

# Validation and comparison of four smartphone-connected blood pressure monitors

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To validate and compare smartphone-connected blood pressure monitors produced by Withings, Qardio and iHealth with the gold standard and a validated automatic blood pressure monitor.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Vascular hypertensive disorders
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON42703

### Source

ToetsingOnline

### Brief title

Comparison of four smartphone-connected blood pressure monitors

### Condition

- Vascular hypertensive disorders

### Synonym

high blood pressure, hypertension

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Leids Universitair Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** blood pressure, cuff, monitor, smartphone

## Outcome measures

### Primary outcome

All blood pressure measurements by all devices.

### Secondary outcome

Not applicable

## Study description

### Background summary

Smartphone-connected blood pressure monitors are being released on the market. An independent study comparing the accuracy of these devices has not been done yet.

### Study objective

To validate and compare smartphone-connected blood pressure monitors produced by Withings, Qardio and iHealth with the gold standard and a validated automatic blood pressure monitor.

### Study design

Clinical trial in which 67 people will receive 18 blood pressure measurements by 6 different devices (three measurements per device)

### Study burden and risks

Not applicable

## Contacts

### Public

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)  
Elderly (65 years and older)

### **Inclusion criteria**

Population 1:

- young, healthy individuals

- age: 18-30;Population 2:

- patients with a STEMI and primary PCI one year or less ago at the time of their outpatient clinic visit.

### **Exclusion criteria**

Population 1:

- any diagnosed vasculitis

- any diagnosed congenital heart disease

- any first degree family member with a diagnosed inheritable cardiomyopathy;Population 2:

- patients with any diagnosed irregular cardiac arrhythmia

## Study design

### Design

Study type:	Observational non invasive
Intervention model:	Crossover
Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Diagnostic

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	28-05-2015
Enrollment:	67
Type:	Actual

## Ethics review

Approved WMO	
Date:	06-05-2015
Application type:	First submission
Review commission:	METC Leids Universitair Medisch Centrum (Leiden)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 21902  
Source: Nationaal Trial Register  
Title:

## In other registers

Register	ID
CCMO	NL52863.058.15
OMON	NL-OMON21902

## Study results

Date completed:	09-10-2015
Actual enrolment:	43

### Summary results

Trial is ongoing in other countries