

# Pelvic organ prolapse after laparoscopic uterus extirpation: postoperative long-term complication?

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The primary objective of this study is to review the incidence of pelvic organ prolapse after laparoscopic hysterectomy compared to vaginal hysterectomy.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Uterine, pelvic and broad ligament disorders
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON42869

### Source

ToetsingOnline

### Brief title

POP-UP

### Condition

- Uterine, pelvic and broad ligament disorders

### Synonym

pelvic organ prolapse, prolapse

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Maxima Medisch Centrum

**Source(s) of monetary or material Support:** Maatschap Gynaecologie MMC Veldhoven

## Intervention

**Keyword:** laparoscopic hysterectomy, pelvic organ prolapse, vaginal hysterectomy, vaginal vault prolapse

## Outcome measures

### Primary outcome

- Incidence of anatomic vault prolapse \* stage II
- Incidence of symptomatic vault prolapse (\* stage II + sensation of a bulge)
- Incidence of asymptomatic and treated vault prolapse (both conservative and surgical)

Same for prolapse in anterior and posterior compartment.

### Secondary outcome

Secondary study outcome

- Incidence of conservative treatment for POP: pelvic floor exercise, vaginal pessary
- Incidence of POP surgery: pelvic floor repair (anterior repair, posterior repair, vaginal vault lift by sacrospinous fixation or sacral colpopexy)
- POP symptoms using PFDI-20 questionnaire (Pelvic Floor Distress Inventory)
- POP-Q values

Parameters:

- Age
- Body Mass Index
- Type of hysterectomy
- Indication for hysterectomy

- Obstetric history (parity, macrosomia, age at first delivery)

## Study description

### Background summary

Hysterectomy in general is a proven risk factor for pelvic organ prolapse (POP), which can seriously discomfort women at any age and often results in surgical repair. Especially vaginal hysterectomy (VH) results in a high number of POPs, which is probably due to the relatively large amount of POP problems as indication for this type of surgery. Long-term studies for pelvic organ prolapse after the recently added laparoscopic approach have not yet been performed. Because the uterosacral ligaments have an important function for the level one support of the pelvic floor and are not harmed during laparoscopy, we believe that laparoscopic hysterectomy (LH) might result in less long-term POP problems compared to VH, when performed for the same, benign indication.

### Study objective

The primary objective of this study is to review the incidence of pelvic organ prolapse after laparoscopic hysterectomy compared to vaginal hysterectomy.

### Study design

A cross-sectional cohort study will be performed of patients who underwent laparoscopic or vaginal hysterectomy in a single center in the period of 1996 to 2004. The following items will be examined: prolapse treatment (both conservative and surgical), current pelvic floor complaints and observed POP on POP-examination. Therefore, a questionnaire (PFDI-20) and an invitation will be sent for the outpatient study clinic for a one-time pelvic floor exam using the POP-Q.

### Study burden and risks

Participation in the study entails a one-time questionnaire using the PFDI-20 scale and questions about other important variables (baseline characteristics, indication for hysterectomy, history of prolapse treatment, obstetric history) which will take approximately 15 minutes and secondly a single visit to our outpatient study department for a gynecological exam using the POP-Q. Subjects will not be at any risk of complications during this study. The POP-Q is a non-invasive, safe way to objectify pelvic floor problems. Subjects can however experience some discomfort during the exam. Though this study will not benefit the participators directly, it will increase our knowledge of the long-term risk of hysterectomy on the pelvic floor. It will eventually improve

risk-assessment, counseling and possibly also treatment of patients in the future.

## Contacts

### Public

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)  
Elderly (65 years and older)

### Inclusion criteria

- Women with laparoscopic or vaginal hysterectomy between 1996-2004
- Hysterectomy for benign indication
- Women who are still alive and mobile
- Women who are aged under 80 years
- Women who understand the Dutch language

## Exclusion criteria

- Subtotal or abdominal hysterectomy
- Hysterectomy for malignant disease
- Women who have passed away
- Women who are aged 80 years or older
- Women who do not understand the Dutch language

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Other

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 20-03-2017

Enrollment: 500

Type: Actual

## Ethics review

Approved WMO

Date: 24-02-2017

Application type: First submission

Review commission: METC Maxima Medisch Centrum (Veldhoven)

## Study registrations

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

ID: 20485

Source: Nationaal Trial Register

Title:

## In other registers

Register	ID
CCMO	NL60096.015.16
OMON	NL-OMON20485