

# Early treatment of central serous retinopathy by photodynamic therapy. A randomized controlled trial.

Published: 24-12-2009

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To determine the outcome in CSR patients comparing treatment with PDT versus observation.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Retina, choroid and vitreous haemorrhages and vascular disorders
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON45189

### Source

ToetsingOnline

### Brief title

CSR & PDT

### Condition

- Retina, choroid and vitreous haemorrhages and vascular disorders

### Synonym

central serous retinopathy

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Oogziekenhuis Rotterdam

**Source(s) of monetary or material Support:** Stichting Wetenschappelijk Onderzoek Oogziekenhuis (SWOO)

## Intervention

**Keyword:** central serous retinopathy, photodynamic therapy, poor prognostic factors

## Outcome measures

### Primary outcome

Visual acuity at 1 year.

### Secondary outcome

Metamorphopsia, color vision, recurrence, presence of persistent subretinal fluid on OCT, lesion size on autofluorescence imaging.

## Study description

### Background summary

There is no agreement concerning the early treatment of central serous retinopathy (CSR). In literature, clinical case series using PDT show favorable results. No randomized controlled trials however exist. In the last trial \*Long term follow-up of central serous retinopathy. An observational case series\* (protocol OZR-2007-02, MEC-2007-105) prognostic factors available at first presentation could be identified. As a result of these findings, this protocol proposes a randomized controlled trial in patients with CSR with poor prognostic factors. Patients will be randomized between an observational and an early PDT treatment arm. In the observational arm, patients with persistent lesions at 3 months will be treated with PDT in agreement with current standard of care.

### Study objective

To determine the outcome in CSR patients comparing treatment with PDT versus observation.

### Study design

Prospective randomized controlled trial.

### Intervention

PDT versus observation.

### **Study burden and risks**

Risks are considered to be small. Study-related visits and/or time: extra visits (3 & 4) at 3 & 6 months; extra time 4X30 minutes (visits 1, 3, 4 and 5).

## **Contacts**

### **Public**

Oogziekenhuis Rotterdam

Schiedamse Vest 180

Rotterdam 3011 BH

NL

### **Scientific**

Oogziekenhuis Rotterdam

Schiedamse Vest 180

Rotterdam 3011 BH

NL

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### **Inclusion criteria**

Age > 18 years.

Informed consent.

Poor prognostic acute CSR.

## Exclusion criteria

History of CSR in either eye.

Allergy to fluorescein dyes.

Allergy to visudyne.

Opaque ocular media, impairing regular fundus imaging

Other ocular disorder possibly reducing visual acuity

## Study design

### Design

Study phase: 3

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

**Primary purpose:** Treatment

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 24-08-2010

Enrollment: 60

Type: Actual

### Medical products/devices used

Product type: Medicine

Brand name: Visudyne

Generic name: verteporfine

Registration: Yes - NL outside intended use

## Ethics review

Approved WMO

Date: 24-12-2009

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

Approved WMO

Date: 25-03-2010

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

Approved WMO

Date: 20-04-2017

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

Approved WMO

Date: 02-05-2017

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register**

EudraCT

CCMO

**ID**

EUCTR2009-017959-98-NL

NL30929.078.09