# Biomarker Profiling of Pain in Juvenile Idiopathic Arthritis

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Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Autoimmune disorders
Study type	Observational invasive

# Summary

### ID

NL-OMON42093

**Source** ToetsingOnline

Brief title BioProPain in JIA

# Condition

• Autoimmune disorders

#### Synonym Juvenile idiopathic arthritis, juvenile rheumatoid arthritis

#### **Research involving** Human

### **Sponsors and support**

Primary sponsor: Universitair Medisch Centrum Utrecht Source(s) of monetary or material Support: Ministerie van OC&W

### Intervention

Keyword: biomarkers, GRK2, JIA, pain

### **Outcome measures**

#### **Primary outcome**

The main endpoint is the difference in pain rating between baseline, i.e. time

of diagnosis, (t0) and at 3 (t1), 6 (t2) and 12 months (t3) after diagnosis,

dichotomized in clinical relevant change of VAS-score, defined by a change in

VAS score of either >= 20 mm or >= 30%.

#### Secondary outcome

Secondary endpoints are:

- 1. monocyte/macrophage GRK2 expression
- 2. LPS-induced monocyte p38 activation
- 3. cytokine profiles (ratio between pro- and anti-inflammatory cytokine

responses)

- 4. QST profile
- 5. pain favouring cognition
- 6. medication (subgroups of medication, NSAID's, MTX, TNF- $\alpha$  blocking

biologicals, non-TNF- $\alpha$  blocking biologicals), as a proxy of severity and

duration of active JIA

# **Study description**

#### **Background summary**

Juvenile idiopathic arthritis (JIA) is a common childhood rheumatic disease which results in long-term disability persisting into adulthood in more than

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one-third of the patients. Acute pain is a clinically significant symptom of JIA, and pain persists for months to years in approximately 40% of JIA patients. This persisting, chronic pain is hard to treat. Identification of those patients at risk of developing chronic pain is needed to be able to start early treatment aimed at preventing the transition from acute to chronic pain.

#### **Study objective**

The key objective of this proposal is to develop a prediction tool, which will enable clinicians to detect an increased risk of developing chronic pain in JIA at an early stage of the disease. This tools consists of an assay for GRK2 expression. This prediction tool will enable to tailor the treatment of JIA to minimize the risk of chronification of acute inflammatory pain

### Study design

This is a monocenter observational longitudinal study

#### Study burden and risks

Patients with JIA often suffer from (severe) pain. Being able to identify those patients with JIA who are at risk of developing chronic pain will enable the use of treatment specifically aimed at reducing the transition from acute to chronic pain, without risking overtreatment for the JIA-group at large. The potential risks are negligible and the burden of study participation is minimal, comparable with the routine physical examination by the pediatric rheumatologist. Sensory tests are all protocolized and considered safe, with no risk of serious injuries. The measurement devices are designed to operate within margins that will not cause tissue damage. The level of discomfort is minimal, since the measurements stop the moment the subject notices the sensation to become painful. Also, the extra vial of blood taken is timed to coincide with the routine venepuncture as part of standard of care. The questionnaires are chosen to be as concise as possible. JIA is a disorder which presents itself in childhood with a severe risk of continuing in adulthood. The participation of children with IIA is mandatory to gain more knowledge of pain mechanisms in this syndrome. There are no costs to the subject for participating in this study. There is no direct benefit for the individual who will participate in the study. The benefits in terms of newly gained knowledge are potentially very valuable as this study will correlate the occurrence of chronic pain to a variety of immunological biomarkers and cognitive determinants.

# Contacts

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# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adolescents (12-15 years) Adolescents (16-17 years) Children (2-11 years)

### **Inclusion criteria**

- Age between 6 to 17 years
- Ability to speak and understand Dutch
- having been diagnosed with active JIA by their treating physician as defined by the ILAR-classification
- having the most severe arthritis in either face, hand, knee or foot

# **Exclusion criteria**

- monoarthritis of the hip
- serious injury to the body regions to be tested

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 Health problems such as Cystic Fibrosis, cancer, inflammatory bowel disease, drug or alcohol abuse; severe psychiatric disorder or dysfunction (e.g., major depression or generalized anxiety disorder requiring medical treatment)
Inability to understand the instructions

# Study design

### Design

Study type: Observational invasive		
Masking:	Open (masking not used)	
Control:	Uncontrolled	
Primary purpose:	Diagnostic	

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	18-02-2016
Enrollment:	80
Туре:	Actual

# **Ethics review**

Approved WMO	
Date:	06-05-2015
Application type:	First submission
Review commission:	METC NedMec
Approved WMO	
Date:	23-10-2015
Application type:	Amendment
Review commission:	METC NedMec
Approved WMO	
Date:	04-05-2016
Application type:	Amendment
Review commission:	METC NedMec

Approved WMO	
Date:	11-10-2017
Application type:	Amendment
Review commission:	METC NedMec

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register** CCMO **ID** NL49224.041.14