

Family Check-Up. A pilotstudy of a preventive family intervention for youth with behavioral and/or emotional problems in regular and special educational schools.

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1. To develop a Dutch version of the FCU, adapted to the Dutch cultural context and target group of youth with psychological and/or behavioral problems in regular and special education2. To evaluate the implementability of the FCU in the Netherlands...

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Other condition
Study type	Interventional

Summary

ID

NL-OMON44228

Source

ToetsingOnline

Brief title

Family Check-Up

Condition

- Other condition

Synonym

Substance use; psychosocial problems

Health condition

middelengebruik en psychosociale problemen

Research involving

Human

Sponsors and support

Primary sponsor: Trimbos-instituut

Source(s) of monetary or material Support: FNO

Intervention

Keyword: family intervention, prevention, substance use, vulnerable youth

Outcome measures

Primary outcome

Family conflict (child report for 10-14 year olds, parent report for 6-9 year olds). The instrument has been successfully applied in earlier studies on the FCU in the U.S.

Secondary outcome

Parenting, monitoring, schoolperformance, coping, psychological and behavioral problems, relationship with peer, psychological health of the parents.

Study description

Background summary

In the Netherlands, evidence based, preventive family interventions for children with emotional or behavioral problems, that are short and accesible, are scarce. Youthcare organisations have expressed the wish to improve the care for those families by a more outreaching approach. For that, they need a protocolled, low threshold and evidence based method, which also reaches 'difficult' groups like low SES families and ethnic minority families. The Family Check-Up, which is developed in the USA, seems to be a promising approach for this purpose. In this project we aim to adapt the Family Check-Up to the Dutch context en target group and to assess the implementability and the effects.

Study objective

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1. To develop a Dutch version of the FCU, adapted to the Dutch cultural context and target group of youth with psychological and/or behavioral problems in regular and special education
2. To evaluate the implementability of the FCU in the Netherlands in order to be able to support and advise on a possible wider implementation of the FCU in the Netherlands in the future
3. To assess the effects of the FCU on family factors (which are expected to mediate the effects of the FCU on alcohol use and smoking) among youth (6-14 years) with mild intellectual disabilities and/or psychological and/or behavioral problems.

Study design

In order to study the three aims we will use:

Ad 1: Intervention mapping

Ad 2: Process evaluation

Ad 3: Pre-post design (75 families, 2 follow-up measurements at 3 and 6 months).

Intervention

The Family Check-Up is a short family intervention consisting of 3 sessions: (1) interview (2) assessment (3) feedback session. Both child and parents take part in all three sessions.

Study burden and risks

Three sessions of one hour each and two follow up measurements consisting of a questionnaire for both child and parent of approx. 20 minutes. The sessions and administration of the questionnaire will take place at the home of the family. The risks for negative effects are considered very small (also based on experiences with the FCU in the US).

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adolescents (12-15 years)

Adolescents (16-17 years)

Adults (18-64 years)

Children (2-11 years)

Elderly (65 years and older)

Inclusion criteria

Adolescent:

- 6-14 years

- emotional and/or behavioral problems and/or borderline or mild intellectual disability,

• 6 t/m 14 jaar

• Emotionele en/of gedragsproblemen bij het kind

• Sterk vermoeden dat ouderfactoren een rol spelen in de problematiek of kunnen bijdragen aan het oplossen daarvan

Exclusion criteria

A caregiver assesses the problems of the adolescent and his/her family. When these problems are too complex, the Family Check-Up will not be offered. These families will be referred to more intensive types of care.

Study design

Design

Study type: Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Prevention

Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 24-10-2017

Enrollment: 75

Type: Actual

Ethics review

Approved WMO

Date: 14-09-2017

Application type: First submission

Review commission: METC NedMec

Approved WMO

Date: 25-10-2017

Application type: Amendment

Review commission: METC NedMec

Approved WMO

Date: 14-12-2017

Application type: Amendment

Review commission: METC NedMec

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL61692.041.17