

# Virtual Reality as pain relief during colonoscopies - Psychological factors related with the effect of Virtual Reality during colonoscopies

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Primary objective: to investigate which independent variables (gender, age, abdominal pain during previous month, previous abdominal surgery, fear, locus of control, coping and focused attention) were related to the patients which are able to...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Gastrointestinal conditions NEC
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON42393

### Source

ToetsingOnline

### Brief title

Psychological factors related with the effect of Virtual Reality

### Condition

- Gastrointestinal conditions NEC

### Synonym

Pain, Satisfaction

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Martini Ziekenhuis

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Colonoscopy, Pain, Psychological factors, Virtual Reality

## Outcome measures

### Primary outcome

a) the percentage of patients that is able to undergo colonoscopy with VR and without sedation up to the moment that the scoop reach the coecum, b) the identification of independent variables related to this percentage.

### Secondary outcome

a) the score for the overall pain level, b) the score for the pain level at the most painful moment, c) the score for the overall patients satisfaction level, d) the score for the overall doctors satisfaction level, e) the identification of independent variables related to the overall pain level and f) the identification of independent variables related to the overall patients satisfaction level.

## Study description

### Background summary

The final aim of using VR during colonoscopies, is to make unsedated colonoscopies more comfortable, to benefit the advantages of unsedated colonoscopies and to enlarge the amount of unsedated colonoscopies. Following the ongoing questionnaire (MEC 2013-42) and the finished pilot (RTPO-893), the current study will investigate which patients will benefit most from the effect of VR during colonoscopies.

### Study objective

Primary objective: to investigate which independent variables (gender, age,

abdominal pain during previous month, previous abdominal surgery, fear, locus of control, coping and focused attention) were related to the patients which are able to undergo colonoscopy with VR and without sedation up to the moment that the scope reaches the cecum.

Secondary objective: to investigate the level of pain and satisfaction and which independent variables were related with the level of pain and satisfaction.

## **Study design**

Based on the inclusion and exclusion criteria, the gastroenterologist selects the patients who are eligible for participation in this study. All participants undergo the same procedure. Data is gathered by questionnaires, attention task and observation.

## **Study burden and risks**

Because no sedation is used, there are no side effects related to the use of sedation. Thereby the recovery time is shorter, daily activities can be resumed earlier and patients can participate in traffic independently. Also costs for healthcare are lower because no sedation is used.

In addition to a certain time investment, the risk exists that the pain relief is insufficient by using VR and undergoing colonoscopy is (too) painful. Therefore, the possibility exists to ask for sedation during colonoscopy.

## **Contacts**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Age 18 years and older

Scheduled for colonoscopy

Mentally competent

Dutch speaking, reading and writing

Approval of attending physician

### Exclusion criteria

Severe comorbidity

Pregnant

Colonic stenosis

Physical limitations

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

## Recruitment

NL  
Recruitment status: Recruitment stopped  
Start date (anticipated): 18-08-2015  
Enrollment: 105  
Type: Actual

## Ethics review

Approved WMO  
Date: 21-07-2015  
Application type: First submission  
Review commission: RTPO, Regionale Toetsingscommissie Patientgebonden Onderzoek (Leeuwarden)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
CCMO	NL53709.099.15