# Late LTP-like plasticity effects of tDCS in subacute stroke patients

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Identify the effect of late LTP-like plasticity on motor rehabilitation during the subacute phase after stroke.

Ethical review	Approved WMO
Status	Pending
Health condition type	Central nervous system vascular disorders
Study type	Interventional

## **Summary**

#### ID

NL-OMON40946

**Source** ToetsingOnline

Brief title tDCS-LPSS

## Condition

• Central nervous system vascular disorders

#### **Synonym** Cerebrovascular accident, Stroke

**Research involving** Human

## **Sponsors and support**

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam **Source(s) of monetary or material Support:** ZonMW en Stichting Coolsingel

#### Intervention

Keyword: Plasticity, Rehabilitation, Subacute stroke patients, tDCS

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#### **Outcome measures**

#### **Primary outcome**

To investigate whether late LTP-like plasticity tDCS increases the effectiveness of upper limb rehabilitation therapy after stroke.

#### Secondary outcome

• To investigate whether the application of tDCS in subacute stroke patients

increases quality of life, cognitive performance and depression.

• To investigate whether late LTP-like plasticity tDCS increases the

effectiveness of lower limb rehabilitation therapy after stroke.

• To investigate the safety, side effects and drop-out rates for tDCS as an

integral part of upper limb rehabilitation in the first months post stroke.

# **Study description**

#### **Background summary**

About 80% of stroke patients suffer motor impairments, but current therapies have limited effects on motor recovery. Therefore, investigating new potential therapeutic approaches is crucial. Transcranial Direct Current Stimulation (tDCS) is a form of non-invasive electrical stimulation where a weak current is applied through electrodes over the scalp. This stimulation is known to (1) induce changes in neuronal excitability -which can last up to one day with late LTP-like plasticity protocols- in a polarity and site-specific manner, and (2) facilitate motor learning and stroke recovery. So far, several pilot studies have reported beneficial results from tDCS in both subacute and chronic stroke patients, but it\*s still unclear how tDCS should be repeated over multiple days to optimally enhance recovery and training effects. Using a late LTP-like plasticity protocol could increase effectiveness of standard clinical care rehabilitation sessions and thus enhance the effects of rehabilitation. Therefore, we want to investigate how late LTP-like plasticity tDCS affects rehabilitation in subacute stroke patients. The outcome of this study can provide important guidelines on effective motor therapy during stroke rehabilitation.

#### **Study objective**

Identify the effect of late LTP-like plasticity on motor rehabilitation during the subacute phase after stroke.

#### Study design

Double-blinded, randomized between-subjects trials.

#### Intervention

Patients who are enrolled in this study will receive standard care with the addition of two one hour tDCS sessions (sham or real stimulation) per week for 4 weeks.

#### Study burden and risks

All participants are stroke patients who are enrolled in Rijndam\*s regular stroke rehabilitation programme. In addition to regular treatment, tDCS is applied twice a week for 50 minutes during which patients are allowed to watch television, read a book or have breakfast. Furthermore, extra measurements include arm and hand motor skill tests (T0-T4), questionnaires on quality of life, depression and cognitive performance (T0 and T3-4) and a genetic analysis.

# Contacts

**Public** Erasmus MC, Universitair Medisch Centrum Rotterdam

Dr Molewaterplein 50 Rotterdam 3015GE NL **Scientific** Erasmus MC, Universitair Medisch Centrum Rotterdam

Dr Molewaterplein 50 Rotterdam 3015GE NL

## **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

## **Inclusion criteria**

- Subacute stroke (within 1-3 weeks post stroke)
- Acute hemiparesis with single thromboembolic non-hemorrhagic infarction documented by
- a neurologist
- Aged 18-79

## **Exclusion criteria**

- Absence of recordable MEPs from the ADM after TMS
- Absence of voluntary movement (MRC < 2)
- · Head injury or the presence of intracranial metal or intracranial lesions
- History of cranial irradiation
- History of epilepsy
- Presence of a pacemaker
- Taking anticonvulsant or neuroleptic medication
- Substance abuse
- Inability to understand instructions
- History of psychiatric disorders

# Study design

## Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)

Control:	Placebo
Primary purpose:	Treatment

#### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-11-2014
Enrollment:	48
Туре:	Anticipated

#### Medical products/devices used

Generic name:	Transcranial Direct Current Stimulator
Registration:	Yes - CE intended use

# **Ethics review**

Approved WMO	
Date:	05-12-2014
Application type:	First submission
Review commission:	METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

## Register

ССМО

**ID** NL49887.078.14