# Unraveling the genetic causes of carpal tunnel syndrome

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**Ethical review** Approved WMO **Status** Will not start

**Health condition type** Musculoskeletal and connective tissue disorders congenital

**Study type** Observational invasive

# **Summary**

## ID

NL-OMON43331

#### Source

**ToetsingOnline** 

#### **Brief title**

Genetic research of CTS

#### Condition

Musculoskeletal and connective tissue disorders congenital

## **Synonym**

Carpal tunnel syndrome

## Research involving

Human

# **Sponsors and support**

Primary sponsor: Universiteit Antwerpen, België

**Source(s) of monetary or material Support:** Europees project (SYBIL)

#### Intervention

**Keyword:** Carpal tunnel syndrome, Genetic research

## **Outcome measures**

## **Primary outcome**

Mutation spectrum of patients suffering from CTS

## **Secondary outcome**

Not applicable

# **Study description**

## **Background summary**

Carpal tunnel syndrome (CTS) is the most common form of peripheral entrapment neuropathy with a high socio-economic impact on both patient and society. Although CTS occurs in ~4% of the population, its pathogenesis remains largely unclear. In the majority of patients no specific cause or underlying condition can be found. This idiopathic form of CTS is often clustered within families and has a heritability of 0.46, indicating that genetic factors must play a role in the pathogenesis of this disorder. The aim of our study is to further elucidate the role of genetic factors in the pathogenesis of CTS. These new insights may enhance early diagnosis and provide new therapeutic measures for CTS.

## **Study objective**

The aim of our study is to further elucidate the role of genetic factors in the pathogenesis of CTS by genetic and functional research.

- -Objective 1: Unravel the mutational spectrum of genes in patients with idiopathic CTS
- -Objective 2: Evaluation of pathways of interest in carpal tunnel syndrome
- -Objective 3: Study of the role of genes of interest in the pathogenesis of bone abnormalities

## Study design

Blood samples will be collected from individuals with CTS for genetic research purposes. During carpal tunnel release surgery, tissue samples (skin,

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subsynovial connective tissue, tranversal carpal ligament) will be collected for funtional validation of interesting genetic variants.

## Study burden and risks

#### Burden:

- 1x informed consent
- 1x questionnaire
- 1x blood sample
- 1 x biopsy of the skin, subsynovial connective tissue, transversal carpal ligament (during carpal tunnel release, no extra incision needed)
- 1x photocopy of both hands

#### **Risks**

Giving a blood sample can be unpleasant since a needle needs to be inserted in the skin. Formation of a bruise can occur.

Since the transversal carpal ligament will be split during carpal tunnel release, no risks are involved in collecting small tissue biopsies.

Participation in the study can cause concerns about the heritability of CTS in the family. When the patient has concerns, the principal investigator can be contacted. If wanted, the investigator can contact the genetic councelor who will answer the patients questions to one's best ability. A photocopy of the hands will not have any health effects.

# **Contacts**

#### **Public**

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#### **Scientific**

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# **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

## **Inclusion criteria**

- carpal tunnel syndrome
- age: 18+

## **Exclusion criteria**

Diabetes mellitus

- Amyloïdosis
- Hyperthyroidism
- · Rheumatoid arthritis
- Acromegaly
- · Lysosomal storage disease
- Obesitas
- Trauma
- Tumor at the level of the wrist
- Injections at the level of the wrist
- Pregnancy

# Study design

# **Design**

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

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Primary purpose: Basic science

Recruitment

NL

Recruitment status: Will not start

Enrollment: 150

Type: Anticipated

# **Ethics review**

Approved WMO

Date: 10-11-2016

Application type: First submission

Review commission: METC Isala Klinieken (Zwolle)

Approved WMO

Date: 31-07-2017
Application type: Amendment

Review commission: METC Isala Klinieken (Zwolle)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL57485.075.16