# Reproducibility of the carotid artery vasoreactivity test

Published: 15-12-2014 Last updated: 21-04-2024

To examine the hour-to-hour and day-to-day reproducibility of the CAV-test in young and

older humans

Ethical review Approved WMO

**Status** Recruitment stopped

**Health condition type** Arteriosclerosis, stenosis, vascular insufficiency and necrosis

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON41758

Source

ToetsingOnline

**Brief title** 

Reproducibility CAV

## **Condition**

• Arteriosclerosis, stenosis, vascular insufficiency and necrosis

### **Synonym**

cardiovascular disease

## **Research involving**

Human

## **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Sint Radboud

Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

**Keyword:** cardiovascular disease, echo-Doppler, endothelial function

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## **Outcome measures**

## **Primary outcome**

The relative change in diameter during the CAV

#### **Secondary outcome**

N.A.

# **Study description**

#### **Background summary**

Cardiovascular disease remains the world's leading cause of mortality and morbidity. In the development of cardiovascular disease, the presence of endothelial dysfunction plays a crucial step. It has been demonstrated that the presence of endothelial dysfunction precedes the development of artherosclerosis. Identification of the presence of endothelial dysfunction, therefore, has important clinical implications.

A few years ago, the carotid artery vasoreactivity (CAV) test was introduced. The CAV demonstrates distinct responses between healthy subjects and those with cardiovascular risk. During the CAV-test, the carotid artery diameter response is measured in response to a strong activation of the sympathetic nervous system by putting a hand in a bucket of ice water. In analogy with coronary arteries (but not peripheral arteries), this test causes a strong dilation of the carotid artery (of  $\sim 10\%$ ) in healthy subjects. Interestingly, subjects with cardiovascular risk factors or those with cardiovascular disease demonstrate a small or even absent dilation, or even a constriction. The assumption is that this simple, non-invasive test provides information about the endothelial function and may possess prognostic value. However, currently little is known about the reproducibility of this test in young or older humans. This information is important to appropriately design future studies that adopt the CAV.

## Study objective

To examine the hour-to-hour and day-to-day reproducibility of the CAV-test in young and older humans

#### Study design

Observational cohort study

## Study burden and risks

Assessment of the CAV takes 5 minutes, which is preceded by a 20 minute resting period. The CAV-test is non-invasive and associated with minimal burden. Therefore, our experiments only places a minimal burden on the subjects, in time as well as physically.

## **Contacts**

#### **Public**

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#### Scientific

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# **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

-Younger subjects (18-30 years)

- -Older subjects (>50 years)
- -Mentally capable of providing informed consent

## **Exclusion criteria**

- Increased risk coronary spasms
- -Presence of Raynaud's phenomenon, chronic pain syndrom in extremities, presence of AVfistel or shunt, open wounds and/or sklerodermia
- -Recent (<3 months) presence of angina pectoris, myocardial infarction, stroke or heart failure

# Study design

## **Design**

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 22-01-2015

Enrollment: 50

Type: Actual

## **Ethics review**

Approved WMO

Date: 15-12-2014

Application type: First submission

Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL51166.091.14

# **Study results**

Date completed: 24-09-2015

Actual enrolment: 50

## **Summary results**

Trial is onging in other countries