# SENS-U (TM) Bladder Sensor: continuous home monitoring of natural nocturnal bladder filling in children with nocturnal enuresis \* an observational study

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In this study, the aim is to perform a home based evaluation of the SENS-UTM Bladder Sensor during the night to examine the usability of the SENS-UTM for ambulatory care in children with nocturnal enuresis.

Ethical review Approved WMO

**Status** Recruitment stopped

Health condition type Bladder and bladder neck disorders (excl calculi)

**Study type** Observational non invasive

# **Summary**

#### ID

NL-OMON46080

#### **Source**

ToetsingOnline

#### **Brief title**

SENS-U (TM): continuous monitoring of nocturnal bladder filling

#### **Condition**

Bladder and bladder neck disorders (excl calculi)

#### Synonym

Bedwetting, Nocturnal Enuresis

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Jeroen Bosch Ziekenhuis

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Source(s) of monetary or material Support: Ministerie van OC&W, Novioscan

Intervention

**Keyword:** ambulantory care, Enuresis, Full bladder, Ultrasound sensor

**Outcome measures** 

**Primary outcome** 

The main study parameter is the total number of natural nocturnal bladder filling cycles. This requires an increase in anterior-posterior bladder dimension over the time of one filling cycle.

**Secondary outcome** 

The second study parameter is the position transition factor to determine the influence of sleep position on A-P bladder dimension. This transition factor is defined as the A-P dimension of the old position divided by the bladder dimension of the new position. The final study parameter is the theoretical notification success-rate. Other parameters which are documented are: A-P bladder dimensions (mm), voided volumes (mL), weight of diaper (mg), voiding times (hh:mm), body position, contact adhesive and skin and spout of gel. In addition, differential diagnosis, gender, age, length, weight, abdominal girth (cm) of the 15 children will be documented.

**Study description** 

**Background summary** 

Nocturnal enuresis is a common problem in 7-year olds; 5-10% suffer from this condition. Nocturnal enuresis is uncontrollable leakage of urine during the night. When there are no bladder bowel dysfunction symptoms present together with enuresis, it is called mono-symptomatic nocturnal enuresis. One of the

treatment options is alarm therapy. Currently, the wetting alarm is based on negative reinforcement to teach pelvic floor contraction when urine leaks. The SENS-U\* Bladder Sensor is designed to help children stay dry during night and day, by providing a notification before the maximum bladder capacity is reached. Clinical results showed that the SENS-U\* (formerly, NovioMini Bladder Monitor) was able to detect a full bladder during urodynamic research with a detection rate of at least 90%.

#### Study objective

In this study, the aim is to perform a home based evaluation of the SENS-UTM Bladder Sensor during the night to examine the usability of the SENS-UTM for ambulatory care in children with nocturnal enuresis.

#### Study design

This study is designed as an observational feasibility study, in which children are measured during the night at home. The SENS-UTM will measure anterior-posterior bladder dimension and sleep position. The SENS-UTM will be positioned before bed-time by the researcher. During the night, urine volume is collected in a measurement cup. The next morning, the SENS-UTM is removed by the researcher. Before and after measurement, the children\*s sleep habits sub questionnaire is filled in.

#### Study burden and risks

There are no known risks associated with the use of the SENS-UTM. The burden is relatively low for the patient. They are asked to fill in the children\*s sleep habit sub questionnaire before and after the measurement with their parents. The parents are also asked to fill in the voiding diary during the night.

# **Contacts**

#### **Public**

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#### **Scientific**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Children (2-11 years)

#### **Inclusion criteria**

- Monosymptomatic nocturnal enuresis
- age between 6 to 12 years (<12)
- permission of parents/guardians to let their child participate in the study
- capability of the child to understand the procedure

#### **Exclusion criteria**

- small bladder capacity: less than 65% of the expected bladder capacity
- breached skin, open wounds, sutures or major scar tissue in the suprabubic region
- nightly use of a (suprabubic) catheter

# Study design

## **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 11-10-2018

Enrollment: 15

Type: Actual

## Medical products/devices used

Generic name: SENS-U (TM) Bladder Sensor

Registration: Yes - CE intended use

# **Ethics review**

Approved WMO

Date: 17-09-2018

Application type: First submission

Review commission: METC Brabant (Tilburg)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL66810.028.18