# DOBi biobank: Biobank for Dutch Older Bipolar patients

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Primary: To further characterize a cohort of older patients with bipolar disorder, including clinical features, cognition, social functioning, need of care, family history and inflammation

markers. Secondary: To investigate the effects of aging on...

**Ethical review** Approved WMO **Status** Will not start

Health condition type Manic and bipolar mood disorders and disturbances

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON44565

#### Source

**ToetsingOnline** 

**Brief title**DOBi biobank

#### **Condition**

Manic and bipolar mood disorders and disturbances

#### **Synonym**

bipolar disorder, manic-depressive

#### Research involving

Human

## **Sponsors and support**

Primary sponsor: Vrije Universiteit Medisch Centrum

Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

**Keyword:** bipolar disorder, blood, genetics, older patients

#### **Outcome measures**

#### **Primary outcome**

exploration of relation between pro-inflammatory cytokines (IL-6) and stage of

bipolar disorder

#### **Secondary outcome**

none

## **Study description**

#### **Background summary**

Despite the decreasing prevalence of bipolar disorder with age, the absolute number of bipolar elderly will increase substantially in the coming years due to ageing of the total population. To date research on characteristics, course and need of care is largely lacking, so to tailor psychiatric treatment programs for older patients with bipolar disorder research is is warranted. In 2012 we investigated 101 bipolar elderly patients attending an out-patient clinic by clinical interviewing to establish their psychopathology, social and cognitive functioning, quality of living and unmet needs in care. Following our older bipolar patients over time will provide data on the effects of aging on their cognitive functioning, physical health and the course of their psychiatric symptoms. Our dynamic cohort will increase our statistical power to study older bipolar patients on different aspects and provide unique longitudinal data on these patients.

Next to questionnaires for clinical phenotyping we want to set up a rich biobank.

#### **Study objective**

Primary: To further characterize a cohort of older patients with bipolar disorder, including clinical features, cognition, social functioning, need of care, family history and inflammation markers.

Secondary: To investigate the effects of aging on cognitive functioning, physical health and the course of psychiatric symptoms in older patients with

bipolar disorder in a naturalistic longitudinal cohort.

#### Study design

Patients participating in DOBi, a dynamic cohort of older patients with bipolar disorder using questionnaires for clinical phenothyping will be requested to participate.

#### Study burden and risks

There will be a one time blood draw of 18 ml. There is no risk as this will be combined with blood draw for regular care in most cases.

## **Contacts**

#### **Public**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

## **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Patients will be included in the study only if the diagnostic procedure (described next) ascertained a diagnosis of bipolar 1 disorder (DSM-IV-TR: 296.00-.06, 296.40-.46, 296.50-.56, 296.60-.66, 296.7), bipolar 2 disorder (DSM-IV-TR: 296.89), or bipolar disorder NOS (DSM-IV-TR: 296.80).

#### **Exclusion criteria**

Patients unable to provide written informed consent due to inability to communicate in Dutch or English, mental retardation (defined as IQ below 70), poor cognition (Mini Mental State Examination (MMSE) below 18) or clinical diagnosis of dementia, or a highly unstable psychiatric condition (e.g. current compulsory admission) were excluded.

## Study design

## **Design**

Study type: Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled
Primary purpose: Basic science

#### Recruitment

NL

Recruitment status: Will not start

Enrollment: 300

Type: Actual

## **Ethics review**

Approved WMO

Date: 23-01-2018

Application type: First submission

Review commission: METC Amsterdam UMC

## **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL62873.029.17