A multi-centre, double-blind, parallel-group, randomized controlled study to investigate the efficacy, safety and tolerability of orally administred BI 409306 during a 12-week treatment period compared to placebo in patients with Alzheimer's disease.

Published: 17-12-2014 Last updated: 21-04-2024

The primary objective of this study is to assess efficacy and safety of BI 409306 at doses of 10 mg, 25 mg and 50 mg once daily, 25 mg twice daily compared to placebo over a 12-week treatment period in male and female patients at least 55 years of...

**Ethical review** Approved WMO **Status** Recruitment stopped

**Health condition type** Neurological disorders NEC

Study type Interventional

# **Summary**

#### ID

NL-OMON42045

#### Source

ToetsingOnline

#### **Brief title**

BI 409306 in patients with prodromal Alzheimer Disease

#### Condition

Neurological disorders NEC

#### **Synonym**

prodromal Alzheimer Disease/Alzheimer Disease

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#### Research involving

Human

### **Sponsors and support**

**Primary sponsor:** Boehringer Ingelheim

Source(s) of monetary or material Support: Boehringer Ingelheim

#### Intervention

Keyword: 12 weeks, Phase II, Placebo controlled, Prodromal AD

#### **Outcome measures**

#### **Primary outcome**

Change in cognition as measured by change from baseline in Neuropsychological

Test Battery (NTB - total score) after 12-week treatment.

#### **Secondary outcome**

Change from baseline in ADCS-MCI-ADL total score after 12-week treatment

Change from baseline in CDR-SB total score after 12-week treatment

Change from baseline in ADAS-cog11 (Alzheimer's Disease Assessment

Scale-cognitive subscale) total score after 12-week treatment

# Study description

#### **Background summary**

Alzheimer\*s disease (AD), a chronic progressive mental disorder, is the most common cause of dementia and accounts for 50 to 70 % of all cases. AD is mainly a disorder of the elderly; The age-specific prevalence of AD almost doubles every 5 years after age 65. Among developed nations, approximately 1 in 10 elderly people (65+ years) is affected by dementia to some degree, In the prodromal stage of the disease, clinical symptoms may include impairment of episodic memory and/or other cognitive domains, like executive function, orientation and judgment.

Patients with these prodromal clinical symptoms showed an increased risk of developing Alzheimer\*s dementia with progressive decline in the ability to

perform activities of daily living and the appearance of behavioral changes and/or psychiatric symptoms (mood

disturbances, hallucinations, personality changes). Subsequently and in accordance with the further progression of the disease there is an increasing utilization of resources and medical care finally leading to the need for full-time assisted living . The median time from onset of symptoms to death is estimated to be around 10 years. Currently approved AD treatment is purely symptomatic and only approved for Mild to Moderate AD This treatment isn\*t approved for prodromal stages of the disease.

Patients with prodromal AD have an increased risk of eventually developing Alzheimer's dementia. Therefore, a symptomatic treatment that delays the progress of these first symptoms cause by the underlying pathology might provide a substantial benefit to such patients.

A symptomatic treatment that proves to be more efficacious than the currently available compounds (AChEIs,

memantine) in improving both existing cognition deficits and the ability to better perform activities of daily living would provide a substantial benefit to patients.

#### **Study objective**

The primary objective of this study is to assess efficacy and safety of BI 409306 at doses of 10 mg, 25 mg and 50 mg once daily, 25 mg twice daily compared to placebo over a 12-week treatment period in male and female patients at least 55 years of age with prodromal AD.

#### Study design

This is a 12-week, multi-center, randomized, double-blind, double dummy placebo controlled, parallel group study in patients with AD.

In total, 288 patients with prodromal AD who meet the entry criteria are planned to be randomized in this trial.

After obtaining informed consent, patients will undergo a screening period of a maximum of 5 weeks. All patients who successfully complete the screening period and are eligible for the study, then enter a minimum of 2 weeks of single blinded placebo run-in before

randomization. Patients who successfully complete the single-blinded phase and who fulfil both the inclusion and exclusion criteria will be randomized to the 12-week double blind treatment period at visit3 and will be assigned to one of the 5 treatment groups namely: once daily (QD) 10 mg, 25 mg, or 50 mg BI 409306, or 25 mg BI 409306 twice daily (BID), or placebo.

