# "The Shrink Study: shrink factor of resected tumour mucosa in patients with oral squamous cell carcinoma"

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Investigate whether different resection modalities such as MO or TL cause a different amount of shrinkage in the mucosal margins of resected OSCCs.

**Ethical review** Approved WMO **Status** Recruitment stopped

**Health condition type** Soft tissue neoplasms malignant and unspecified

Study type Interventional

## **Summary**

#### ID

NL-OMON41703

#### Source

ToetsingOnline

#### **Brief title**

The Shrink Study

## **Condition**

- Soft tissue neoplasms malignant and unspecified
- Head and neck therapeutic procedures

#### **Synonym**

oral cancer, oral squamous cell carcinoma

## Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum

Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

**Keyword:** monopolar electric surgery, oral cancer, shrink, thulium

#### **Outcome measures**

## **Primary outcome**

The amount/percentage of mucosa shrinking for the two abovementioned resection modalities (MO en TL), and hereby adjust margin interpretation method using the energy used for the electric resection modalities.

## **Secondary outcome**

not applicable

# **Study description**

## **Background summary**

Monopolar electro surgery (MO) and thulium laser (TL) are used for the resection of oral squamous cell carcinomas (OSCC). These electric modalities, MO and TL, have been evaluated at our Institution with regards to pathological assessment and effectiveness (namely radical resections). Adequate pathological assessment was possible when OSCCs were removed by MO or TL. Three times more irradical resections were present in the MO group compared with the TL group. Various factors were associated with the resection margins, such as non-cohesive growth and tumor size. Since both resection modalities cause thermal damage we question whether the MO causes more shrinkage of the resected tissue than TL, subsequently resulting in smaller resection margins. We expect that different resection modalities cause different shrinkage. Subsequently a \*shrink factor\* could be calculated for each resection method, which could be taken into account when interpreting resection margins and therefore could result in a different postoperative therapy advice.

Hypothesis: Resection of OSCCs with MO causes more shrinkage of mucosal tissue than resection performed with TL.

## **Study objective**

Investigate whether different resection modalities such as MO or TL cause a

different amount of shrinkage in the mucosal margins of resected OSCCs.

## Study design

Randomized controlled trial.

### Intervention

Resection of oral cavity carcinoma with either a monopolar knife (MO) or thulium laser (TL)

## Study burden and risks

All included patients are eligible for surgical resection of the diagnosed OSCC as primary treatment. All modalities used are standard methods of resection in our institution. Within this study the resection modality used for each patient will be randomized. The expected risk is as high as any otherwise performed surgical resection of OSCCs. Intra- and postoperative bleeding, infections and pain are standard risks. There is no direct benefit for any patient included in this study. A possible consequence of the study results is a change of margin interpretation after this study, possibly resulting in less aggressive postoperative treatment (for example radiotherapy) and therefore improvement in quality of life. These results will be evaluated in a bigger follow-up study after analysis of this pilot study.

## **Contacts**

#### **Public**

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Selecteer

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## **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

### Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

> 18 years old Confirmed OSCC stage I - IVa ASA classification I, II and III

## **Exclusion criteria**

Previously operated/irradiated in the field of surgery Stage IVb

Physical status that is a contraindication for surgery in general anesthesia Mental impairment; note: In the rare case that the surgeon pre- or peroperatively finds that the randomized modality is not suitable for resection of a patients tumor, this patient will be withdrawn from the study and treated as the surgeon thinks suitable.

# Study design

## **Design**

**Study type:** Interventional

Masking: Single blinded (masking used)

Control: Uncontrolled

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 02-05-2014

Enrollment: 76

Type: Actual

## Medical products/devices used

Generic name: Thulium laser en monopolar electro surgery

Registration: Yes - CE intended use

# **Ethics review**

Approved WMO

Date: 23-04-2014

Application type: First submission

Review commission: METC NedMec

Approved WMO

Date: 04-09-2015

Application type: Amendment

Review commission: METC NedMec

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL45789.041.13