# Perceptual and neurophysiological characteristics of intermittent tinnitus

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Ethical review	Approved WMO
Status	Will not start
Health condition type	Aural disorders NEC
Study type	Observational non invasive

## Summary

#### ID

NL-OMON43168

**Source** ToetsingOnline

**Brief title** Neural networks in intermittent tinnitus

## Condition

• Aural disorders NEC

**Synonym** Ringing in the ears

**Research involving** Human

## **Sponsors and support**

Primary sponsor: Keel-, Neus- en Oorheelkunde Source(s) of monetary or material Support: NWO

## Intervention

Keyword: Auditory perception, MRI, Psychoacoustics, Tinnitus

## **Outcome measures**

#### **Primary outcome**

Part 1: the dynamic characteristics of intermittent tinnitus, such as the

percentage of time the tinnitus is ON, the duration of the ON and OFF

intervals, variability of these parameters within and across participants.

Part 2: The difference between brain connectivity patterns with tinnitus ON and

OFF in participants with intermittent tinnitus and the differences in

comparison to participants with continuous tinnitus.

#### Secondary outcome

Not applicable.

# **Study description**

#### **Background summary**

Tinnitus is a very common and potentially devastating condition. It is related to peripheral hearing loss. A key hypothesis is that tinnitus is caused by changes in brain function as a result of hearing loss. Clinical evidence suggest that tinnitus may not constitute a single entity. Instead, tinnitus may comprise several subgroups of tinnitus, who\*s pathophysiology is currently unknown. One specific tinnitus subgroup may be intermittent tinnitus. Participants with intermittent tinnitus describe changes in the loudness of their tinnitus over the course of a day, between days, or from week to week. They may be free of tinnitus on some days (tinnitus \*OFF\*), and may be heavily bothered on other days (\*ON\*). Earlier studies, on participants with continuous tinnitus, showed that tinnitus is related to abnormal functional connectivity in the brain. That is, the brain connectivity is abnormal in comparison to participants without tinnitus. This study further investigates whether these abnormalities occur in a similar fashion in intermittent tinnitus, and whether they appear only when the tinnitus is ON. Alternatively, the abnormal brain activity may not be related to the tinnitus percept itself and simply reflect a brain state that is prone to generate tinnitus.

#### **Study objective**

The study consists of two parts.

Objective 1 to document the day by day changes of tinnitus that participants with intermittent tinnitus experience. This objective is aimed for in part 1 of the study. In addition, this part allows the selection of a subgroup that is compatible with the scanning protocol in part 2.

Objective 2: to document whether the changes in tinnitus co-occur with changes in functional brain connectivity, and whether brain connectivity patterns differ from those in participants with continuous tinnitus.

#### Study design

Observational study.

#### Study burden and risks

Part 1: Participants receive an iPhone/Android app, which they use for 30 days. The app prompts them 3 times per day to fill in a brief questionnaire on their tinnitus. Filling in the questionnaires takes about 15 seconds. This has no benefit to the participant, except that the app provides an overview of results to the participants that is informative about their own tinnitus characteristics.

Part 2: A subgroup of participants from part 1 will be invited to participate in an fMRI experiment. This involves filling in 5 standard clinical questionnaires (30 minutes), 1 standard MRI compatibility questionnaire (5 minutes), measuring an audiogram (20 minutes) and two fMRI session in a 3.0 Tesla MRI scanner (30 minutes each). This part provides no individual benefit to the patient. We rate the inconvenience as mild. None of the procedures expose the participants to known risks.

## Contacts

**Public** Selecteer

Hanzeplein 1

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Groningen 9700 RB NL Scientific Selecteer

Hanzeplein 1 Groningen 9700 RB NL

## **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

## **Inclusion criteria**

Aged 18 - 75 years. Experiencing intermittent tinnitus for group 1. Experiencing continuous tinnitus for group 2. Written informed consent.

## **Exclusion criteria**

Non-compatibility with MRI e.g. pacemaker, neurostimulator, insulinpump, stents, clips, any metal implants, an implanted hearing aid etc. Non conformance to inclusion criteria. Reported medical, neurological, or psychiatric disorders (excluding tinnitus and hearing loss).

## Study design

## Design

Study type:

Observational non invasive

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Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Basic science

## Recruitment

NL	
Recruitment status:	Will not start
Enrollment:	220
Туре:	Anticipated

# **Ethics review**

Approved WMO	
Date:	16-08-2016
Application type:	First submission
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO	
Date:	18-12-2017
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

#### **Register ID**

CCMO NL58152.042.16

Other NTR nummer is nog niet toegekend, de studie is aangemeld en in afwachting van toekenning van NTR nummer