

# Motor cortical control of antagonist muscle function in aging

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To examine the motor cortical control of antagonist muscle function in younger and older adults

|                              |                            |
|------------------------------|----------------------------|
| <b>Ethical review</b>        | Approved WMO               |
| <b>Status</b>                | Will not start             |
| <b>Health condition type</b> | Other condition            |
| <b>Study type</b>            | Observational non invasive |

## Summary

### ID

NL-OMON41777

### Source

ToetsingOnline

### Brief title

Cortical antagonist muscle function in aging

## Condition

- Other condition

### Synonym

aging senescence

### Health condition

Veroudering

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Groningen

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** aging, antagonist muscle, motor cortical excitability, transcranial magnetic stimulation (TMS)

## Outcome measures

### Primary outcome

The primary study parameter is the co-activation of antagonist muscle function in younger and older adults during a rapid flexion of the wrist after hearing an auditory tone.

### Secondary outcome

The secondary study parameter is the amount of motor cortical excitability before and during the flexion of the hand in younger and older adults.

## Study description

### Background summary

There is overwhelming evidence that for some reason increasing age affects a key aspect of how humans produce voluntary force. During finger, wrist, elbow, knee, and ankle joint movements old compared with young adults execute weak and strong contractions so that the muscle that is antagonist (opposing) to the muscle that produces the movement (the agonist), becomes more strongly activated. The neural mechanism of this age-related increase in coactivation is unknown. One example for the functional significance of this age-driven altered movement strategy is the strong association between the 20% greater metabolic cost of transport and heightened antagonist leg muscle activation during gait in old compared with young adults. The hypothesis is that motor cortical control of antagonist muscle function alters with age.

### Study objective

To examine the motor cortical control of antagonist muscle function in younger and older adults

### Study design

In this study, a rapid flexion of the wrist will be used as a voluntary movement to examine the amount of coactivation in the lower arm muscles. The cortical excitability before and during the movement will be measured with transcranial magnetic stimulation (TMS).

Participants respond to a tone by rapidly flexing their right-dominant wrist. A single TMS is given with 20 ms increments between 80 to 380 ms after the tone. Pilot experiments showed that old individuals were able to reliably execute the reaction time task if administered in 3 blocks of 68 trials, a total of 204 trials with 3-5 minutes of rest between the blocks. In 1 of the 17 conditions, only the tone is presented and in the 16 other time-interval conditions a single TMS pulse is delivered, targeting the right wrist muscles. There are 12 trials in each of the 17 conditions, with the condition administered in a random order. The data are then sorted in to 10 ms bins. The participants will visit the Center for human movement sciences once during an approximately 2 hour lasting session.

## **Intervention**

Non-invasive flexion of the right hand after hearing an auditory tone. Measuring the cortical excitability indexed by the size of the motor evoked potentials (MEPs) produced by transcranial magnetic stimulation (TMS).

## **Study burden and risks**

Participants will visit the Center for Human Movements Sciences once. The duration of the session is approximately 2 hours. TMS may cause slight discomfort lasting less than a second on the scalp near the coil. It may also cause twitching of the muscles, the face and jaw, which may be unpleasant and surprising but not painful. There are no known long-term risks of magnetic brain stimulation. For participating in the study, participants receive 10 euros in form of VVV gift cards.

## **Contacts**

### **Public**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Age 18-30 years or 65>, female or male gender, right-handed

### Exclusion criteria

Fracture in the upper extremity over the past year, having neurological disorders, being pregnant, muscle or joint disorders, cardiovascular diseases, medicine known to affect nerve conduction, a history of epilepsy, use of a pacemaker, and metal in the brain/skull

## Study design

### Design

|                     |                               |
|---------------------|-------------------------------|
| Study type:         | Observational non invasive    |
| Intervention model: | Parallel                      |
| Allocation:         | Randomized controlled trial   |
| Masking:            | Single blinded (masking used) |
| Control:            | Active                        |

Primary purpose: Diagnostic

## Recruitment

NL  
Recruitment status: Will not start  
Enrollment: 28  
Type: Anticipated

## Ethics review

Approved WMO  
Date: 05-10-2015  
Application type: First submission  
Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 23489  
Source: NTR  
Title:

### In other registers

| Register | ID             |
|----------|----------------|
| CCMO     | NL52432.042.15 |
| OMON     | NL-OMON23489   |