# Analysis of the differential effects of anti thymocyte globulin (ATG) on lymphocyte subsets in patients with severe aplastic anemia

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\* To evaluate the in-vivo effects of standard treatment of ATG and cyclosporine on lymphocytes in patients with SAA.\* To evaluate persistence and binding capacity of circulating ATG derived antibodies in patients with SAA after treatment.\* To...

**Ethical review** Approved WMO **Status** Will not start

**Health condition type** Anaemias nonhaemolytic and marrow depression

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON42742

#### **Source**

ToetsingOnline

#### **Brief title**

ATG effects in Aplastic Anemia

#### **Condition**

• Anaemias nonhaemolytic and marrow depression

#### Synonym

severe aplastic anemia; acquired aplastic anemia

#### Research involving

Human

### **Sponsors and support**

**Primary sponsor:** Leids Universitair Medisch Centrum

1 - Analysis of the differential effects of anti thymocyte globulin (ATG) on lymphoc ... 6-05-2025

Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

**Keyword:** aplastic anemia, ATG (anti thymocyte globulin)

#### **Outcome measures**

### **Primary outcome**

Number and phenotype of circulating lymphocytes before, during and after

treatment with ATG

### **Secondary outcome**

Persistence and binding capacity of ATG derived antibodies

## **Study description**

### **Background summary**

Acquired severe aplastic anemia (SAA) is a rare, immune-mediated disease (incidence 2-3/million/year) characterized by a pancytopenia and an aplastic bone marrow. Immune suppressive treatment with Anti Thymocyte Globulin (ATG) combined with cyclosporine can induce responses up to six months after treatment. Although it was hypothesized that the working mechanism of ATG in SAA is based on its direct lympholytic effect on T cells, the ATG with the strongest anti T cell effect (Thymoglobulin) is less effective in SAA than the less T cell suppressive ATG forms (Lymphoglobulin and ATGAM). In order to find out whether direct effects of ATG on different subclasses of lymphocytes can explain the working mechanism of ATG in patients with SAA, an in-depth analysis will be done of circulating and bone marrow lymphocytes before, during and after treatment with ATG and levels and binding capacity of circulating ATG derived antibodies will be measured in SAA patients receiving standard treatment with ATG and cyclosporine.

### **Study objective**

- \* To evaluate the in-vivo effects of standard treatment of ATG and cyclosporine on lymphocytes in patients with SAA.
- \* To evaluate persistence and binding capacity of circulating ATG derived antibodies in patients with SAA after treatment.
- \* To compare these ATG effects on lymphocytes between SAA patients who do and
  - 2 Analysis of the differential effects of anti thymocyte globulin (ATG) on lymphoc ... 6-05-2025

who do not respond to treatment with ATG

### Study design

This is an observational study in which extra blood will be drawn for study purposes. One extra bone marrow will be done at two months after start of the treatment. The immunosuppressive treatment (IST) is regular care based on national Dutch guidelines.

#### Study burden and risks

Extra blood will be taken during regular blood examinations (in total 270 ml extra, divided over 6 time points in a 8 week period). One extra bone marrow examination will be done (30 ml)

### **Contacts**

#### **Public**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

## **Eligibility criteria**

#### Age

Adults (18-64 years)

3 - Analysis of the differential effects of anti thymocyte globulin (ATG) on lymphoc ... 6-05-2025

#### Elderly (65 years and older)

### Inclusion criteria

- Age 18 years or older
- Acquired aplastic anemia based on diagnosis criteria of the Dutch Guidelines for diagnosis and treatment of adult aplastic anemia
- Planned treatment with ATG

### **Exclusion criteria**

- Severe psychological disturbances.

## Study design

### **Design**

Study type: Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Will not start

Enrollment: 30

Type: Anticipated

## **Ethics review**

Approved WMO

Date: 27-01-2016

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

## **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL54168.058.15