# The impact of Early versus Late Complete revascularization On Remodeling of the Left Ventricle in ST-elevation Myocardial Infarction with multivessel disease after primary PCI.

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the aim of this study is to compare the impact of an early-CR within 48 hrs. after PPCI to a late complete revascularization >2 weeks after PPCI on LV remodelling in patients with STEMI and multi-vessel disease.

Ethical reviewNot approvedStatusWill not startHealth condition typeOther conditionStudy typeInterventional

# **Summary**

#### ID

NL-OMON41253

#### Source

**ToetsingOnline** 

#### **Brief title**

Timing of Complete revascularization and left ventricular remodeling

#### Condition

- Other condition
- Coronary artery disorders
- Arteriosclerosis, stenosis, vascular insufficiency and necrosis

#### **Synonym**

remodelling of the left ventricle, treatment of multivessel disease

#### **Health condition**

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hartinfarct, herstel na behandeling van linker kamer

**Research involving** 

Human

**Sponsors and support** 

Primary sponsor: HagaZiekenhuis

Source(s) of monetary or material Support: Ministerie van OC&W

Intervention

Keyword: Complete revascularization, LV-remodeling, multivessel disease, STEMI, timing

**Outcome measures** 

**Primary outcome** 

The primary aim of our study is to assess the association of timing of CR and left ventricular remodelling (increase in end diastolic volume [EDV]>20%) or an increase of at least 5% in left ventricular function after primary PCI in STEMI patients with multi-vessel disease.

**Secondary outcome** 

The secondary objective of our study is to assess the correlation of plasma serum BNP level within the first 24-96 hours of STEMI and the development of subsequent left ventricular dilatation according to CR-group at 3, 6 and 12 months of follow-up on imaging (serial MRI and/or echocardiography) and mortality (all cause and cardiac).

**Study description** 

**Background summary** 

ST-elevation myocardial infarction (STEMI) is a common and the most severe presentation of ischemic coronary disease. Evidence shows a high risk for

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mortality and future events in patients with multivessel disease. Based on a large retrospective trial, ESC and ACC/AHA guidelines recommend treatment of culprit lesion only during primary PCI (PPCI). The recent randomized PRAMI study showed a lower MACCE-rate with preventive complete revascularization of non-infarct related arteries (Non-IRA) lesions at PPCI. A reduced global ventricular flow after acute myocardial infarction in non-RA has been suggested to increase the area at risk with poorer left ventricular remodelling in previous research (Gibson et al.). However, the mechanism through which MVD adversely affects outcome is still poorly defined and optimal timing of complete revascularization remains unclear.

#### Study objective

the aim of this study is to compare the impact of an early-CR within 48 hrs. after PPCI to a late complete revascularization >2 weeks after PPCI on LV remodelling in patients with STEMI and multi-vessel disease.

#### Study design

prospective study, with sequential allocation

#### Intervention

After informed consent and immediately after the PPCI patients with multivessel disease will be randomized to either early complete revascularization (CR <48 hr) after PPCI or CR \*2 week after PPCI. A FFR will be gauged of all non-IRA lesions to judge functional significance and according to randomization all lesions with a FFR <0.80 will be treated in the same session or in a staged procedure \*2 weeks - 4 weeks after PPCI. From patients enrolled in the trial blood will be drawn for the additional assessment of plasma BNP, white blood cell count and HbA1C. Further an echocardiogram and a cardiac MRI (CMR) with delayed enhancement, requiring the infusion of gadolinium, will be acquired within 1-3 days after the PPCI.

#### Study burden and risks

A short (oral) informed consent will be taken to minimize a delay in the door-to-balloon- time. The usual risks associated with a coronary intervention are also applicable to our study; in <1% of cases death, stroke, ventricular fibrillation, myocardial infarction or aortic dissection may occur. These complications may require a coronary artery bypass surgery. Some bleeding from the insertion point in the groin (femoral artery) is common, but occasionally a hematoma may form. Rarely infection at the puncture site, dissection of the access blood vessel or kidney failure requiring dialysis may occur. Further an allergic reaction to the contrast dye used is possible, but has been reduced with newer agents. During primary PCI patients who are randomized to an

immediate complete revascularization will have a longer procedure and possibly more contrast for the additional treatment of all significant non-IRA lesions during PPCI. This may result in deterioration of the kidney function or above-mentioned procedural complications in a non-IRA. Most of these complications may also occur in an additional procedure. The risk of a complete revascularization is counterbalanced by the fact that a second procedure, which may require re-hospitalization, for significant non-IRA lesions is avoided. Drug eluting stents (DES) will primarily be used for the treatment of non-IRA lesions and this might require the use of anti-thrombotic therapy for a longer duration. However the final decision for a DES or bare metal stent (BMS) is at the operators\* discretion. Further additional blood will be drawn for the assessment of biomarkers of ventricular remodelling (BNP, white blood cell count and HbA1C) within 24 hours of the PPCI. An outpatient visit at 3 months is part of the usual care after discharge in our institute. An additional visit at preferably our outpatient clinic at 6 and 12 months with blood sampling for the follow-up of biomarkers and ventricular remodelling on echocardiogram and/or CMR is required from participants.

### **Contacts**

#### **Public**

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# **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

primary PCI, STEMI, multivessel disease, older than 18 years, hemodynamic stable

#### **Exclusion criteria**

cardiogenic shock, resucitation, intra-aortic balloon pump, mechanical ventilation, prior infarction or CABG, life expectancy less than 2 years

# Study design

## **Design**

Study type: Interventional

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Basic science

#### Recruitment

NL

Recruitment status: Will not start

Enrollment: 250

Type: Anticipated

## **Ethics review**

Not approved

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Date: 01-10-2015

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL46738.098.15