# Discriminating between thalassemias and iron disorders with the Laser optical rotational cell analyser (Lorca).

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Assessing different modalities of ektacytometry in diagnosing thalassemia and/or iron disorders. Investigating the influence of hemoglobinopathies and iron disorders on red cell membrane deformability in comoparison with healthy controls.

| Ethical review        | Approved WMO           |
|-----------------------|------------------------|
| Status                | Will not start         |
| Health condition type | Haemoglobinopathies    |
| Study type            | Observational invasive |

## Summary

### ID

NL-OMON46020

**Source** ToetsingOnline

Brief title Thalascreen

## Condition

- Haemoglobinopathies
- Blood and lymphatic system disorders congenital
- Iron and trace metal metabolism disorders

#### Synonym

hemoglobinopathy, thalassemia

#### **Research involving**

Human

### **Sponsors and support**

#### Primary sponsor: Universitair Medisch Centrum Utrecht

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#### Source(s) of monetary or material Support: RR Mechatronics

### Intervention

Keyword: ektacytometry, iron, Red blood cell, Thalassemia

### **Outcome measures**

#### **Primary outcome**

Investigating ektacytometry in 6 different groups of patients

(alpha-thalassemia trait, alpha-thalassemia homozygote, haemoglobin H disease

and other more rare variants, beta-thalassemia intermedia, iron deficiency

anemia and hereditary hemochromatosis).

#### Secondary outcome

Correlating ektacytometry data of these patients to clinical data, morphology

of RBCs, haematological parameters and iron status, oxidative stress and

nitrosylation assays, pyruvate kinase activity and stability, methemoglobin and

oxygen saturation.

## **Study description**

#### **Background summary**

Ektacytometry is a method which can be used to investigate red blood cell deformability under several different circumstances. Laser Optical Rotational Cell Analyser (Lorca) is a next generation ektacytometer which can be used to measure different aspects of red blood cell (RBC) deformability. Alpha- and beta-thalassemias are hemoglobinopathies in which a defect in alpha or beta globin chains causes red blood cell changes and eventually haemolytic anemia. Iron deficiency causes microcytosis and hypochromic red blood cells. Iron overload in hemochromatosis causes oxidative stress which results in damage to red blood cells. The damage on red blood cells caused by these different pathologies have different effects on their deformability. This study investigates the deformability of different hemoglobinopathies and iron disorders on red blood cell deformability measured with the Laser optical rotational cell analyser (Lorca) a next generation ektacyometer.

#### **Study objective**

Assessing different modalities of ektacytometry in diagnosing thalassemia and/or iron disorders. Investigating the influence of hemoglobinopathies and iron disorders on red cell membrane deformability in comoparison with healthy controls.

#### Study design

cross-sectional observational study

#### Study burden and risks

The study will investigate blood of patients. If possible the venipuncture will be combined with a routine visit. Otherwise one venipuncture is needed. The subjects will not directly benefit from this study.

## Contacts

#### Public

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## **Trial sites**

## **Listed location countries**

Netherlands

## **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

- \* > 18 years
- \* No regular blood transfusions

\* Have alpha-thalassemia trait, homozygote alpha thalassemia, Hemoglobin H or other more rare variants where 3 alleles are affected, beta-thalassemia intermedia, iron deficiency anemia or hereditary hemochromatosis

\* Be able to give informed consent

### **Exclusion criteria**

- \* Suffering from another serious condition
- \* Fever at time of venepuncture
- \* Inflammatory condition at time of venepuncture
- \* Not able to give informed consent
- \* Regular blood transfusions
- \* Intra venous iron therapy in past 6 months

## Study design

## Design

| Study type:         | Observational invasive          |
|---------------------|---------------------------------|
| Intervention model: | Other                           |
| Allocation:         | Non-randomized controlled trial |
| Masking:            | Open (masking not used)         |
| Control:            | Active                          |
| Primary purpose:    | Basic science                   |

### Recruitment

#### NL

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| Recruitment status: | Will not start |
|---------------------|----------------|
| Enrollment:         | 132            |
| Туре:               | Anticipated    |

## **Ethics review**

| Approved WMO<br>Date: | 03-08-2016  |
|-----------------------|---|
| Application type:     | First submission                                    |
| Review commission:    | METC Universitair Medisch Centrum Utrecht (Utrecht) |
| Approved WMO<br>Date: | 25-10-2017  |
| Application type:     | Amendment   |
| Review commission:    | METC Universitair Medisch Centrum Utrecht (Utrecht) |

## **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

ID: 22102 Source: NTR Title:

## In other registers

**Register** CCMO Other OMON **ID** NL56731.041.16 volgt NL-OMON22102