

# Platelet activation and responsiveness in patients with acute exacerbations of chronic obstructive pulmonary disease (AE-COPD)

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To determine: 1) baseline platelet activation, 2) platelet responses to stimulation with different platelet agonists, 3) formation of platelet-monocyte complexes), 4) effects on plasmatic coagulation, 5) soluble markers of platelet activation and...

|                              |                           |
|------------------------------|---------------------------|
| <b>Ethical review</b>        | Approved WMO              |
| <b>Status</b>                | Recruitment stopped       |
| <b>Health condition type</b> | Coronary artery disorders |
| <b>Study type</b>            | Observational invasive    |

## Summary

### ID

NL-OMON45449

### Source

ToetsingOnline

### Brief title

AE-COPD reactivity

### Condition

- Coronary artery disorders
- Bronchial disorders (excl neoplasms)

### Synonym

COPD - obstructive lung disease

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** PhD student wordt betaald uit een subsidie van het longfonds

## Intervention

**Keyword:** cardiovascular risk, COPD, platelet activation

## Outcome measures

### Primary outcome

1/2) Platelet activation: platelet expression of the platelet activation marker CD62P (P-selectin) and binding of fibrinogen to the activated fibrinogen receptor (\*IIb\*3) at baseline and upon stimulation with different platelet agonists. 3) Platelet-monocyte complexes. 4) Tissue factor (TF) triggered thrombin generation. 5) Soluble (plasma) markers of platelet activation and inflammatory cytokines.

### Secondary outcome

Please see the section primary study parameters

## Study description

### Background summary

Chronic obstructive pulmonary disease (COPD) is known for development of severe cardiovascular co-morbidities. Systemic inflammation is thought to play a role in development of cardiovascular disease. During acute exacerbations of COPD (AE-COPD), systemic inflammation increases considerably. Systemic inflammation drives activation of immune cells, including platelets. Upon activation, P-selectin is released by platelets and bound to the platelet surface, enabling formation of platelet-monocyte complexes (PMCs), an early process in atherothrombosis. Fibrinogen release from platelets effectuates clot formation, platelet aggregation and adhesion of platelets to the vascular endothelial surface. In COPD, platelet function in AE-COPD is scarcely studied. This study

aims to address this gap by investigating platelet function and coagulation in patients with AE-COPD and after convalescence.

### **Study objective**

To determine: 1) baseline platelet activation, 2) platelet responses to stimulation with different platelet agonists, 3) formation of platelet-monocyte complexes), 4) effects on plasmatic coagulation, 5) soluble markers of platelet activation and inflammation, in patients with AE-COPD and after convalescence.

### **Study design**

This study is designed as an exploratory observational cohort study involving adult patients with an acute exacerbation of COPD by the department of respiratory diseases in Radboudumc and UCCZ Dekkerswald.

### **Study burden and risks**

Participation in this study involves one venipuncture during an AE-COPD and one venipuncture during a regular follow-up visit to the outpatient clinic. The total amount of blood drawn for study purposes is 24mL. The burden is limited and risks are minimal, as venipuncture is generally considered safe.

## **Contacts**

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## **Trial sites**

## Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

In order to be eligible to participate in this study the COPD subjects must meet all of the following criteria:

- \* >40 years
- \* Spirometry confirmed diagnosis of COPD (i.e. post-bronchodilator FEV1/FVC < Lower limit of normal (LLN)).
- \* \*10 pack years of smoking

### Exclusion criteria

- \* Use of anti-coagulation, aspirin or platelet function inhibitors, with the exception of cyclooxygenase inhibitors (e.g. carbasalate calcium, acetylsalicylic acid)
- \* Asthma
- \* Chronic inflammatory diseases, such as rheumatoid arthritis, psoriasis, inflammatory bowel diseases , systemic lupus erythematosus (SLE)
- \* Malignancies

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

## Recruitment

|                           |                     |
|---------------------------|---------------------|
| NL                        |                     |
| Recruitment status:       | Recruitment stopped |
| Start date (anticipated): | 04-01-2017          |
| Enrollment:               | 30                  |
| Type:                     | Actual              |

## Ethics review

|                    |                                      |
|--------------------|--------------------------------------|
| Approved WMO       |                                      |
| Date:              | 02-11-2016                           |
| Application type:  | First submission                     |
| Review commission: | CMO regio Arnhem-Nijmegen (Nijmegen) |
| Approved WMO       |                                      |
| Date:              | 01-03-2017                           |
| Application type:  | Amendment                            |
| Review commission: | CMO regio Arnhem-Nijmegen (Nijmegen) |

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

| Register | ID             |
|----------|----------------|
| CCMO     | NL59277.091.16 |