# Peri-operative Energy and Protein BALANCE in colorectal cancer patients undergoing a liver resection

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Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Other condition
Study type	Observational invasive

# Summary

### ID

NL-OMON44421

**Source** ToetsingOnline

Brief title PEP Balance

### Condition

• Other condition

**Synonym** peri-operative energy balance

### **Health condition**

peri-operational energy balance + cancer cachexia

#### **Research involving**

Human

1 - Peri-operative Energy and Protein BALANCE in colorectal cancer patients undergoi ... 30-05-2025

### **Sponsors and support**

**Primary sponsor:** Wageningen Universiteit **Source(s) of monetary or material Support:** Ministerie van OC&W,under consideration of Nutricia Research Foundation

### Intervention

Keyword: energy balance, nutrition, peri-operative, protein balance

### **Outcome measures**

#### **Primary outcome**

Main study parameters are energy balance (calculated as difference between food

intake and energy expenditure and from changes in body composition), body

composition (measured using DEXA, CT and BIA), metabolic markers (measured in

fat and muscle biopsies), biochemical markers (measured in blood/serum), muscle

function parameters (grip strength and measured in a biopsy) and gene

expression (transcriptomic and PCR analyses of fat and muscle biopsies).

### Secondary outcome

Not applicable

# **Study description**

#### **Background summary**

Undernutrition in hospitalized patients defined as low BMI (BMI < 18.5) or unintended weight loss, poses a risk for increased morbidity and mortality. The prevalence of undernutrition in surgical patients is estimated to be 25%-40%. To reduce undernutrition, optimal perioperative nutritional support in hospitalized patients is needed. Therefore, an accurate estimate of energy expenditure during different stages in the peri-operative process is relevant. In cancer patients, cachexia plays an additional role in the maintenance of energy balance and protein balance. Cachexia is a complex metabolic syndrome characterized by clinically relevant loss of muscle mass with or without loss of fat mass. In cachexia, restoring the balance between energy intake and energy consumption is key to a proper treatment program1. Currently, not much is known on the additional negative effects of a surgical procedure on energy metabolism in patients with a tumor that can induce cachexia.

### **Study objective**

The first aim of this study is to investigate and validate energy expenditure using DLW in colorectal cancer patients before and after a liver resection and to estimate energy balance from the change in body composition. The second main aim of the study is to investigate the relation between energy metabolism, changes in body composition as measured by repeated CT-scans and the functional and metabolic parameters influencing cachexia.

### Study design

Observational study

### Study burden and risks

The condition of the patients and the planned operation can cause adverse effects. However, we expect no additional risk for the subjects due to the proposed measurements. For the sampling of blood, there is a small risk of bruising. Harvest of biopsies occurs during the planned operation and is not expected to cause a significant increase in burden for the patient. All other measurements are non-invasive, observational measurements with no risk of any harmful side effects.

# Contacts

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# **Trial sites**

### **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

- Colon cancer with liver metastases.
- Eligible for a liver resection procedure.

### **Exclusion criteria**

- Being abroad for more than one week during the month preceding the surgery
- Suffering from malabsorption
- Having an artificial cardiac pacemaker
- Laparoscopic surgery

# Study design

### Design

Study type: Observational invasive	
Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Basic science

### Recruitment

NL Recruitment status:

**Recruitment stopped** 

4 - Peri-operative Energy and Protein BALANCE in colorectal cancer patients undergoi ... 30-05-2025

Start date (anticipated):	30-12-2016
Enrollment:	10
Туре:	Actual

# **Ethics review**

Approved WMO Date:	25-11-2014
Date.	
Application type:	First submission
Review commission:	METC Wageningen Universiteit (Wageningen)
Approved WMO	
Date:	08-06-2015
Application type:	Amendment
Review commission:	METC Wageningen Universiteit (Wageningen)
Approved WMO	
Date:	17-12-2015
Application type:	Amendment
Review commission:	METC Wageningen Universiteit (Wageningen)
Approved WMO	
Date:	14-03-2016
Application type:	Amendment
Review commission:	METC Wageningen Universiteit (Wageningen)
Approved WMO	
Date:	15-12-2016
Application type:	Amendment
Review commission:	METC Wageningen Universiteit (Wageningen)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register

ССМО

**ID** NL50557.081.14