

Mental health from Preadolescence into Adulthood: Risk Concentration and Dilution, Turning Points and Unmet Needs (TRAILS)

Published: 02-07-2015

Last updated: 14-04-2024

* To examine the effects and interactions of individual and environmental factors on the onset and course of mental health problems in adolescents and young adults.* To examine the effects and interactions of individual and environmental factors on...

Ethical review	Approved WMO
Status	Recruiting
Health condition type	Other condition
Study type	Observational non invasive

Summary

ID

NL-OMON42161

Source

ToetsingOnline

Brief title

TRAILS

Condition

- Other condition
- Psychiatric disorders NEC
- Lifestyle issues

Synonym

(mental) health and social development

Health condition

lichamelijke gezondheidsproblemen, bijv. pijnklachten, astma

Research involving

Human

Sponsors and support

Primary sponsor: Universitair Medisch Centrum Groningen

Source(s) of monetary or material Support: Ministerie van OC&W, NWO, ZonMW en Europese Unie

Intervention

Keyword: adolescence, cohort study, etiology, mental health

Outcome measures

Primary outcome

not applicable

Secondary outcome

Not applicable

Study description

Background summary

Psychiatric disorders are common among adolescents and young adults, and constitute a major burden for the individuals involved as well as for their families and society as a whole. Still little is known about the etiological mechanisms underlying the development of psychiatric disorders and pathways leading to chronic problems. TRAILS offers a unique opportunity to study the interplay of biological, psychological, and social factors with respect to trajectories of (mental) health.

Study objective

- * To examine the effects and interactions of individual and environmental factors on the onset and course of mental health problems in adolescents and young adults.
- * To examine the effects and interactions of individual and environmental factors on the onset and course of physical health problems.
- * To identify cues for the development of more effective prevention and intervention strategies.

* To extend and disseminate knowledge about these topics.

Study design

TRAILS-CC (TRacking Adolescents* Individual Lives Survey - Clinical Cohort) is a longitudinal multidisciplinary cohort survey. The participants were 10-12 years old at the start of the study in 2001. During the fifth assessment wave, they will be 21-24 years old. Comparable to prior assessments waves, they will be requested to fill out a questionnaire. In addition, they will be invited for an interview and the assessment of length, weight, and hip-waist ratio.

Parents of the participants, as well as their partners (i.e., person with whom the participant has a romantic relationship for at least a month) will be asked to fill out a questionnaire as well.

The data collection phase is scheduled from September 2015 to December 2016.

Study burden and risks

There are no risks involved in filling out questionnaires and the bodily assessments. With regard to the interviews (mainly about life events), risks are highly unlikely as well. It cannot be excluded completely that specific topics evoke some emotions, but these emotions are virtually always mild and transient. Nevertheless, our interviewers will be trained in dealing with emotions appropriately and instructed to never leave a participant behind in a desperate situation. Furthermore, participants have the right to skip whatever parts of the study they don't feel up to.

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)

Elderly (65 years and older)

Inclusion criteria

Participation in TRAILS

Exclusion criteria

No participation in TRAILS

Study design

Design

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 24-09-2015

Enrollment: 543

Type: Actual

Medical products/devices used

Registration: No

Ethics review

Approved WMO

Date: 02-07-2015

Application type: First submission

Review commission: CCMO: Centrale Commissie Mensgebonden Onderzoek (Den Haag)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL52461.042.15