# Beginning to unravel the cause of familial hypercholesterolemia of unknown origin (FH4)

Published: 05-10-2017 Last updated: 19-03-2025

To unravel the cause(s) of the FH phenotype in patients with no mutations in well-established

lipid genes (LDLR, APOB, PCSK9).

**Ethical review** Approved WMO **Status** Recruiting

**Health condition type** Lipid metabolism disorders **Study type** Observational invasive

# **Summary**

#### ID

NL-OMON44591

#### Source

ToetsingOnline

**Brief title**BEAVER

#### **Condition**

· Lipid metabolism disorders

#### Synonym

Familial hypercholesterolemia

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Vidi grant [016.156.445] from the

Netherlands Organisation for Scientific Research (NWO)

#### Intervention

**Keyword:** Cholesterol, Familial hypercholesterolemia, Genetics, LDL

#### **Outcome measures**

#### **Primary outcome**

The main study parameters are novel mutations/SNP\*s associated with hypercholesterolemia, methylation of target genes, DNA expression, (semi-)quantification of proteins (proteomics), (semi-)quantification of metabolites (e.g. lipids/fatty acids) in FH4 patients compared with matched controls

## **Secondary outcome**

nvt

# **Study description**

#### **Background summary**

Familial hypercholesterolemia (FH) is characterized by increased low density lipoprotein (LDL) cholesterol and increased cardiovascular risk. There are 3 known genes (LDLR, ApoB, PCSK9) in which mutations can lead to the FH phenotype (FH1 to 3 respectively). However, in approximately 5-10% of patients such a mutation cannot be found, despite family-based linkage studies (the so called FH4 group). Therefore, a more elaborate approach is deemed necessary, where data derived from the genome, epigenome, transcriptome, proteome, and metabolome are combined to find novel genes and metabolic pathways in lipid metabolism.

## **Study objective**

To unravel the cause(s) of the FH phenotype in patients with no mutations in well-established lipid genes (LDLR, APOB, PCSK9).

## Study design

Matched case-control study.

2 - Beginning to unravel the cause of familial hypercholesterolemia of unknown origi ... 3-05-2025

## Study burden and risks

Patients will be subjected to venous blood sampling (60 ml total). A subgroup of FH4 cases, those on lipid lowering therapy for primary prevention, might be asked to participate again after a washout period of 4 weeks of those medication. This will result in temporarily higher LDL-C levels, mildly increasing the risk for CVD. However, we think that this additional risk is minimal in the light of a life time exposure to high LDL-C levels in FH4 patients.

## **Contacts**

#### **Public**

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# **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

- Diagnosis of familial hypercholesterolemia based on Dutch Lipid Clinic Network criteria (Nordestgaard et al. 2013) in combination with a negative DNA-testing (mutations in LDLR, ApoB, PCSK9).
- Untreated LDL-cholesterol levels of > 95th percentile for age and gender, or between 20-60th percentile for family controls
- >18 years of age

## **Exclusion criteria**

- Heavy alcohol use
- Dysthyroidism
- Renal insufficiency (creatinine >150 μmol/L)
- Diabetes mellitus

# Study design

## **Design**

Study type: Observational invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Primary purpose: Basic science

#### Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 16-01-2018

Enrollment: 200
Type: Actual

# **Ethics review**

Approved WMO

Date: 05-10-2017

Application type: First submission

4 - Beginning to unravel the cause of familial hypercholesterolemia of unknown origi ... 3-05-2025

Review commission: METC Amsterdam UMC

Approved WMO

Date: 01-04-2021

Application type: Amendment

Review commission: METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

ID: 27045 Source: NTR

Title:

# In other registers

Register ID

CCMO NL62407.018.17 OMON NL-OMON27045