

# Prospective follow-up study of subcutaneous tocilizumab (RoActemra®) treatment in rheumatoid arthritis.

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To determinate the efficacy and safety of subcutaneous (s.c.) tocilizumab in patients with rheumatoid arthritis in a daily clinical setting. In addition, to monitor the effect of treatment with tocilizumab s.c. on the lipid profile, markers of bone...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Joint disorders
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON41073

### Source

ToetsingOnline

### Brief title

Subcutaneous tocilizumab in rheumatoid arthritis

### Condition

- Joint disorders

### Synonym

rheumatic disease, rheumatoid arthritis

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Jan van Breemen Instituut

**Source(s) of monetary or material Support:** Reade/Jan van Breemen Instituut

## Intervention

**Keyword:** Rheumatoid arthritis, Subcutaneous tocilizumab

## Outcome measures

### Primary outcome

- DAS28 score and response is defined as the EULAR criteria of a good or moderate response and a score of  $<3.2$
- Effect on RAPID-3/MDHAQ-2

### Secondary outcome

- The number of adverse events (infections, malignancies, mortality)
- ESR and/or CRP
- The lipid profile
- Inflammation processes
- Relation between genetic polymorphisms and the efficacy of tocilizumab
- Radiographic progression
- Changes in bone mineral density
- Cardiovascular risk factors

## Study description

### Background summary

Recently, tocilizumab s.c. is available in the Netherlands for the treatment of rheumatoid arthritis. It is important to determine efficacy and safety in daily clinical practice, because this can differ from clinical trials. Further, prognostic markers can be determined.

### Study objective

To determinate the efficacy and safety of subcutaneous (s.c.) tocilizumab in

patients with rheumatoid arthritis in a daily clinical setting. In addition, to monitor the effect of treatment with tocilizumab s.c. on the lipid profile, markers of bone metabolism, and risk factors for cardiovascular disease.

## Study design

Prospective observational cohort study in rheumatoid arthritis patients starting with tocilizumab s.c. The first visit will take place before the start of treatment and the patient will be followed at 1 month, 4 months, 6 months, 1 year, 1.5 year, 2 years, and once yearly thereafter.

## Study burden and risks

The additional burden consists of an extra blood sample taken at moments that this would already have been done in view of routine patient care. At each visit 12.5 ml blood will be collected and stored (encoded) at Reade with the purpose to answer future research questions concerning treatment with subcutaneous tocilizumab. During the first visit only, an extra 22 ml of blood will be collected for research into genetic factors whom are of potential influence on the process of inflammation and are potential predictors for response to therapy.

## Contacts

### Public

Jan van Breemen Instituut

Dr. Jan van Breemenstraat 2  
Amsterdam 1056AB  
NL

### Scientific

Jan van Breemen Instituut

Dr. Jan van Breemenstraat 2  
Amsterdam 1056AB  
NL

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Patients:

- who are diagnosed with RA;
- in whom tocilizumab s.c. is prescribed by their treating rheumatologist; and
- who gave written informed consent.

Both bio-naïve patients as patients who failed on previous biologic agents will be included.

### Exclusion criteria

Patients with contraindications for tocilizumab treatment. For patients previously treated with intravenous tocilizumab a washout period of 4 weeks is required.

## Study design

### Design

Study phase:	4
Study type:	Observational non invasive
Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	22-06-2015
Enrollment:	50
Type:	Actual

## Ethics review

Approved WMO

Date: 15-12-2014

Application type: First submission

Review commission: METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL50732.048.14