# Cancer@Work; a nurse-led web-based intervention to enhance the return-to-work of cancer survivors - a multi-center randomised controlled trial

Published: 16-06-2015 Last updated: 15-05-2024

To enhance sustainable return to work of cancer survivors of working age.

**Ethical review** Approved WMO

**Status** Recruitment stopped

Health condition type Miscellaneous and site unspecified neoplasms benign

Study type Interventional

# **Summary**

#### ID

NL-OMON43598

#### Source

ToetsingOnline

### **Brief title**

Cancer@Work

#### **Condition**

• Miscellaneous and site unspecified neoplasms benign

#### **Synonym**

Cancer

## Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Academisch Medisch Centrum

Source(s) of monetary or material Support: Alpe D'HuZes / KWF

## Intervention

**Keyword:** Cancer survivors, Cost-effectiveness, Return to work, Web-based intervention

### **Outcome measures**

## **Primary outcome**

Sustainable return to work measured as return to work (yes/no) which is sustained for at least four consecutive weeks. Return to work is regardless of partial return to work (working a part of contract hours) or full return to work (working all contract hours).

## **Secondary outcome**

Full return to work (working all contract hours) for at least four consecutive weeks.

Time in days to return to work (yes/no) for at least four consecutive weeks.

Return to work is regardless of partial return to work (working a part of contract hours) or full return to work (working all contract hours).

Time in days to full return to work (working all contract hours) for at least four consecutive weeks.

Work ability

Work limitations

Quality of life

Quality of work life

Return to work without extensive need for recovery

Cost-effectiveness of the web-based intervention Cancer@Work

Feasibility of the web-based intervention Cancer@Work

Intermediate effect of the intervention on self-management and work-related

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# **Study description**

## **Background summary**

In the last decades, the survival rates of cancer have improved significantly for most cancer types. For that reason, a growing number of cancer survivors of working age is now able to remain in or return to work. However, a considerable number of cancer patients still experience difficulties getting back to work or becoming unemployed. It is important to diminish these adverse work outcomes for cancer patients, as work is a key aspect of cancer survivorship and as work is associated with higher levels of quality of life in cancer patients. To reduce these negative consequences for cancer patients as well as for the society at large, we developed an intervention to support return to work in cancer patients. The hypothesis is that the patients who receive the web-based intervention will have better work outcomes at 12 months of follow-up compared to patients who receive care as usual.

## Study objective

To enhance sustainable return to work of cancer survivors of working age.

## Study design

Multi-centre non-blinded randomised controlled trial.

#### Intervention

The intervention consists of access to the web-based intervention, Cancer@Work, which will be blended with care by their specialised nurse or social worker. Cancer@Work, is a interactive, personal website, aimed at enhancing the return to work of cancer survivors by means of tailor-made information, assignments and movies. Patients will be supported in their use of Cancer@Work by their specialised nurse or social worker of their treating hopsital.

## Study burden and risks

There are no risks associated with participation. The web-based intervention is developed, build and will be hosted by the ICT department of the AMC.

Since the use of the web-based intervention is not prescribed in terms of length, frequency, and duration, the burden to participate is variable.

Patients themselves decide when to use the web-based intervention and which content. The web-based intervention will be available for 12 months. The burden to participate for all patients will be 4.30 hours for filling in 5 questionnaires spread during the 12 months of follow-up.

## **Contacts**

#### **Public**

Academisch Medisch Centrum

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**Scientific** 

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

Primary diagnosis of cancer Treated with curative intent at the hospital of recruitment Between 18-62 years old In paid employment or self-employed at cancer diagnosis

## **Exclusion criteria**

Have a severe co-morbidity
Have no Internet access
Are not able to speak, read, and write Dutch sufficiently well
Receiving primary treatment in another hospital than hospital of recruitment.

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

**Primary purpose:** Treatment

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 09-09-2015

Enrollment: 190

Type: Actual

## **Ethics review**

Approved WMO

Date: 16-06-2015

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 26-06-2015

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 26-08-2015

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 11-11-2015

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 23-12-2015

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 16-02-2016

Application type: Amendment

Review commission: METC Amsterdam UMC

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

ID: 24044 Source: NTR

Title:

## In other registers

Register ID

CCMO NL51798.018.14 OMON NL-OMON24044