# Effects of local oestrogen on vaginal microcirculation in the treatment of vaginal atrophy

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1. To examine and describe the vaginal microcirculation in patients with VA in comparison to patients without VA2. To examine and describe the effect of treatment with local oestrogen on the vaginal microcirculation.

| Ethical review        | Approved WMO   |
|-----------------------|--|
| Status                | Recruitment stopped  |
| Health condition type | Vulvovaginal disorders (excl infections and inflammations) |
| Study type            | Observational non invasive                                 |

# Summary

#### ID

NL-OMON41036

**Source** ToetsingOnline

Brief title VAMP-3 study

## Condition

• Vulvovaginal disorders (excl infections and inflammations)

Synonym Vaginal atrophy

**Research involving** Human

## **Sponsors and support**

**Primary sponsor:** Academisch Medisch Centrum **Source(s) of monetary or material Support:** Ministerie van OC&W

#### Intervention

Keyword: Microcirculation, Oestrogen, Vaginal atrophy

#### **Outcome measures**

#### **Primary outcome**

Differences in measurements of microcirculatory parameters in patients with VA

and before and after treatment with local oestrogen.

#### Secondary outcome

n/a

# **Study description**

#### **Background summary**

Vaginal atrophy (VA) is a condition that commonly affects postmenopausal women. The aetiology of VA is mainly explained by the decline in levels of circulating oestrogen associated with the menopausal transition, which causes the epithelium of the vagina to become thin and friable. The role of the vaginal microcirculation in the health of the vaginal epithelium is currently unknown. Neither is known if possible damage to the vaginal microcirculation in women with VA is reversible with the use of local oestrogen.

#### **Study objective**

1. To examine and describe the vaginal microcirculation in patients with VA in comparison to patients without VA

2. To examine and describe the effect of treatment with local oestrogen on the vaginal microcirculation.

#### Study design

An observational pilot study

#### Study burden and risks

Measurements will be performed in an outpatient clinic of a teaching hospital. Patients will be counseled before the measurements and informed consent will be

obtained. The imaging probe will be covered with a sterile disposable cap. The measurement technique is painless and will cause no harm.

# Contacts

#### **Public** Academisch Medisch Centrum

Meibergdreef 9 Amsterdam 1105 AZ NL **Scientific** Academisch Medisch Centrum

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# **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age Adults (18-64 years) Elderly (65 years and older)

## **Inclusion criteria**

Women with vaginal atrophy diagnosed based on:

- a. The presence of one or more of the following symptoms:
- Vaginal dryness
- Vaginal itching/irritation
- Dyspareunia
- b. The presence of one or more of the following symptoms on physical examination:
- Presence of vaginal wall pallor and petechiae
- Friability of the vaginal wall (defined as any bleeding occurring during examination)

- Conization (markedly decreased elasticity)
- Absence of rugae

## **Exclusion criteria**

- 1. Previous pelvic surgery
- 2. Cardiovascular disease (e.g. angina pectoris, hypertension)
- 3. Inflammatory disease (e.g. rheumatoid arthritis, eczema)
- 4. Other systemic illness (e.g. (non-) insulin dependent diabetes mellitus)

5. Medications (e.g. anticoagulants, anti-inflammatory, or immunosuppressive agents) that could influence the microcirculation

# Study design

## Design

|                    | <b>A</b> |                                 |
|--------------------|----------|---------------------------------|
| Masking:           |          | Open (masking not used)         |
| Allocation:        |          | Non-randomized controlled trial |
| Intervention model | :        | Other                           |
| Study type:        |          | Observational non invasive      |

#### Primary purpose: Other

#### Recruitment

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| NL                        |                     |
|---------------------------|---------------------|
| Recruitment status:       | Recruitment stopped |
| Start date (anticipated): | 13-10-2014          |
| Enrollment:               | 30                  |
| Туре:                     | Actual              |

## **Ethics review**

| Approved WMO       |                    |
|--------------------|--------------------|
| Date:              | 16-09-2014         |
| Application type:  | First submission   |
| Review commission: | METC Amsterdam UMC |

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register CCMO **ID** NL49119.018.14