

# Pilot to validate in vivo 2-HG MR spectroscopy in low grade gliomas

Published: 21-03-2018

Last updated: 19-03-2025

Primary goal is to investigate if the 2-HG peak on in vivo MR spectroscopy correlates with the ex vivo IDH mutation and 2-HG concentration in patients with a low grade gliomas.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Completed
<b>Health condition type</b>	Nervous system neoplasms malignant and unspecified NEC
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON46642

### Source

ToetsingOnline

### Brief title

Validation of 2-HG MRS

### Condition

- Nervous system neoplasms malignant and unspecified NEC

### Synonym

Low grade glioma; brain tumour

### Research involving

Human

### Sponsors and support

**Primary sponsor:** afdeling Radiologie

**Source(s) of monetary or material Support:** Ministerie van OC&W

### Intervention

**Keyword:** 2-HG, IDH, Low grade glioma, MRS

## Outcome measures

### Primary outcome

Primary endpoint is firstly the correlation between the presence of the IDH mutation and the presence of the 2-HG peak on MR spectroscopy (binary variables). Also primary endpoint is the correlation between the concentration of 2-HG on in vivo MR spectroscopy and ex vivo in the tissue in mmol/mg (continue variables).

### Secondary outcome

Not applicable.

## Study description

### Background summary

Low grade gliomas are brain tumors that occurs mainly in young adults. The mean survival is about 10 years. The tumor might be difficult to resect if located near an important brain area. Treatment is best done using radiotherapy and chemotherapy in such cases. However, the diagnosis should be established with certainty with a brain biopsy. However, a biopsy induces the risk of brain damage. Unfortunately, a brain biopsy is the only way to establish the diagnosis with certainty currently.

An alternative seems possible. Low grade gliomas have a IDH gene mutation. This mutation results in the production of 2-hydroxyglutarate (2-HG). 2-HG seems to be measurable on a specific MRI sequence, MR spectroscopy.

The current pilot study will investigate if this IDH gene mutation indeed result in the presence of 2-HG on MRI. We also validate if the concentration measured on MRI correlate with the concentration measured in the tissue. If indeed positive, we are able to set-up an follow-up study (not part of the current protocol) to see if the 2-HG MR scan could replace a brain biopsy in patient with a low grade gliomas.

### Study objective

Primary goal is to investigate if the 2-HG peak on in vivo MR spectroscopy correlates with the ex vivo IDH mutation and 2-HG concentration in patients

with a low grade gliomas.

## **Study design**

A pilot study to validate 2-HG spectroscopy in patients with a low grade glioma.

## **Study burden and risks**

Participants will not have and advantages from participation in the research. The standard clinical diagnostic and therapeutic procedures will not change. Participants will have no additional costs and will not receive any financial compensation. The discomfort is that they will have to lay down 15 minutes longer in the already planned MRI scan. The MRI will last 55 minutes instead of 40 minutes.

## **Contacts**

### **Public**

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### **Scientific**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)  
Elderly (65 years and older)

## Inclusion criteria

Patients with a low grade glioma  $\geq 18$  years old that are planned to undergo surgery and have given written informed consent

## Exclusion criteria

- Patients with recent cerebral radiotherapy or surgery ( $<3$  months)
- Age  $< 18$  years
- General contra-indications for MRI which are non-MRI compatible ferromagnetic material, pregnancy (or possible pregnancy) and claustrophobia.

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Completed

Start date (anticipated): 21-05-2018

Enrollment: 10

Type: Actual

## Ethics review

Approved WMO

Date: 21-03-2018

Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 24067

Source: Nationaal Trial Register

Title:

### In other registers

Register	ID
CCMO	NL64707.042.18
Other	NTR volgt
OMON	NL-OMON24067