

THE MILESTONE PROJECT: Managing the Link and Strengthening the Transition from Child to Adult Mental Health Care; Protocol for the validation of the MILESTONE Suite of Measures - The Transition Readiness and Appropriateness Measure (TRAM) and the Transition Related Outcome Measure (TROM) (Work package 2)

Published: 29-05-2015

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Ethical review	Approved WMO
Status	Recruiting
Health condition type	Psychiatric disorders NEC
Study type	Observational non invasive

Summary

ID

NL-OMON42034

Source

ToetsingOnline

Brief title

MILESTONE - Validation study

Condition

- Psychiatric disorders NEC

Synonym

Psychiatric disorders

Research involving

Human

Sponsors and support

Primary sponsor: King's College London (Institute of Psychiatry)

Source(s) of monetary or material Support: Europese Unie (FP7)

Intervention

Keyword: Adolescence, Mental Health Services, Psychiatry, Transition to Adult Care

Outcome measures

Primary outcome

Reliability and validity of MILESTONE suite of measures: TRAM and TROM.

Secondary outcome

N.A.

Study description

Background summary

Transition to adulthood is the period of onset of most of the serious mental disorders that disable or kill in adult life, however, only a small proportion of young people in this age group, less than one in six, access services or receive appropriate care. The current service configuration of distinct Child and Adolescent Mental Health Services (CAMHS) and Adult Mental Health Services (AMHS) is increasingly viewed as an impediment to holistic and comprehensive care for young people, especially those who make a transition from one model to another.

In current clinical practice, there is no consensus on who can be discharged on reaching CAMHS transitional boundary, who should receive transitional care and

how this care should be delivered. There is an urgent need to develop, validate, implement and test a robust model of managed transitional care. Ideally all young people reaching a transition boundary would be assessed in a structured and standardised manner to determine their on-going need for care. Review of the literature suggests that there are no validated and reliable measures that specifically assess the outcomes, experience and effectiveness of transitional care.

King's College London has developed a low burden, reliable and efficient, bespoke MILESTONE Suite of Measures related to transitioning from CAMHS to AMHS. These include the Patient Reported Transition Outcome Measure (TrOM) for assessing the quality and outcome of transition and the Transition Readiness Measure (TRaM) to identify high-risk, high-need cases for whom transition to AMHS is critical. These will be used on the Health Tracker website, which is a new way to monitor which things get better or worse during treatment for physical or emotional problems.

Study objective

The purpose of the MILESTONE validation study is to validate low burden, reliable and efficient bespoke MILESTONE measures related to transition from CAMHS to AMHS. The primary objective is to validate the MILESTONE Suite of Instruments:

- a. The Transition Readiness and Appropriateness Measure (TRAM) that identifies high-risk, high-need cases for whom transition to AMHS is critical
- b. Transition Related Outcome Measure (TROM) for evaluating the success of transitions

The secondary objectives are:

2. To translate the Transition Readiness and Appropriateness Measure (TRAM) and the Transition Related Outcome Measures (TROM)
3. To add the Transition Readiness and Appropriateness Measure (TRAM) and the Transition Related Outcome Measures (TROM) and its translations to the HealthTracker*
4. To assist and train all Centres to use the web-based customized HealthTracker* system
5. To optimise the TRAM on HealthTracker* based on Decision Making Algorithms (to serve as the platform for optimization of transitions to Adult Mental Health in the EU)

Study design

Measure development and validation

Study burden and risks

No risk and minimal burden.

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adolescents (12-15 years)
Adolescents (16-17 years)
Adults (18-64 years)
Elderly (65 years and older)

Inclusion criteria

Young people aged 16 and over that have experience of working with Child and Adolescent Mental Health Care Services (CAMHS; who are either in care at CAMHS now or who have made a transition to Adult Mental Health Services), have no intellectual impairment (IQ > 70) and have a reasonable level of the language of the country of testing will be invited to participate.

Exclusion criteria

Young people will be ineligible if they are under 16 years old, have intellectual impairment

(IQ < 70) or are deemed too unwell to participate. If the participant is not able to (or expected not to be able to) complete the questionnaires due to severe physical disabilities, even with assistance from family members or research assistant, or deemed too vulnerable by their clinician, the participant will be excluded from the study.

Study design

Design

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 10-08-2015

Enrollment: 90

Type: Actual

Ethics review

Approved WMO

Date: 29-05-2015

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL51897.078.14