

# Autonomic response detection through Non-invasive beat-to-beat recording during Self-blood pressure measurement In Adults

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Vascular hypertensive disorders
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON42901

### Source

ToetsingOnline

### Brief title

ANSIA

### Condition

- Vascular hypertensive disorders

### Synonym

blood pressure monitoring, hypertension

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Anxiety, Autonomic Response, Blood Pressure Monitoring, Hypertension

## Outcome measures

### Primary outcome

The principal parameter is the difference in the maximal BP response between subjects with and without previously established BP differences during self-measurement of at least 10/5 mmHg compared to baseline values.

### Secondary outcome

As secondary parameters we will consider the difference in HRV and BRS between subjects with and without incremental BP differences during self-measurement compared to basal values of at least 10/5 mmHg.

## Study description

### Background summary

The diagnosis of hypertension is hampered by intrinsic blood pressure (BP) variability and anxiety responses that may systematically influence BP measurement. Both influence the diagnostic value of BP measurement and the prediction of cardiovascular disease. Anticipating a BP reading could induce a pressor response at home as may happen in the clinic. Such an \*auto-cuff\* response may be less significant during ambulatory BP measurement, where recording is nearly continuous and less influenced by emotional factors such as anxiety. We recently showed that differences between home and ambulatory BP do not relate to hypertensive organ damage. In addition, patients with a difference between home and ambulatory BP more frequently had a white coat effect. This suggests that anxiety responses upon the self-measurement of BP may exist. However, at present evidence regarding the possibility of such an \*auto cuff \*response based on the self-measurement of BP is lacking.

### Study objective

The main goal is to assess differences in the maximal BP response compared to baseline using beat-to-beat registration of BP between subjects with and without established differences between home and ambulatory BP of at least 10/5 mmHg. As a secondary objectives we will assess the difference in HRV and BRS between subjects with and without incremental BP differences between home and ambulatory BP of at least 10/5 mmHg.

## **Study design**

This study is designed as a single centre, one visit only, observational study. After screening for eligibility and given informed consent, all subjects will undergo cardiovascular risk assessment. Thereafter, all subjects will undergo a 30 minutes continuous non-invasive finger arterial BP recording and meanwhile 10 consecutive self-BP measurements.

## **Study burden and risks**

The results of this study will contribute to improve the quality of BP monitoring and to better understand the characteristics of self-BP measurement responses in order to better identify susceptible subjects. Individual subjects will gain no direct benefit from this study. The risk and burden of participating in this study is negligible since all the measurements that will be performed are safe and non-invasive and the study comprises only one visit of approximately 1 hr.

## **Contacts**

### **Public**

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## **Trial sites**

## Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Any subject who was previously enrolled in the home vs ambulatory BP study (AMSTERDAM study, NL 40014.018.12)

### Exclusion criteria

- \* Pregnancy
- \* Severe heart rate irregularities of any cause
- \* Not able to follow instructions for BP measurement for any reason
- \* Inability or unwillingness to comply with the protocol requirements, or deemed by investigator to be unfit for the study

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 12-05-2016

Enrollment: 50

Type:

Actual

## Ethics review

Approved WMO

Date:

26-04-2016

Application type:

First submission

Review commission:

METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register**

**ID**

CCMO

NL57135.018.16