

# Comparison of VRS-317, a Long-acting Human Growth Hormone, to Daily rhGH in a Phase 3, Randomized, One-year, Open-label, Multi-center, Non-inferiority Trial in Pre-pubertal Children with Growth Hormone Deficiency.

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Primary Objective- Compare the safety and efficacy of subcutaneous somavaratan and daily rhGH during 12 months of treatment. Secondary Objective-Evaluate and compare changes in pharmacodynamic responses (IGF-I, IGF binding protein-3 (IGFBP-3), growth...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Hypothalamus and pituitary gland disorders
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON42218

### Source

ToetsingOnline

### Brief title

VELOCITY study

### Condition

- Hypothalamus and pituitary gland disorders

### Synonym

Growth hormone deficiency, small stature

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Versartis Inc.

**Source(s) of monetary or material Support:** sponsor

## Intervention

**Keyword:** child, deficiency, growth hormone

## Outcome measures

### Primary outcome

Primary efficacy endpoint

- Annual height velocity (cm/yr) after 12 months of treatment with either somavaratan, or daily rhGH

### Secondary outcome

Secondary efficacy endpoints

-IGF-I and IGFBP-3 responses to study drug administration

-changes in height standard deviation score, body weight, body mass index, bone age

## Study description

### Background summary

Growth Hormone Deficiency (GHD) in children results from a variety of genetic, neoplastic, inflammatory, post-traumatic and iatrogenic causes. Subjects with untreated childhood onset GHD will have significant growth failure with attainment of adult heights significantly less than five feet in many instances. In addition, there is abnormal body composition with decreased bone mineralization, decreased lean body mass and increased fat mass. Treatment with exogenous rhGH initiates a period of accelerated or "catch-up" growth that when begun at an early age allows attainment of normal adult height and body composition.

Somavaratan is a recombinant human growth hormone analog, designed to maintain active drug levels for longer period of time than current daily therapies. Daily therapy is currently the only approved treatment for adults and children with GHD. Long-acting GH offers the possibilities of many fewer injections, enhanced compliance and attainment of improved treatment outcomes.

## **Study objective**

### Primary Objective

- Compare the safety and efficacy of subcutaneous somavaratan and daily rhGH during 12 months of treatment.

### Secondary Objective

-Evaluate and compare changes in pharmacodynamic responses (IGF-I, IGF binding protein-3 (IGFBP-3), growth hormone binding protein (GHBP) and acid labile subunit (ALS)), bone age, weight, body mass index, height standard deviation scores, and anti-drug antibody (ADA) and neutralizing antibody (NAb) responses.

## **Study design**

This is a randomized, multi-center, open label study comparing study drug with commercial available treatment in a parallel group design.

## **Intervention**

Subjects will receive commercial available recombinant human growth hormone daily or somavaratan every 15 days during 1 year.

## **Study burden and risks**

### Burden and risk:

Pain, bruising or infection due to additional bloodsampling compared to standard of care, additional radiation exposure to less than 1 mSv due to an additional X-ray of the hand, requirement to keep a dosing record at home. An ECG twice; ECG patches could cause a transient rash.

### Benefit:

Increase in growth that is similar to that of standard of care. If assigned to the somavaratan treatment group less frequent treatment injections (twice per month) as compared to standard of care (daily)

## **Contacts**

### **Public**

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**Scientific**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Children (2-11 years)

### Inclusion criteria

1. Chronological Age  $\geq 3.0$  years and  $\leq 10.0$  (girls) and  $\leq 11.0$  (boys).;2. Pre-pubertal status: Absent breast development in girls, testicular volume  $< 4.0$  mL in boys.;3. Diagnosis of GHD as documented two or more GH stimulation test results  $\leq 10.0$  ng/mL.;4. Height SDS  $\leq -2.0$  at screening.;5. Weight for Stature  $\geq 10$ th percentile.;6. IGF-I SD score  $\leq -1.0$  at screening.;7. Delayed bone age ( $\geq 6$  months as determined by the central reader). Left hand X-Ray must be obtained within 90 days of screening visit or during screening.;8. Normal thyroid function test results at screening visit (or a minimum of four weeks of thyroxine replacement therapy prior to study drug administration).;9. Available adrenal function test results at screening visit (or in the preceding 6 months) in all subjects without a minimum of four weeks glucocorticoid replacement therapy prior to study drug administration. ;10. Pathology relating to cause of GH deficiency must be stable for at least 6 months prior to screening.;11. Legally authorized representatives must be willing and able to give informed consent.

## Exclusion criteria

1. Prior treatment with any growth promoting agent (e.g., GH, IGF-I, GH releasing hormone (GHRH), gonadotrophins, sex steroids). Up to 10 day exposures to a growth promoting agent for diagnostic purposes are permitted if administered 30 or more days prior to screening. ;2. Documented history of, or current, significant disease.;3. Chromosomal aneuploidy, significant gene mutations (other than those that cause GHD) or confirmed diagnosis of a named syndrome.;4. Birth weight and/or birth length less than 5th percentile for gestational age using gestational age growth charts.;5. A diagnosis of Attention Deficit Hyperactivity Disorder (ADHD), use of ADHD medications or a likelihood of starting ADHD medications during study participation.;6. Daily use of anti-inflammatory doses of glucocorticoid.;7. Prior history of leukemia, lymphoma, sarcoma or cancer.;8. Treatment with an investigational drug in the 30 days prior to screening.;9. Known allergy to constituents of the study drug formulation.;10. Ocular findings suggestive of increased intracranial pressure and/or retinopathy at screening.;11. Significant spinal abnormalities including scoliosis, kyphosis and spina bifida;variants.;12. Significant abnormality in screening laboratory studies.;13. Current social conditions which would prevent completion of study activities;(e.g., planned family move to a distant location).;14. History of pancreatitis or undiagnosed chronic abdominal pain.;15. History of spinal or total body irradiation.;16. Subjects with other pituitary hormone deficiency who are not treated properly.;17. Unwillingness to provide consent for participation in all trial activities.;18. Unwillingness to accept dose assignments.

## Study design

### Design

Study phase:	3
Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-04-2015

Enrollment: 4  
Type: Anticipated

## Medical products/devices used

Product type: Medicine  
Brand name: Genotropin Miniquick  
Generic name: Somatropin  
Registration: Yes - NL outside intended use  
Product type: Medicine  
Brand name: somavaratan  
Generic name: VRS-317

## Ethics review

Approved WMO  
Date: 23-03-2015  
Application type: First submission  
Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

Approved WMO  
Date: 03-09-2015  
Application type: First submission  
Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

Approved WMO  
Date: 21-10-2015  
Application type: Amendment  
Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

Approved WMO  
Date: 28-10-2015  
Application type: Amendment  
Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

Approved WMO  
Date: 22-01-2016  
Application type: Amendment  
Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

Approved WMO

Date:	03-06-2016
Application type:	Amendment
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)
Approved WMO	
Date:	20-06-2016
Application type:	Amendment
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
EudraCT	EUCTR2014-004525-41-NL
ClinicalTrials.gov	NCT02339090
CCMO	NL52440.091.15