# Clinical outcomes of primary debridement and tubularization in patients with longitudinal peroneal tendon tears: a long-term follow-up case series

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The objective of this study is to evaluate treatment of peroneal tendon tears with primary debridement and tubularization, regarding patient's return to sports and activity, patient reported outcome measure scores (PROMS) and patient\*s...

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Tendon, ligament and cartilage disorders
Study type	Observational non invasive

# Summary

### ID

NL-OMON42463

**Source** ToetsingOnline

**Brief title** Case series peroneal tendon tears

# Condition

• Tendon, ligament and cartilage disorders

#### Synonym

peroneal tendon rupture, peroneal tendon tear

#### **Research involving**

Human

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### **Sponsors and support**

Primary sponsor: Academisch Medisch Centrum Source(s) of monetary or material Support: Ministerie van OC&W

### Intervention

Keyword: Peroneal tendon, Sports medicine, Tendon injury, Tendon rupture

### **Outcome measures**

#### **Primary outcome**

Primary outcome measure is return to sport and activity.

#### Secondary outcome

Secondary outcome measures are range of motion, focal pain over the tendon

course and sensory loss, foot and ankle outcome score (FAOS), NRS pain score

and patient satisfaction.

# **Study description**

#### **Background summary**

Tears in the peroneal tendons are relatively common and can be very debilitating for the patient. Conservative management is often inadequate and operative treatment is required. However, little is known about the long-term outcomes of operative treatment in peroneal tendon ruptures.

#### **Study objective**

The objective of this study is to evaluate treatment of peroneal tendon tears with primary debridement and tubularization, regarding patient's return to sports and activity, patient reported outcome measure scores (PROMS) and patient\*s satisfaction.

#### Study design

A retrospective study will be performed.

#### Study burden and risks

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Patients will be asked to visit the Academic Medical Center (AMC) for a physical examination on both ankles and to fill out some questionnaires. No risks are involved with this research.

# Contacts

**Public** Academisch Medisch Centrum

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# **Trial sites**

### **Listed location countries**

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

\* Patients were diagnosed with a tear in one or both peroneal tendons

\* Patients underwent a peroneal tendon debridement and tubularization operation between 2003 and 2013.

\* Patients have a minimum follow-up of 2 years.

\* Patients have a minimum age of 18 years.

## **Exclusion criteria**

\* Patient had another treatment, including allograft or autograft transplantation and tenodesis

\* Patient had subsequent surgery with confounding meaningful post-operative outcome analysis

\* Patient had other comorbidities with confounding meaningful post-operative outcome analysis

# Study design

### Design

Study type: Observational non invasive		
Masking:	Open (masking not used)	
Control:	Uncontrolled	
Primary purpose:	Treatment	

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	17-09-2015
Enrollment:	84
Туре:	Actual

# **Ethics review**

Approved WMO	
Date:	28-08-2015
Application type:	First submission
Review commission:	METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register CCMO **ID** NL54202.018.15