# Adult survivors of childhood sexual abuse: how are they doing under psychological or psychiatric treatment? A study of the satisfaction of patients with a history of childhood sexual abuse regarding their psychological or psychiatric treatment in the Netherlands.

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The objective of this study is to get information about the satisfaction of people with a history of childhood sexual abuse with their psychological or psychiatric treatment in the Netherlands at this moment, to get information about a possible...

Ethical reviewApproved WMOStatusRecruitment stoppedHealth condition typeAnxiety disorders and symptomsStudy typeObservational non invasive

# Summary

### ID

NL-OMON42340

**Source** ToetsingOnline

**Brief title** Adult survivors of childhood sexual abuse: satisfaction with psychotherapy

# Condition

• Anxiety disorders and symptoms

#### Synonym

Complex Traumatic Stress Disorder, symptoms that arise from a history of childhood sexual

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abuse

**Research involving** Human

### **Sponsors and support**

Primary sponsor: Open Universiteit Nederland Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

Keyword: adult survivor, childhood sexual abuse, treatment satisfaction

### **Outcome measures**

#### **Primary outcome**

treatment satisfaction

#### Secondary outcome

symptom severity

self injurious or suicidal behavior

qualitative information about treatment satisfaction derived from interviews

# **Study description**

#### **Background summary**

Childhood sexual abuse can have far-reaching consequences for the victim. In the past, research reported deficiencies in the treatment of people with a history of sexual abuse especially when patients had severe problems like CPTSD and self-injurious and suicidal behavior. In the past decades, there has been growing attention for childhood sexual abuse, its consequences and evidence based treatment. Did this attention lead to a more satisfactory treatment?

#### Study objective

The objective of this study is to get information about the satisfaction of people with a history of childhood sexual abuse with their psychological or psychiatric treatment in the Netherlands at this moment, to get information about a possible connection between satisfaction with the treatment at the one

hand and symptom severity, self-injurious and suicidal behavior at the other hand, and, if necessary, to make suggestions for improvement of the treatment.

#### Study design

Participants are being recruited at internet forums, organizations of patients, and newspapers. There, information is given about the study, and a link to the questionnaire that is available on the internet.

Before people start the questionnaire, they get information about possible negative feelings that the questionnaire could give them, an they are asked to make a decision whether they do or don\*t want this. Also, they are told that they can stop completing the questionnaire at any moment. And they are given an adress and phonenumber from Stichting Korrelatie; they can contact Stichting Korrelatie if they feel a need for that. In the questionnaire, there are questions about symptoms, abuse history and judgment of the treatment. Completed questionnaires are saved in a datafile without information about the identity of the participant.

Also, there will be an interview with some participants who want this, about their experiences with treatment, to a maximum of about 25 interviews (the first 25 who apply for this). The interviews go on for about an hour, face-to-face with one of the investigators (Janneke Brederveld) on a location chosen by the participant. If necessary, the interviewer can refer to a therapist. The interviews will be recorded and written down. Afterwards, recordings will be destroyed. Participants can stop the inverwiew at any moment, and don\*t have to give a reason for that. They will get all this information before the interview.

#### Study burden and risks

Asking whether or not a participant has a history of childhood sexual abuse can be confronting for people having such a history. However, research shows that the majority of traumatized people participating in studies, do not regret or negatively evaluate the overall experience or even experience positive feelings (http://www.ncbi.nlm.nih.gov/pubmed/21681692); http://www.ncbi.nlm.nih.gov/pubmed/15633917).

# Contacts

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# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

Having a history of childhood sexual abuse; psychological or psychiatric treatment 2007 or later; being 18 years or older.

### **Exclusion criteria**

psychotic disorder

# Study design

### Design

Study type: Observational non invasiveMasking:Open (masking not used)Control:Uncontrolled

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Primary purpose:

Treatment

# Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	02-11-2015
Enrollment:	107
Туре:	Actual

# **Ethics review**

Approved WMO	
Date:	13-07-2015
Application type:	First submission
Review commission:	METC Z: Zuyderland-Zuyd (Heerlen)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register CCMO **ID** NL53245.096.15