

# Feasibility of holmium-166 microspheres for selective intra-tumoural treatment in head and neck cancer: biodistribution and safety in patients with malignancy of the oral cavity (the HIT study)

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Miscellaneous and site unspecified neoplasms malignant and unspecified
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON45143

### Source

ToetsingOnline

### Brief title

HIT study

### Condition

- Miscellaneous and site unspecified neoplasms malignant and unspecified
- Head and neck therapeutic procedures

### Synonym

squamous cell carcinoma of the oral cavity

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Utrecht

**Source(s) of monetary or material Support:** KWF subsidie

## Intervention

**Keyword:** holmium microspheres, intra-tumoural, oral cavity cancer

## Outcome measures

### Primary outcome

The primary endpoint is the total amount of activity in the tumor (in percentage). We consider a leakage of \* of the injected activity from the tumor the maximum acceptable leakage. Therefore we consider this treatment feasible, if the detected activity in the tumor is more than two third of the injected activity.

### Secondary outcome

Secondary endpoints include adverse events occurring between the time of administration until resolution of the adverse events, and determination of radioactivity and holmium content in a blood and urine sample after administration. Furthermore, the biodistribution of <sup>166</sup>Ho-microspheres after intra-tumoural injection will be studied ex-vivo with micro CT and histology.

## Study description

### Background summary

Patients with an early stage (T1-2) oral squamous cell carcinoma (OSCC) < 4 cm receive local surgery. Morbidity and functional loss may be significant. Local treatment by intra-tumoural injection of radioactive <sup>166</sup>Ho-microspheres may

result in effective treatment for downscaling of the tumour. Subsequently limited surgical resection associated with less morbidity could be a possibility. The feasibility, biodistribution, safety and efficacy of this approach will be tested in this clinical study.

## **Study objective**

The main objective is to establish the feasibility of  $^{166}\text{Ho}$ -microspheres for intra-tumoural injections in OSCC by defining the total amount of leakage. The secondary objectives are to assess the safety profile by recording the adverse events, and radioactivity and holmium content in a blood and a urine sample after administration. In addition, the biodistribution of  $^{166}\text{Ho}$  -microspheres in the tumour after intra-tumoural injection will be studied ex-vivo with micro CT and histology.

## **Study design**

Observational with invasive measurements, first-in-man, non-randomized, open label, non-comparative, proof of concept study.

## **Intervention**

$^{166}\text{Ho}$ -microspheres will be injected in the tumour under ultrasound guidance using a needle and syringe with microsphere suspension. This intervention will be performed under local anaesthesia one week before the planned surgery in a \*treat-and-resect\* protocol.

## **Study burden and risks**

The burden and risk associated with participation in this study is expected to be moderate due to;

- \* The injected activity will be a factor  $>200$  less compared to the HEPAR study on hepatic radioembolization (30 MBq versus approximately 6000 MBq).
- \* The risk of radionecrosis to healthy neighbouring tissue is minimal because 90% of the dose will be absorbed within 3.2 mm.
- \* No severe adverse events were observed in  $>40$  animal patients with more challenging anatomy, treated with much higher activities (factor 10).
- \* Incorrect administration will be avoided in clearly visible and palpable tumours of the oral cavity.
- \* Even after complete leakage in the gastrointestinal system or in the case of IV injection no theoretical risk exists on serious adverse events.

During an outpatient visit, the patients will receive a radioactive  $^{166}\text{Ho}$ -microspheres suspension, injected in the tumour under local anaesthesia. Furthermore, MR and SPECT/CT imaging will be performed after administration, and a blood and urine sample will be collected before discharge.

## Contacts

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

1. Patients must have given written informed consent.
2. Aged 18 years and over.
3. Confirmed histological diagnosis of squamous cell carcinoma of the oral cavity.
4. TNM-stage T1-2 Nx M0.
5. Eligible for local surgery with curative intent.
6. World Health Organization (WHO) Performance status 0-2.

### Exclusion criteria

1. Previous oncologic surgery and/or external beam radiation therapy on the tongue and oral floor.

2. Major surgery (oral cavity) within the past 4 weeks or incompletely healed surgical incisions before starting study therapy.
3. Any unresolved toxicity greater than National Cancer Institute (NCI), Common Terminology Criteria for Adverse Events (CTCAE version 4.03) grade 2 from previous anti-cancer therapy.
4. Pregnancy or nursing (women of child-bearing potential).
5. Patients suffering from psychic disorders that make a comprehensive judgment impossible, such as psychosis, hallucinations and/or depression.
6. Previous enrolment in the present study.

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 31-08-2016

Enrollment: 10

Type: Actual

### Medical products/devices used

Generic name: QuiremSpheres

Registration: Yes - CE outside intended use

## Ethics review

Approved WMO

Date: 17-11-2015

Application type: First submission

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

Approved WMO

Date:	15-03-2017
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Utrecht (Utrecht)
Approved WMO	
Date:	18-10-2017
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Utrecht (Utrecht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL54535.041.15