

# ConfidenHTTM system safety and performance of diagnostic electrical mapping of renal nerves in hypertensive patients and/or potential candidates for a renal sympathetic denervation (RDN) procedure

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In this study the safety and performance of diagnostic electrical mapping of renal nerves by means of the ConfidenHt console and catheter is assessed in patients who are hypertensive and/or potential candidates for a renal sympathetic denervation (...)

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Other condition
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON43150

### Source

ToetsingOnline

### Brief title

ConfidenHT

### Condition

- Other condition

### Synonym

High blood pressure, hypertension

### Health condition

Hypertensie

## **Research involving**

Human

## **Sponsors and support**

**Primary sponsor:** Pythagoras Medical Ltd.

**Source(s) of monetary or material Support:** Pythagoras Medical Ltd.

## **Intervention**

**Keyword:** Hypertension, Renal angiography, Renal nerve mapping, Renal sympathetic denervation

## **Outcome measures**

### **Primary outcome**

The incidence of serious adverse events (system and/or procedure related events).

### **Secondary outcome**

Arterial blood pressure changes to renal nerve stimulation.

## **Study description**

### **Background summary**

Hypertension (high blood pressure) is an epidemic, affecting nearly a billion people worldwide. The current firstline therapy for hypertension involves change in lifestyle and various medications. However, 20-35% of the patients does not respond to this treatment and fail to reach target blood pressure values. Without effective treatment, the medical condition of these uncontrolled hypertensive patients deteriorates, hence necessitating secondline therapies, including renal sympathetic denervation (RDN) RDN is a new potential treatment option for patients with hypertension. With an ablation catheter some of the nerves located near the renal artery can be destroyed leading to a reduction in the activity of the nervous system that is responsible for the high blood pressure. However, while this therapy proved to be very safe, a significant proportion of the patients proved not to respond in terms of blood pressure lowering. An important reason for the failure of the

therapy is the fact that both the location and the activity of the nerves cannot be visualized with the currently available technology. The technology under evaluation allows mapping of the renal nerves for providing guidance that will allow the physician to performing a targeted RDN therapy that will potentially increase treatment efficacy.

## **Study objective**

In this study the safety and performance of diagnostic electrical mapping of renal nerves by means of the ConfidenHt console and catheter is assessed in patients who are hypertensive and/or potential candidates for a renal sympathetic denervation (RDN) procedure.

## **Study design**

This study is designed as a multi-center, prospective, open label, single arm safety study to evaluate the ConfidenHt system. It consists of a screening, an intervention and a follow up period.

## **Intervention**

Through a puncture of the groin (under local anesthesia) a catheter is advanced towards the renal artery around which several nerves are located which play an important role in the control of blood pressure. The physician will aim to visualize (map) these nerves by means of the ConfidenHT system.

## **Study burden and risks**

Only patients with an already planned diagnostic coronary angiography and/or a renal sympathetic denervation procedure will be considered potential candidates for the study. With both procedures there is a specific and small risk of complications. The additional risks due to participation in this study is therefore very small. For patients undergoing a coronary procedure an additional risk of damage to the renal artery exists (described in  $\pm 1:200$  patients) The additional risk of nerve stimulation with the ConfidenHT system, which is the purpose of the trial, will be very small as no ablation will be performed for the purpose of the study.

## **Contacts**

### **Public**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Signed written informed consent.
- Age >18 years and <75.
- Either:
  - o Hypertensive patients planned to undergo elective cardiac catheterization
  - o Potential candidates for renal sympathetic denervation
- Main renal artery with diameter  $\geq 4.0$ mm.
- Glomerular Filtration Rate (GFR)  $\geq 45$ .
- A patient who is mentally competent with the ability to understand and comply with the requirements of the study.
- The patient agrees to attend all follow-up evaluations and is willing to complete required exams and tests.

### Exclusion criteria

- Previous participation in another study with any investigational drug or device within the past 30 days.
- Relevant renal artery disease (% diameter stenosis  $>30\%$ , aneurysm or fibromuscular dysplasia).

- Known secondary causes of hypertension.
- The patient has a life expectancy \* 12 months.
- The patient has undergone prior renal denervation, renal stenting, and/or abdominal aortic stent grafts.
- The patient has chronic oxygen use other than nocturnal support for sleep apnea.
- The patient has type I diabetes mellitus.
- The patient has had a previous organ transplant or is awaiting a renal transplant.
- Active implantable medical device (e.g. ICD or CRT-D; neuromodulator/spinal stimulator; baroreflex stimulator).
- The patient has triple ipsilateral artery ostia.
- Moderate to severe valvular heart disease.
- The patient has other concomitant conditions that may adversely affect the patient or the study outcome.
- Female who is pregnant, nursing or planning to become pregnant.
- Documented contraindication or allergy to contrast medium not amenable to treatment.

## Study design

### Design

**Study type:** Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 19-10-2016

Enrollment: 10

Type: Actual

### Medical products/devices used

Generic name: ConfidenHTTM System

Registration: No

## Ethics review

Approved WMO

Date: 23-12-2016

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
ClinicalTrials.gov	NCT02777216
CCMO	NL58523.078.16