#### Intervention

See table 4.1.1. of the clinical trial protocol

#### Study burden and risks

5 week screening period, 2 week run-in periode (v 1 and 2), 12 week treatment period with 5 visits and 2 phone calls, 1 follow up visit

Physical examination

Heart rate, breathing rate, and blood pressure

Questions for patient and study partner to complete

Blood taken for routine tests, PK, vitamin B12 and folate levels

Blood taken for testing of Syphilis and HIV

Urine taken for a pregnancy test and a drug screening test (if applicable).

Optional blood samples will be collected for additional biomarkers

Liver Function Tests (from safety lab sample)

Urine taken for routine tests

ECG (electrocardiogram)

1 x MRI (Magnetic Resonance Imaging)- if applicable

1 x CSF sampling. Not necessary if a useful past CSF sample or PET scan result are available

## **Contacts**

#### **Public**

Boehringer Ingelheim

Comenius straat 6

Alkmaar 1817 MS

NL

#### **Scientific**

Boehringer Ingelheim

Comeniusstraat 6

Alkmaar 1817 MS

NL

# **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Written Informed Consent, 55 years or older, minimal 50 kg.

Patients with diagnosis of prodromal AD in accordance with the recommendation of the International Working Group (IWG), Dubois et al. 2007

Symptoms noticed by the patients

Cognitive testing confirming prodromal symptoms

Biomarker evidence of AD pathology

No evidence of other forms of dementia

No other concomitant illness or medication which could confound or prohibit completion in the trial by the patient

### **Exclusion criteria**

Other forms of dementia, or a psychiatrical disorder or severe depression Substantial concomitant cerebrovascular disease, Medical history of cancer, Significant ischemic heart disease, Significant gastrointestinal disorders, Uncontrolled endocrine disease, Significant pulmonary disease predisposing to hypoxia, Immunological disorders, Unstable/uncontrolled haematological disease, Any other systemic or multiple organ dysfunctions, Severe renal impairment, Any suicidal actions in the past 2 years, Previous participation in investigational drug studies of mild cognitive impairment within three months prior to screening, HIV or syphilis infection confirmed by a central lab test, intake of restricted medications as per protocol, pre-menopausal women not able or willing to take appropriate birth control, breast feeding women.

# Study design

## **Design**

Study phase: 2

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Placebo

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 27-01-2015

Enrollment: 12

Type: Actual

### Medical products/devices used

Product type: Medicine

Brand name: BI 409306

Generic name: nvt

## **Ethics review**

Approved WMO

Date: 17-12-2014

Application type: First submission

Review commission: BEBO: Stichting Beoordeling Ethiek Bio-Medisch Onderzoek

(Assen)

Approved WMO

Date: 14-01-2015

Application type: First submission

Review commission: BEBO: Stichting Beoordeling Ethiek Bio-Medisch Onderzoek

(Assen)

Approved WMO

Date: 08-07-2015

Application type: Amendment

Review commission: BEBO: Stichting Beoordeling Ethiek Bio-Medisch Onderzoek

(Assen)

Approved WMO

Date: 24-07-2015 Application type: Amendment Review commission: BEBO: Stichting Beoordeling Ethiek Bio-Medisch Onderzoek

(Assen)

Approved WMO

Date: 11-09-2015

Application type: Amendment

Review commission: BEBO: Stichting Beoordeling Ethiek Bio-Medisch Onderzoek

(Assen)

Approved WMO

Date: 28-09-2015

Application type: Amendment

Review commission: BEBO: Stichting Beoordeling Ethiek Bio-Medisch Onderzoek

(Assen)

Approved WMO

Date: 11-04-2017

Application type: Amendment

Review commission: BEBO: Stichting Beoordeling Ethiek Bio-Medisch Onderzoek

(Assen)

Approved WMO

Date: 29-06-2017

Application type: Amendment

Review commission: BEBO: Stichting Beoordeling Ethiek Bio-Medisch Onderzoek

(Assen)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register

EudraCT ClinicalTrials.gov CCMO ID

EUCTR2013-005031-24-NL NCT02240693 NL49930.056.14