

# Renal Functional Imaging for Non-invasive Evaluation and Diagnostics

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|                              |                        |
|------------------------------|------------------------|
| <b>Ethical review</b>        | Approved WMO           |
| <b>Status</b>                | Pending                |
| <b>Health condition type</b> | Other condition        |
| <b>Study type</b>            | Observational invasive |

## Summary

### ID

NL-OMON45267

### Source

ToetsingOnline

### Brief title

ReFINED

### Condition

- Other condition
- Nephropathies

### Synonym

chronic kidney disease, loss of kidney function

### Health condition

hypertensie

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Utrecht

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Functional MRI, Inulin clearance, Kidneys, Renal function

## Outcome measures

### Primary outcome

Agreement between GFR as measured with MRI and GFR as measured with inulin clearance.

### Secondary outcome

NA

## Study description

### Background summary

Currently, diagnostic possibilities in nephrology are limited, time-consuming or invasive. Therefore, there is an urgent need for additional non-invasive diagnostic tools. Renal functional Magnetic Resonance Imaging (fMRI) is a promising modality to fulfil this need. In contrast to computed tomography (CT), MRI is based on magnetic fields and makes no use of radiation. A validated MR technique to measure renal blood flow (RBF) already exists. Furthermore, a technique has been developed to measure single kidney glomerular filtration rate (skGFR) without the use of contrast agents. Of this, the glomerular filtration rate (GFR) of both kidney\*s combined can be derived, a measure frequently used clinically.

### Study objective

In this pilot study, we aim to validate MR-measurement of GFR to gold standard clearance measurements in subjects with a range of different GFRs: namely chronic kidney disease (CKD) patients, hypertensive patients and healthy subjects.

### Study design

In all subjects, both an MRI examination consisting of measurement of skGFR and RBF and clearance measurements will be performed on the same study day.

### **Study burden and risks**

Subjects are subjected to a one hour MRI scan in a clinical MRI scanner. There are no known risks associated with MRI, beside temporary dizziness and claustrophobia. No contrast is needed. For clearance measurements, inulin is used. Risks associated with this agent is negligible. Clearance measurements can be experienced as demanding due to their duration, the installation of two intravenous access sites, frequent blood and urine collection and infusions. Blood will be sampled via one of the two intravenous access sites (in total 33 mL), to prevent the need for repeated venipuncture.

## **Contacts**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

## Inclusion criteria

- Subject is  $\geq 18$  years of age
- Subject agrees to have all study procedures performed, and is competent and willing to provide written, informed consent to participate in this clinical study; Exclusively for subjects in the CKD group:
- Subject has a GFR of 30-60 ml/min/1.73 m<sup>2</sup> ; Exclusively for subjects in the hypertension group:
- Subject has a systolic blood pressure of  $\geq 140$  mmHg and/or a diastolic blood pressure of  $\geq 90$  mmHg based on average of 3 office blood pressure readings, or a 24-h ambulatory blood pressure of  $\geq 140$  mmHg systolic and/or  $\geq 90$  mmHg diastolic; or is on antihypertensive medication
- Subject has no treatable secondary cause of hypertension
- Subject has no medical record of impaired kidney function (as defined by a GFR  $< 60$  ml/min/1.73m<sup>2</sup>); Exclusively for healthy volunteers:
- Subject has no medical record of impaired kidney function (as defined by a GFR  $< 60$  ml/min/1.73m<sup>2</sup>)
- Subject has no medical record of hypertension (as defined by a systolic blood pressure of  $\geq 140$  mmHg and/or a diastolic blood pressure of  $\geq 90$ ; or the use of antihypertensive medication)
- Subject can be age matched within a range of  $\pm 5$  years to one or more subjects in the CKD and hypertension groups

## Exclusion criteria

- Subject has an allergy or intolerance to any of the agents used in the study
- Subject has any contraindications for MRI according to screening protocol radiology department UMCU
- Subject is pregnant, nursing or planning to be pregnant
- Subject has a known, unresolved history of drug use or alcohol dependency, lacks the ability to comprehend or follow instructions, or would be unlikely or unable to comply with study follow-up requirements
- Subject refuses to be informed of chance findings possibly relevant to their health
- Subject is currently being treated with drugs that cause salt retention (e.g., systemic corticosteroids and fludrocortisone); Exclusively for healthy volunteers and hypertensive subjects:
- Subject has no known renal disease

## Study design

## Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

## Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 05-03-2020

Enrollment: 35

Type: Anticipated

## Ethics review

Approved WMO

Date: 06-03-2018

Application type: First submission

Review commission: METC NedMec

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

| Register | ID             |
|----------|----------------|
| CCMO     | NL61078.041.17 |