# Blood volume changes in skeletal muscle measured with power Doppler ultrasound during whole body exercise: reproducability and validity.

Published: 23-12-2015 Last updated: 15-05-2024

To investigate day-to-day reproducibility and validity of PD for assessment of skeletal muscle blood flow during exercise.

Ethical reviewApproved WMOStatusRecruitment stoppedHealth condition typeOther conditionStudy typeObservational non invasive

# Summary

### ID

NL-OMON42467

**Source** ToetsingOnline

**Brief title** Blood volume changes in skeletal muscle.

### Condition

• Other condition

**Synonym** dysfunction arteries, vascular endothelium dysfunction

#### **Health condition**

endotheelfunctie arteriën

#### **Research involving**

Human

1 - Blood volume changes in skeletal muscle measured with power Doppler ultrasound d  $\ldots$  14-05-2025

### **Sponsors and support**

**Primary sponsor:** Maxima Medisch Centrum **Source(s) of monetary or material Support:** Stichting Vrienden van het Hart Zuidoost-Brabant en Stichting Maxima

#### Intervention

Keyword: blood volume, Exercise, power Doppler ultrasound, skeletal muscle

#### **Outcome measures**

#### **Primary outcome**

Reproducibility:

Difference and agreement (bias and limits of agreement) of changes in blood

volume assessed by PD in the vastus lateralis muscle during maximal and

submaximal exercise on two separate days.

#### Secondary outcome

Validity:

- Correlation between changes in PD-signal in the musculus vastus lateralis and

changes in blood flow (BF) in the afferent artery measured with pulsed wave

Doppler (PWD) during exercise.

- Correlation between changes in total hemoglobulin (tHb) measured with near

infrared spectroscopy (NIRS) and changes in PD-signal during exercise.

# **Study description**

#### **Background summary**

One of the factors that influence exercise performance is the ability to augment blood flow to skeletal muscles during exercise. Therefore, assessment of blood flow changes in exercising muscles may provide important information on physiological limitations of exercise capacity in individual subjects (e.g. athletes, chronic disease). As such, Power Doppler (PD) is a technique capable of measuring changes in moving blood volume and may therefore be useful to assess changes in skeletal muscle perfusion. However, before PD can be used in every clinical practice, it is important to investigate the day-to-day reproducibility and to validate the PD signal with proven techniques.

#### **Study objective**

To investigate day-to-day reproducibility and validity of PD for assessment of skeletal muscle blood flow during exercise.

### Study design

Prospective observational study without invasive measurements.

#### Study burden and risks

No adverse effects of submaximal cycling exercise performed by healthy subjects have been reported in literature, nor in our clinical experience. PD, NIRS and PWD are non-invasive measurements and therefore place no additional burden on the subjects. In order to set intensity for the submaximal exercise test, all subjects perform a maximal cardiopulmonary exercise test at baseline. For healthy subjects (without a cardiovascular condition) there's a very small risk on getting a ventricular arrhythmia or myocardial ischaemia during a maximal exercise test. With the inclusion of electrocardiographic analysis and blood pressure measurements on day 1 during the maximal exercise test, subjects with myocardial ischaemia and ventricular arrhythmias can be identified and excluded.

By performing these measurements, we will be able to evaluate the reproducibility and validity of PD.

# Contacts

Public Maxima Medisch Centrum

De Run 4600 Veldhoven 5504DB NL **Scientific** Maxima Medisch Centrum

De Run 4600 Veldhoven 5504DB

# **Trial sites**

### **Listed location countries**

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

Written informed consent Age 18-50 years Able to perform a maximal exercise test.

### **Exclusion criteria**

Subjects with risk of adverse events according to abnormal findings in physical examination or the Lausanne questionnaire.

Orthopaedic,cardio-vascular, pulmonary, neuromuscular and other diseases limiting exercise capacity.

# Study design

### Design

Study type: Observational non invasive<br/>Masking:Open (masking not used)Control:UncontrolledPrimary purpose:Diagnostic

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-02-2016
Enrollment:	38
Туре:	Actual

# **Ethics review**

Approved WMO	
Date:	23-12-2015
Application type:	First submission
Review commission:	METC Maxima Medisch Centrum (Veldhoven)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 24988 Source: Nationaal Trial Register Title:

### In other registers

Register	ID
ССМО	NL55046.015.15
OMON	NL-OMON24988

# **Study results**

Date completed: 30-06-2016

Actual enrolment: