# Predicting trough levels in patients receiving infliximab maintenance therapy using interval (non-trough) serum infliximab levels

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Aim of this prospective study is to investigate the relation between non-trough serum IFX levels (4 and 6 weeks after infusion) and IFX trough levels (8 weeks after infusion) in patients with Crohn\*s disease

Ethical review Approved WMO

**Status** Recruitment stopped

**Health condition type** Gastrointestinal inflammatory conditions

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON41068

#### **Source**

**ToetsingOnline** 

#### **Brief title**

**PREDIX** 

### Condition

Gastrointestinal inflammatory conditions

#### Synonym

Crohn's disease, enteritis regionalis

## Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Academisch Medisch Centrum

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Source(s) of monetary or material Support: Ministerie van OC&W

## Intervention

**Keyword:** Drug level, Infliximab, Trough level

### **Outcome measures**

## **Primary outcome**

Serum infliximab level at week 0, 4, 6 and 8.

## **Secondary outcome**

CRP, albumin

# **Study description**

## **Background summary**

Infliximab (IFX) is effective in inducing and maintaining remission in adults and children with Crohn\*s disease (CD). Studies have shown the value of therapeutic drug monitoring (TDM) in the treatment of CD with IFX. TDM comprises the measurement of serum IFX levels and antibodies to infliximab (ATI), and adjusting treatment accordingly. Current TDM algorithms are exclusively based on IFX trough levels (i.e. the lowest IFX concentration immediately prior to the next dose). Since a rapid test for the determination of IFX levels is not available, the outcome of TL measurements is only available after the next IFX dose has already been administered. Therefore, it would be of great value if physicians can be informed of whether a patient\*s current IFX dosage is adequate at other time points than only immediately prior to IFX administration.

## **Study objective**

Aim of this prospective study is to investigate the relation between non-trough serum IFX levels (4 and 6 weeks after infusion) and IFX trough levels (8 weeks after infusion) in patients with Crohn\*s disease

## Study design

Prospective observational study

## Study burden and risks

Participation will result in additional blood sampling and two additional venous punctures at week 4 and 6 (for blood sampling at week 0 and 8, no additional venous puncture is required since patients will already receive intravenous cannulation for IFX administration).

## **Contacts**

#### **Public**

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Scientific

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## **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

- Age \*18 years
- Crohn\*s disease based on endoscopy and pathology
- Clinical remission based on a Harvey Bradshaw Index score of <5
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- Biochemical remission based on fecal calprotectin levels of <250μg/g
- Scheduled IFX maintenance therapy with 5mg/kg body weight every 8 weeks

## **Exclusion criteria**

- Change in immunomodulator co-treatment within the previous 3 months
- Previous non-adherence to the 8-week infusion schedule

# Study design

## **Design**

Study type: Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 22-07-2014

Enrollment: 20

Type: Actual

## **Ethics review**

Approved WMO

Date: 30-06-2014

Application type: First submission

Review commission: METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL49550.018.14