

# Minimally invasive surfactant therapy and diaphragm activity in preterm infants

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To determine the effect of MIST on the electrical activity of the diaphragm.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Neonatal respiratory disorders
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON46170

### Source

ToetsingOnline

### Brief title

Minimally invasive surfactant therapy

### Condition

- Neonatal respiratory disorders

### Synonym

Respiratory distress syndrome, respiratory problems of newborn preterm infants

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Stichting Steun Emma

## Intervention

**Keyword:** Electromyography, Infants, newborn, premature, Respiratory distress syndrome, Surfactant

## Outcome measures

### Primary outcome

Changes in electrical activity of the diaphragm after MIST

### Secondary outcome

Changes in Vt after MIST

The correlation of changes in diaphragm activity and changes in Vt after MIST.

## Study description

### Background summary

Respiratory distress syndrome (RDS) is a common diagnosis in preterm infants, caused by surfactant deficiency. The treatment consist of respiratory support and exogenous surfactant administration. Traditionally, surfactant is administered via an endotracheal tube. However, to prevent adverse effects of intubation and mechanical ventilation in spontaneous breathing preterm infants with RDS, minimally invasive surfactant therapy (MIST) becomes more common in clinical practice. During MIST infants are non-invasively supported with nasal continuous positive airway pressure (nCPAP). Clinically, the work of breathing, i.e. tachypnea and dyspnea, decreases after surfactant administration due to the improvement of lung compliance and functional residual capacity (FRC). However, to date this decrease in work of breathing has not been objectified with physiological measurements. Electrical activity of the diaphragm, the main respiratory muscle, can be measured with transcutaneous electromyography (dEMG). This non-invasive, easy to use, bedside monitoring tool is considered to be a measure of work of breathing.

### Study objective

To determine the effect of MIST on the electrical activity of the diaphragm.

### Study design

Prospective observational cohort study

dEMG and respiratory inductance plethysmography (RIP ) are used to measure diaphragm activity and tidal volume (Vt) before, during and after MIST procedure.

### **Study burden and risks**

This study can only be done with preterm subjects because surfactant therapy for RDS is only used in this specific population. The study population will not benefit from participation in this research. This study will provide physiological information on the effect of a widely used treatment in preterm infants, which is thought to improve and optimize future care for this patient population. The measurement techniques used are non-invasive and well tolerated.

## **Contacts**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Children (2-11 years)

## Inclusion criteria

- Born at gestational age < 37 weeks
- Non-invasive respiratory support
- Clinical signs of RDS in first 72 hours after birth
- Indication for MIST based on our hospital protocol and ascertained by the attending physician
- Written parental consent

## Exclusion criteria

- Major congenital anomalies
- The attending physician considers the infant to be too vulnerable to participate in the study

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 22-06-2016

Enrollment: 20

Type: Actual

## Ethics review

Approved WMO

Date: 24-05-2016

Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL56594.018.16