

# Foot complaints in patients undergoing total hip or knee arthroplasty (THA or TKA)

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To determine:\* The occurrence of foot and ankle complaints in patients who are undergoing THA or TKA\* The occurrence of radiographic OA of the forefoot, midfoot and ankle in patients who are undergoing THA or TKA\* The association between foot and...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Joint disorders
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON43530

### Source

ToetsingOnline

### Brief title

Foot complaints in patients undergoing total hip or knee arthroplasty

### Condition

- Joint disorders
- Bone and joint therapeutic procedures

### Synonym

hip artroplasty, hipprothesis, knee artroplasty, kneeprothesis

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Rijnland Ziekenhuis

**Source(s) of monetary or material Support:** Fonds Wetenschapscommissie Alrijne

Ziekenhuis

## Intervention

**Keyword:** footcomplaints, total hip arthroplasty, total knee arthroplasty

## Outcome measures

### Primary outcome

Assessments will be done at baseline (pre-operatively) and one year

postoperative,

Main outcome parameters are:

- FOAS

- FFI

- extra questions will evaluate multi-joint involvement, foot and ankle

complaints and the presence of comorbidities like polyneuropathy. Also the use of orthopaedic insoles or modified/custom-made shoes and previous trauma will be asked

Besides patients will be asked for additional preoperative basic foot and ankle radiographic examination. These X-rays are done at the preoperative visit and will consist of an anterior-posterior view, a lateral view and a Mortise-view of each foot. Foot and ankle X-rays are scored using the Kellgren and Lawrence score.

Moreover all patients will have physical foot and ankle examination on the attendance of signs of osteoarthritis by the presences of clawus, hammer-toes or hallux valgus.

### Secondary outcome

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Secondary parameters are the LOAS questionnaires:

Knee or hip functioning (HOOS/KOOS and Oxford Hip/Knee Score, Knee instability questionnaire); physical activity (Sport, hobbies and volunteering questionnaire and Dutch Norm of Healthy Exercise / Fitstandard, accelerometer); work status; Quality of life (SF-12 and EQ-5D); patient satisfaction; health care usage; radiological outcome (post-operative femorotibial angle (knee) and alignment of the stem and inclination of the cup (Hip) and post-operative complications.

Determinants of outcome are: sociodemographic characteristics (age, sex); comorbidities (comorbidity questionnaire, Charnley classification and ASA classification); frailty (>70 years of age: Groningen Frailty Index); pre-operative use of pharmacological and non-pharmacological treatment for hip or knee pain; outcome expectations (the New York Hospital for Special Surgery Questionnaire);

## Study description

### Background summary

The number of people undergoing total hip or total knee surgery is growing. The majority of these patients has a favorable outcome with respect to pain, function and quality of life. In a small group of patients however the results are disappointing, between 7-34%. Until now, despite the availability of hip and knee registries and a considerable number of studies on the outcomes in terms of prosthesis survival, hip and knee function and quality of life, few studies have focused on the impact of total hip and knee surgery on societal participation (physical activity, sports, paid and unpaid work) and on health care usage, including rehabilitation.

The LOAS study, started in Leiden in 2014, is focused on the possible predictors in outcome after THA or TKA surgery. The reported foot and ankle complaints are most likely to be related to foot and ankle osteoarthritis as

this condition is relatively common. However, so far little is known on the presence of clinical and radiological foot and ankle osteoarthritis in patients undergoing Total Hip or Knee Arthroplasty (THA/TKA).

## **Study objective**

To determine:

- \* The occurrence of foot and ankle complaints in patients who are undergoing THA or TKA
- \* The occurrence of radiographic OA of the forefoot, midfoot and ankle in patients who are undergoing THA or TKA
- \* The association between foot and ankle complaints and the severity of radiographic OA of the forefoot, midfoot and ankle and presurgery and postsurgery outcomes.

## **Study design**

This study is an addition to the Longitudinal Leiden Orthopedics and Outcomes of Osteoarthritis Study (LOAS), a larger prospective, multicenter cohort study including patients undergoing primary THA or TKA. The current project will have a prospective design and will only run in the Alrijne Hospital for a limited time period of 12 months starting in Februari 2016. All patients scheduled for THA or TKA and are taking part in the LOAS study (minimum of 178 THA patients and 178 TKA patients with hip or knee osteoarthritis, our aim is 200 patients in each group) are eligible for the present study. This sample size is determined on 178 in each group (THA and TKA) based on a power of 0.80 and an effect size of 0.3 (medium).

## **Study burden and risks**

This study is observational in nature, is embedded in standard treatment (primary total hip or total knee surgery in patients with hip or knee osteoarthritis) and consists of questionnaires (FFI and FAOS with supplement questions) which patients can answer when at the pre-operative contact. The extent of the burden and risk of the patients is nil.

The additional five X-rays of the foot and ankle (Mortise view, AP and Lateral view) will add an effective dose of  $3,47 \times 10^{-4}$  mSv of radiation.

The highest mortality risk due to radiation based tumours is  $8.27 \times 10^{-7}\%$ . So the increase of effective dose is nil.

## **Contacts**

### **Public**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### **Inclusion criteria**

All patients scheduled for THA or TKA and are taking part in the LOAS study (minimum of 178 THA patients and 178 TKA patients with hip or knee osteoarthritis, our aim is 200 patients in each group) are eligible for the present study.

### **Exclusion criteria**

< 18 year of age

not capable of answering the questionnaires

not capable of understanding Dutch language

## **Study design**

## Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-04-2016

Enrollment: 400

Type: Anticipated

## Ethics review

Approved WMO

Date: 06-07-2016

Application type: First submission

Review commission: METC Leids Universitair Medisch Centrum (Leiden)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

**Register**

CCMO

**ID**

NL56450.058.16