# Minimal rest activity in a one-day stressfirst myocardial perfusion imaging setting using SPECT

Published: 11-01-2016 Last updated: 19-04-2024

To determine and validate the minimal rest tracer activity for accurate diagnosis in a one-day stress-first MPI SPECT setting.

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Coronary artery disorders
Study type	Observational non invasive

# **Summary**

#### ID

NL-OMON42543

**Source** ToetsingOnline

Brief title Minimal MPI rest activity

### Condition

• Coronary artery disorders

Synonym atherosclerotic heart disease, ischemic heart disease

#### **Research involving** Human

### **Sponsors and support**

#### Primary sponsor: Isala Klinieken Source(s) of monetary or material Support: via exploitatie

### Intervention

Keyword: Coronary artery disease, Myocard perfusion, Radiation Dose, SPECT

#### **Outcome measures**

#### **Primary outcome**

Minimal rest tracer activity for which no change in the following parameters is

seen in comparison to using the reference scan. 1) Change in tracer perfusion

deficit, a semi-quantitative outcome assessment, 2) change in any of the

17-segments representing the relative perfusion in the myocardium, and 3)

change in defects and type of defects as observed by blinded physicians

#### Secondary outcome

# **Study description**

#### **Background summary**

Myocardial perfusion imaging (MPI) remains important in the evaluation of patients with (suspected) coronary artery disease (CAD). Despite decades of experience and technical improvements, the tracer activity to administer in MPI using single photon emission computed tomography (SPECT) has remained the same over the years. SPECT studies consist of two tracer administrations, one during stress, and during rest. Recently, dose reductions of up to 60% of the stress injections have become feasible. In a one-day protocol a certain relation between the two injections is needed, but guidelines propose different ratios and hard evidence is lacking.

#### **Study objective**

To determine and validate the minimal rest tracer activity for accurate diagnosis in a one-day stress-first MPI SPECT setting.

#### Study design

Single center, diagnostic accuracy study using intra-individual comparisons of

2 - Minimal rest activity in a one-day stress-first myocardial perfusion imaging set ... 11-05-2025

SPECT scans.

#### Study burden and risks

The first 32 patients are only requested to lie in de SPECT scanner for 10 minutes instead of waiting in the waiting room.

For the last 32 patients the study will take one hour more than usual. Moreover, an additional tracer administration - which does not have any side effects - using the already installed infuse will be administered and these patients need to lie extra in the SPECT scanner for 5 minutes. By dividing the rest activity administration over two syringes, patients do not receive any additional tracer activity. Hence, they receive the same radiation dose as patients not participating in the study.

# Contacts

### Public

Isala Klinieken

Dr. Van Heesweg 2 Zwolle 8025AB NL **Scientific** Isala Klinieken

Dr. Van Heesweg 2 Zwolle 8025AB NL

# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

3 - Minimal rest activity in a one-day stress-first myocardial perfusion imaging set ... 11-05-2025

## **Inclusion criteria**

Have undergone stress myocard perfusion imaging using SPECT and undergo a clinically indicated rest SPECT

### **Exclusion criteria**

-No informed consent obtained -Age < 18 years

# Study design

### Design

Study type: Observational non invasive		
Masking:	Open (masking not used)	
Control:	Uncontrolled	
Primary purpose:	Diagnostic	

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	10-05-2016
Enrollment:	64
Туре:	Actual

# **Ethics review**

Approved WMO	
Date:	11-01-2016
Application type:	First submission
Review commission:	METC Isala Klinieken (Zwolle)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

**Register** CCMO **ID** NL54850.075.15