentage of patients that obtains a DBS by self-sampling at home
- Percentage of patients that provides DBS samples useful for analysis

## Study description

### Background summary

Tamoxifen, a selective estrogen receptor modulator, is widely used for the treatment and prevention of breast cancer. The steady state concentration of its most active metabolite, endoxifen, is a proposed predictor of tamoxifen efficacy. It is suggested that there is a minimum serum concentration above which endoxifen is effective against the recurrence of breast cancer. Current practice is to analyze tamoxifen and metabolite concentrations in serum, blood samples are collected when patients visit the Antoni van Leeuwenhoekhospital.

### Study objective

Clinical evaluation of dried blood spot (DBS) assay, by determining the ratio between DBS and serum levels of tamoxifen and endoxifen and to investigate if patients can obtain useful DBS at home.

### Study design

Patients treated with tamoxifen who undergo venapuncture are asked if they are willing to obtain a DBS sample at the same time. For the feasibility part, patients are asked if they are willing to self-obtain a DBS sample through a fingerprick. They will be instructed at the Antoni van Leeuwenhoekhospital.

### Study burden and risks

not applicable

## Contacts

### **Public**

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### **Scientific**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Treated with tamoxifen
- Age 18 years or older
- Able and willing to give informed consent
- Able and willing to undergo a fingerprick for dried blood spot sampling

### Exclusion criteria

none

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 24-02-2014

Enrollment: 100

Type: Anticipated

## Ethics review

Approved WMO

Date: 02-11-2012

Application type: First submission

Review commission: PTC Stichting het Nederlands Kanker Instituut - Antoni van Leeuwenhoekziekenhuis (Amsterdam)

Approved WMO

Date: 19-02-2014

Application type: Amendment

Review commission: PTC Stichting het Nederlands Kanker Instituut - Antoni van Leeuwenhoekziekenhuis (Amsterdam)

## Study registrations

## **Followed up by the following (possibly more current) registration**

No registrations found.

## **Other (possibly less up-to-date) registrations in this register**

No registrations found.

## **In other registers**

<b>Register</b>	<b>ID</b>
CCMO	NL47958.031.14