

# Extended rhythm SCreening for AtRial Fibrillation in cryptogenic stroke patients

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To establish evidence on the effectiveness of long term rhythm observation using an implantable loop recorder for detecting atrial fibrillation in patients with cryptogenic stroke.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Cardiac arrhythmias
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON41263

### Source

ToetsingOnline

### Brief title

SCARF

### Condition

- Cardiac arrhythmias
- Central nervous system vascular disorders

### Synonym

stroke cerebrovascular accident

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Medisch Spectrum Twente

**Source(s) of monetary or material Support:** Stichting Hartcentrum Twente

## Intervention

**Keyword:** atrial fibrillation, cryptogenic, stroke

## Outcome measures

### Primary outcome

The percentage of patients with documented AF based on implantable cardiac monitor registration during a follow-up period of at least 12 months after an episode of cryptogenic stroke. Compared to usual care consisting of an 12 lead ECG upon outpatient clinic visit. An episode of AF is defined as an episode of at least 120 seconds duration.

### Secondary outcome

Secondary outcomes include time to first documented AF, incidence of recurrent stroke or TIA and change of oral anticoagulation regimen. Progression of the length and incidence of atrial fibrillation episodes.

## Study description

### Background summary

Recent studies demonstrated that prolonged rhythm observation increases the detection of atrial fibrillation in patients prior diagnosed as cryptogenic stroke. Detection of atrial fibrillation in these patients has important therapeutic implications for the anticoagulation regimen. However, data on optimal monitoring duration and method of AF detection are limited.

### Study objective

To establish evidence on the effectiveness of long term rhythm observation using an implantable loop recorder for detecting atrial fibrillation in patients with cryptogenic stroke.

### Study design

Extended rhythm observation for atrial fibrillation is a prospective single center study with invasive measurements.

### **Study burden and risks**

Using only a routine intervention will have minimal extra risk, burden for the patients will be slightly increased due to the nature of an implantable loop recorder. The device will be implanted under local anesthesia requiring a 2 cm incision to place the device subcutaneously.

## **Contacts**

### **Public**

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### **Scientific**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### **Inclusion criteria**

Patients > 18 years of age  
Recent episode (<=60 days) of cryptogenic ischemic stroke  
Undetermined etiology with negative evaluation (including cardioembolism work-up) according to the TOAST criteria  
Implantation of an implantable loop recorder within two months after index event  
Able of providing informed consent

## Exclusion criteria

Pre-existing indication for vitamin K antagonist  
Untreated hyperthyroidism  
Indication for pacemaker implantation, ICD or CRT device  
Severe co-morbidity not likely to complete follow-up for one year

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 24-01-2012

Enrollment: 50

Type: Actual

### Medical products/devices used

Generic name: Reveal® XT subcutaneous cardiac monitor

Registration: Yes - CE intended use

## Ethics review

Approved WMO  
Date: 26-07-2011  
Application type: First submission  
Review commission: METC Twente (Enschede)

Approved WMO  
Date: 19-03-2013  
Application type: Amendment  
Review commission: METC Twente (Enschede)

Approved WMO  
Date: 15-01-2015  
Application type: Amendment  
Review commission: METC Twente (Enschede)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL36491.044.11