# The long-term follow-up interferon- $\alpha$ treatment for chronic hepatitis B infection

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To study the long-term effects of interferon-α treatment for chronic hepatitis B patients

infection.

**Ethical review** Approved WMO **Status** Recruiting

**Health condition type** Hepatic and hepatobiliary disorders

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON43380

Source

ToetsingOnline

**Brief title** 

**ELITE-B** study

#### **Condition**

Hepatic and hepatobiliary disorders

#### **Synonym**

Chronic hepatitis B infection

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Stichting Leveronderzoek

Source(s) of monetary or material Support: Stichting Leveronderzoek

#### Intervention

Keyword: (Peg)interferon treatment, Chronic hepatitis B infection

#### **Outcome measures**

#### **Primary outcome**

Functional cure of hepatitis B infection: loss of Hepatitis B surface Antigen +/- seroconversion to anti-HBs positivity.

#### **Secondary outcome**

- Initial response: HBeAg loss within 12 months of the end of IFN therapy
- Sustained response: no requirement for retreatment between the time of initial response and the end of follow-up
- Serologic response at the end of follow-up:
- o HBeAg loss +/- seroconversion
- Virological response at the end of follow-up
- o HBV DNA <2,000 IU/mL
- o HBV DNA <20 IU/mL (complete viral suppression)
- Combined response at the end of follow-up
- o HBeAg loss +/- seroconversion & HBV DNA <2,000 IU/mL
- o HBeAg loss +/- seroconversion & HBV DNA <20 IU/mL
- Biochemical response at the end of follow-up
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- Death
- Liver-related death
- Liver transplantation (LTx)
- Hepatocellular carcinoma (HCC)
- Liver decompensation (LD; variceal bleeding, ascites, and/or hepatic

encephalopathy)

# **Study description**

#### **Background summary**

Several meta-analyses have described that interferon- $\alpha$  treatment for chronic hepatitis B infection reduces hepatitis B-related morbidity and mortality, but these studies have analyzed the results of studies of which the median follow-up duration does not exceed 10 years. It is essential to obtain additional information regarding durability of response, functional cure, and CHB-related events occurring over 10 years after treatment, as increasing age and longer duration of infection are important risk factors for HCC and other HBV complications.

#### Study objective

To study the long-term effects of interferon- $\alpha$  treatment for chronic hepatitis B patients infection.

#### Study design

Combination of a retrospective cohort study, with transsectional prospective data-collection in a minority of patients. Only patients who have been discharged from medical follow-up in the past will be invited for a single visit to our clinic for medical history taking and blood withdrawal. Some patients will be asked for written informed consent to draw additional blood during this particular procedure of venepuncture.

#### Study burden and risks

The study parameters are already available in almost all patients who have been treated per protocol in previous studies, or who are still being treated within a standard of care setting. Patients will be asked to donate blood only if ALT and/or the virologic parameters are older than 6 months. The risks for these subjects are related to blood withdrawal, and concern possible local bruising and low risk of local infection. There is no direct benefit for the subjects.

## **Contacts**

#### **Public**

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**Scientific** 

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

- Chronic hepatitis B infection, defined as HBsAg positivity >=6 months
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- Interferon- $\alpha$  (conventional, or peginterferon- $\alpha$ ) treatment between 1978 and 2014

#### **Exclusion criteria**

A potential subject who meets any of the following criteria will be excluded from participation in this study for analysis of the endpoints of morbidity and mortality only:

- patients who have been diagnosed with hepatitis C (HCV), hepatitis delta (HDV) or human immunodeficiency virus (HIV) coinfection , as coinfections are associated with more severe liver disease

## Study design

### **Design**

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 11-08-2016

Enrollment: 40

Type: Actual

## **Ethics review**

Approved WMO

Date: 01-04-2016

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam

(Rotterdam)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL56347.078.15